

2022 Resource Guide

FOR MARYLAND'S MID-SHORE REGION

Public Behavioral Health Services for

Caroline County

Dorchester County

Kent County

Queen Anne's County

Talbot County



MID SHORE
BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

Mid Shore Behavioral Health, Inc.
www.midshorebehavioralhealth.org

410-770-4801



Quick Reference Resources

Health Departments

Caroline County Health Department

403 S. 7th St. Denton, MD 21629
410-479-8030

Dorchester County Health Department

3 Cedar St. Cambridge, MD 21613
410-228-3223

Kent County Health Department

125 S. Lynchburg St. Chestertown, MD 21620
410-778-1350

Queen Anne's County Health Department

206 N Commerce St. Centreville, MD 21617
410-758-0720

Talbot County Health Department

100 S. Hanson St. Easton, MD 21601
410-819-5600



24/7 Hotlines



**Eastern Shore
Crisis Response**
1-888-407-8018

**Maryland Center on
Problem Gambling**
Call/Text 1-800-426-2537

**Mid-Shore Council
on Family Violence**
800-927-4673

Maryland 211
211, Press 1
Text Zip to 898-211

**For All Seasons
Rape Crisis Hotline**
English: 410-820-5600
Español: 401-829-6143
Text: 410-829-6143

**National Suicide
Prevention Hotline**
English: 1-800-273-8255
Español: 1-888-628-9454
TTY: 711, 1-800-273-8255

Veterans Crisis Hotline
1-800-273-8255, Press 1
Text 838255

Trevor Project Crisis Line
Call/Text 1-866-488-7386

Table of Contents

Quick Reference Resources	1
Mid Shore Behavioral Health, Inc Core Service Agency Overview	4
Behavioral Health Acronyms and Terms	7
Behavioral Health Licensure Acronyms	8
Behavioral Health Services	9
Case Management.....	41
Equine Assisted Therapy	42
Forensic Mental Health Services	44
Psychiatric Rehabilitation Programs.....	46
School-Based Behavioral Health Locations	49
Small Group Practices & Private Behavioral Health Services	51
Substance-Related Disorders & Addiction Services	60
Addiction Services	60
Certified Recovery Houses	76
Medication Drop-Off Boxes.....	76
Naloxone (Narcan).....	77
Peer Support.....	77
Recovery Centers.....	80
Safe Stations.....	81
Support Groups	82
County Services	83
County Departments of Health	83
County Departments of Juvenile Services (DJS).....	83
County Departments of Social Services (DSS)	84
Crisis Services	85
Acute Psychiatric Hospitals	86
Emergency Departments.....	88
Mobile Crisis and Crisis Response	89
Residential Crisis Services.....	89
Disability Services	90
Families, Youth, and Adolescent Services	96
Family Support Centers	97

Judy Centers	98
LGBTQ+ Services and Support	98
Local Management Boards (LMBs).....	98
Food & Clothing Services	99
Legal Services	100
Legislative Advocacy.....	101
Mediation Services	101
Senior Services	102
Shelters & Homelessness Services	105
Housing Programs	105
Shelters.....	107
Cold Weather Shelters.....	108
Day Shelter and Resource Centers.....	108
Transitional Shelters.....	109
Residential Rehabilitation Programs.....	109
Support Services	110
Mobile Treatment Teams / ACT	112
Family Peer Support	113
Respite Services.....	113
Additional Support Resources	114
Transportation Services.....	117
Veteran Services	119
Information on Entitlements.....	122

Mid Shore Behavioral Health, Inc.

Core Service Agency Overview

Introduction to the Guide

Mid Shore Behavioral Health, Inc. (MSBH) is pleased to present a revised 2022 edition of the Resource Guide for Behavioral Health Services in Caroline, Dorchester, Kent, Queen Anne's, and Talbot Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the five-county area, represents MSBH's effort to help the citizens of the region become more aware of the services that are available to them.

Mid Shore Behavioral Health, Inc. is a private, not-for-profit 501(c)(3) core service agency charged with overseeing the behavioral health systems and services in the mid-shore region, with some programs serving the nine-county region of Maryland's Eastern Shore. MSBH was incorporated in 1992 through a collaboration of the five county governments and mental health stakeholders.

Mid Shore Behavioral Health, Inc.'s Board of Directors consists of members appointed by the five local governments, five at-large members, and two charter members representing all stakeholders, including consumers, family members, or other residents of the five counties who possess some expertise in the field of behavioral health.



Mission

Mid Shore Behavioral Health, Inc.'s mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties through effective coordination of care in collaboration with consumers, their natural support systems, family members, providers, and the community at large.

Vision

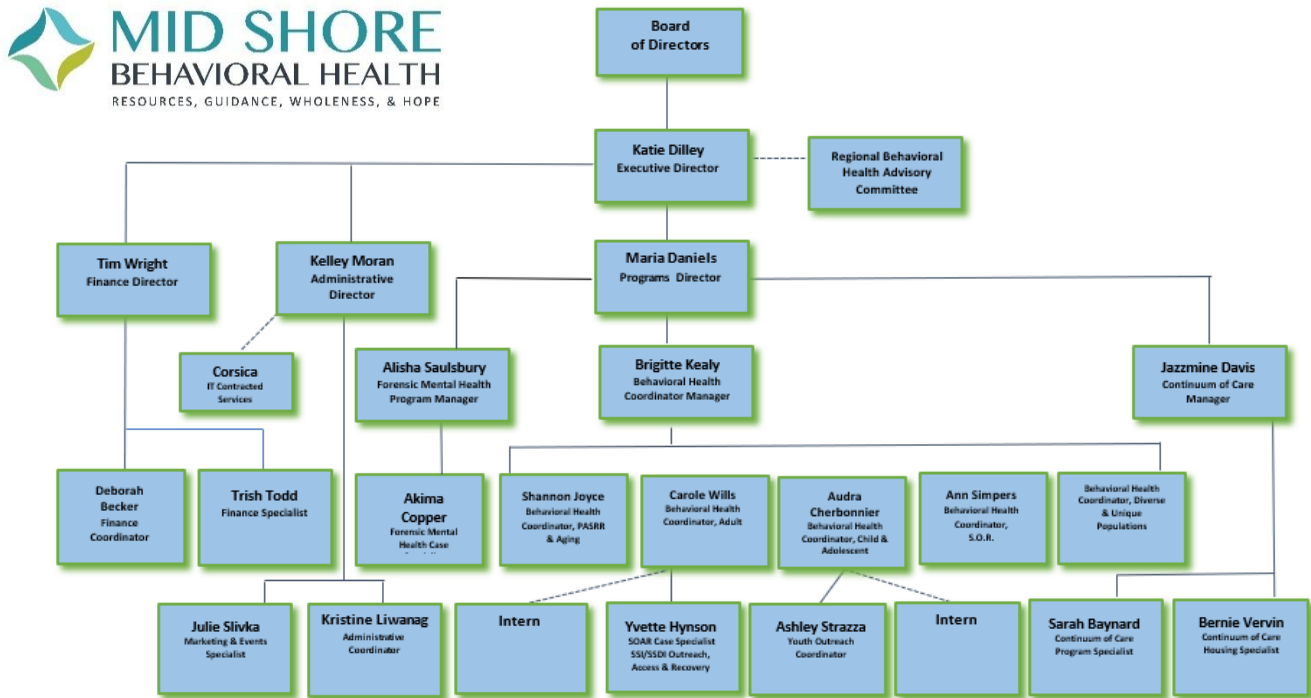
Mid Shore Behavioral Health, Inc.'s vision is a rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community.

What We Do

Mid Shore Behavioral Health, Inc. strives to enhance a regional behavioral health system of care through effective collaboration with consumers, providers, and community leaders. MSBH's goal is to develop a full array of accessible services and resources for the consumer through partnership with our providers and other agencies. MSBH offers guidance in understanding and navigating all that is available in our community. Beyond the primary responsibility for local publicly funded mental health services, MSBH understands that behavioral health is essential to overall health, and many domains of life contribute to one's behavioral health, especially having a home, purpose, and community connection. MSBH seeks to address the needs of the whole person and collaborates to improve the systems of care of the whole community throughout the region. The most

important core value of our organization is hope: the belief that resiliency and recovery are real provides the essential and motivating message of a better future – that people and communities can and do overcome the internal and external challenges, barriers, and obstacles that confront them to achieve wellness.

Mid Shore Behavioral Health, Inc. Organizational Chart



Visit Mid Shore Behavioral Health's [website](#) for a list of current staff and career opportunities.

What is a Core Service Agency?

A Core Service Agency (CSA) is a state funded agency, as part of local health departments, local county governments, or non-profit organizations that operates under contract with the State of Maryland’s Behavioral Health Administration (BHA), a division of the Maryland Department of Health (MDH). The Annotated Code of Maryland Health General Article 10-1201 through 1203 mandates Core Service Agencies, Local Addictions Authorities, and Local Behavioral Health Authorities. Mid Shore Behavioral Health, Inc., as a CSA, functions under the MDH Secretary’s authority. Mid Shore Behavioral Health Inc. is a regional, non-profit CSA that serves five mid-shore counties and is the only regional CSA in the State. MSBH’s primary responsibility is community planning, management, and monitoring of publicly funded medically necessary behavioral health services in the five-county region for consumers across the life span: children, adolescents, adults, and the aging population. Optum Maryland Behavioral Health is the Administrative Services Organization (ASO), which is the organization under contract with the MDH Medicaid Office to process claims, enroll consumers, pre-authorize medically necessary services, credential providers, and pay claims.

Who are the Consumers in the Public Behavioral Health System?

The Public Behavioral Health System (PBHS) provides for medically necessary services for the Medical Assistance recipient and for some individuals who are uninsured, or Medical Assistance Ineligible.

Mid Shore Behavioral Health, Inc. Services

Mid Shore Behavioral Health, Inc. works to connect people and consumers in need to behavioral health services by providing information about providers and treatment agencies in the local mid-shore region. Individuals experiencing mental health, substance use, homelessness, disabilities, or problem gambling challenges can visit **MSBH's website** or call the main office for resources and assistance getting connected to behavioral health services.

Consumers are individuals receiving behavioral health treatment and rehabilitation services within the fee for service Public Behavioral Health System (PBHS). Consumer assistance can be obtained by submitting a **Consumer Support Services Request** for pharmacy assistance, transportation to behavioral health-related appointments, laboratory costs as it relates to behavioral health treatments, and other support needs that help to achieve or stabilize community placement, which include one-time annual help with first month's rent, security deposit, utility turn on or deposit, basic household goods to establish a residence, or past due utility, rent, or mortgage if the applicant can show sustainability, referred to as a "special needs." All applications are subject to evaluation and approval. Incomplete applications will be denied and returned.

MSBH can also assist with concerns regarding the services you or a family member are receiving. We first encourage you to discuss your concerns directly with the provider, however, if further assistance is needed, please call our office at 410-770-4801.

If you have been denied a service by Optum Maryland Behavioral Health, the Administrative Services Organization (ASO), you have the right to appeal that decision. Please refer to **MSBH's website**.

Mid Shore Behavioral Health facilitates the quarterly Behavioral Health Services Network (BHSN) meetings, where stakeholders discuss trends, changes, and issues concerning behavioral health in the Eastern Shore. The network comprises eight workgroups whose members include providers, consumers, and behavioral health professionals. All BHSN meetings are open to the public.

These workgroups are:

- Adult Services Workgroup
- Children, Adolescents, and Young Adults Workgroup
- Crisis Intervention Team Workgroup
- Diversity and Inclusion Workgroup
- Forensic Workgroup
- Mid-Shore Roundtable on Homelessness
- Mid-Shore Peer Workgroup
- The People's Roundtable

Visit the **BHSN page on the website** for additional details and contact information for the workgroups. Those interested in helping build the best Public Behavioral Health System are encouraged to participate in these groups. If you would like to be added to MSBH's bi-weekly newsletter to stay updated on mid-shore behavioral health-related meetings, trainings, and events, sign up for MSBH's Steering Wheel newsletter **on the website**, or text MSBH to 22828.

Behavioral Health Acronyms and Terms

For a comprehensive Behavioral Health Glossary, visit MSBH's [website](#).

ACA	Affordable Care Act	MAI	Medical Assistance Ineligible
ACT	Assertive Community Treatment	MAT	Medication Assisted Therapy
ADHD	Attention Deficit Hyperactivity Disorder	MCHP	Maryland Children's Health Program
AHAR	Annual Homeless Assessment Report	MCO	Managed Care Organization
ASO	Administrative Services Organization	MCSS	Mobile Crisis Stabilization Services
BHA	Behavioral Health Administration	MCT	Mobile Crisis Teams
BHSN	Behavioral Health Services Network	MDH	Maryland Department of Health
CAF	Community Alternatives Framework	MSBH	Mid Shore Behavioral Health, Inc.
CBT	Cognitive Behavioral Therapy	MTT/MTS	Mobile Treatment Team / Services
CCO	Care Coordination Organization	Multi-D	The Multi-Disciplinary Team
CISM	Critical Incident Stress Management	OCD	Obsessive Compulsive Disorder
CIT	Crisis Intervention Team	OHQC	Office of Health Care Quality
CME	Case Management Entity for 1915C RTC waiver	OIT	Opioid Intervention Team
CMHP	Community Mental Health Plan	OMHC	Outpatient Mental Health Clinic
COC	Continuum of Care - Mid-Shore Roundtable	ODD	Opioid Use Disorder
COMAR	Code of Maryland Regulations	PATH	Projects for Assistance in Transition from Homelessness
CQT	Consumer Quality Team	PBHS	Public Behavioral Health System
CSA	Core Service Agency	PHP	Partial Hospitalization Program
CSR	Client Service Representative	PIP	Performance Improvement Plan
CVI	Chesapeake Voyagers Inc.	PRP	Psychiatric Rehabilitation Program
DBT	Dialectical Behavior Therapy	PTSD	Post Traumatic Stress Disorder
DD	Developmental Disabilities	RBHAC	Behavioral Health Advisory Committee
DDA	Developmental Disabilities Administration	RRP	Residential Rehabilitation Program
DJS	Department of Juvenile Services	RTC	Residential Treatment Center
DORS	Division of Rehabilitation Services	SEP	Supported Employment Program
DSS	Department of Social Services	SSDI	Social Security Disability Insurance
EAP	Employee Assistance Program	SSI	Supplemental Security Income
EBP	Evidence Based Practice	SUD	Substance Use Disorder
EFT	Emotionally Focused Therapy	TAY	Transitional Age Youth
EMDR	Eye Movement Desensitization and Reprocessing	TBI	Traumatic Brain Injury
ESOC	Eastern Shore Operations Center	UCC	Urgent Care Clinic
FFS	Fee for Service		
HMIS	Homeless Management Information System		
HSAM	Human Services Agreement Manual		
IAC	Inter-Agency Committee		
IDD	Intellectual and Developmental Disabilities		
IFPS	Interagency Family Preservation Services		
IOP	Intensive Outpatient Program		
LAA	Local Addiction Authority		
LBHA	Local Behavioral Health Authority		
LCT	Local Care Team		
LGBTQ+	Lesbian, Gay, Bisexual, Transgender, Queer/Questioning		
MA	Medical Assistance		
MACSA	Maryland Association of Core Service Agencies		


Behavioral Health Licensure Acronyms

AD	Alcohol and Drug Trainee
APRN	Advanced Practice Registered Nurse
ATR	Art Therapist Registered
ATR-BC	Art Therapist Registered – Board Certified
CAC-AD	Certified Associate Counselor-Alcohol and Drug
CADAC	Certificated Alcohol and Drug Abuse Counselor
CCADC	Certified Clinical Alcohol and Drug Counselor
CCDP	Certified Chemical Dependency Professional
CFPS	Certified Family Peer Specialist
CPC	Certified Professional Counselor
CRNP	Certified Registered Nurse Practitioner
CRPS	Certified Recovery Peer Specialist
CSC-AD	Certified Supervised Counselor Alcohol & Drug
DO	Doctor of Osteopathic Medicine
EAGALA	Equine Assisted Growth and Learning Association Certified
LCADC	Licensed Clinical Alcohol and Drug Counselor
LCMFT	Licensed Clinical Marriage and Family Therapist
LCPAT	Licensed Clinical Professional Art Therapist
LCPC	Licensed Clinical Professional Counselor
LCSW	Licensed Certified Social Worker
LCSW-C	Licensed Certified Social Worker – Clinical
LGPC	Licensed Graduate Professional Counselor
LGSW	Licensed Graduate Social Worker
LNP	Licensed Nurse Practitioner
MD	Doctor of Medicine
PA-C	Physician Assistance – Certified
PATH	Projects for Assistance in Transition from Homelessness
PhD	Doctor of Philosophy
PMH-APRN	Advanced Practice Psychiatric Nurses
PMH-C	Perinatal Mental Health Counselor
PMHNP-BC	Psychiatric-Mental Health Nurse Practitioner - Certified
Psy D	Doctor of Psychology
RN	Registered Nurse



Behavioral Health Services

Anne Arundel Counseling, Inc.				
Address		Contact		Hours
<ul style="list-style-type: none"> ❖ 7310 Ritchie Highway, Ste. 1009 Glen Burnie, MD 21061 ❖ 633 Railroad Ave. Centreville, MD 21617 ❖ 101 Log Canoe Circle, Ste. C-3 Stevensville, MD 21666 		Phone: 410-768-5988 Fax: 410-768-5989 Email: info@annearundelcounseling.com Website: www.annearundelcounseling.com		Mon. – Fri. 8 a.m. to 9 p.m. Sat. 8 a.m. to 5 p.m.
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> ❖ Self-Pay ❖ Sliding Scale Fee ❖ Private Insurance 		<ul style="list-style-type: none"> ❖ CRNP ❖ LCSW ❖ LCADC ❖ LCPC ❖ PhD 		English Interpreter: No Translator: No
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Attention Deficit Hyperactivity Disorder (ADHD) ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ Hoarding Behaviors ❖ Personality Disorders ❖ Physical Disabilities ❖ Post-Traumatic Stress Disorder (PTSD) ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Substance Use / Dependence ❖ Traumatic Brain Injuries (TBI) 		<ul style="list-style-type: none"> ❖ Anger Management Counseling ❖ Case Management ❖ Cognitive Behavioral Therapy (CBT) ❖ Crime Victim / Witness Counseling ❖ Crisis intervention ❖ Death and Dying Counseling ❖ Detention Center Case Management ❖ Dialectical Behavioral Therapy ❖ DUI/DWI Offender Programs ❖ Emergency Department Care Coordination ❖ Emotionally Focused Therapy (EFT) ❖ Eye Movement Desensitization & Reprocessing (EMDR) ❖ Family Counseling ❖ Family Law Courts ❖ General Counseling ❖ Mental Health Education ❖ Geriatric Counseling ❖ Group Counseling ❖ Homeless Outreach ❖ Imago Relationship Therapy ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Mental Health & Substance Use Services ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Play Therapy ❖ Narcan Training, Education and Distribution ❖ Peer Support ❖ Primary Care Services ❖ Medication Services ❖ Psychiatric Assessment ❖ Psychiatric Mobile Response Team ❖ Psychiatric Rehabilitation Program Off-Site and On-Site ❖ Psycho Educational Groups ❖ School-based Therapy ❖ Sex Offender Counseling ❖ Substance Use Education / Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Substance Use Outpatient ❖ Trauma Informed ❖ Urgent Care Appointment ❖ Veteran Services ❖ Walk-In 		

Arundel Lodge, Inc.				
Address	Contact	Hours	Counties	Ages
2600 Solomons Island Rd. Edgewater, MD 21037	Phone: 443-433-5900 Video Phone: 443-569-6947 Fax: 410-841-6045 Website: www.arundellodge.org	Mon. – Fri. 8:30 p.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	6-71+
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ Cigna ❖ MCHP ❖ Maryland Choices Provider	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ CRNP-PMH ❖ LCPC ❖ LCSW-C ❖ LMSW ❖ MD	American Sign Language (ASL), English Interpreter: On site Translator: No	
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring	❖ Complex Trauma ❖ Depression ❖ Developmental Disabilities ❖ Domestic Violence ❖ Mood Disorders ❖ Personality Disorders ❖ Physical Disabilities ❖ Stress	❖ Behavioral Therapy ❖ Bereavement and Grief Counseling ❖ CBT ❖ Deaf Services ❖ Dialectical Behavioral Therapy ❖ General Counseling ❖ General Mental Health Information/Education ❖ Individual Counseling	❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Family Support and Referrals ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment ❖ Psychiatric Assessment ❖ Psychosocial Rehabilitation and Recovery Center ❖ Social Work ❖ Telehealth Services	
 <p>Arundel Lodge is a 501(c)(3) nonprofit organization that works toward a world where behavioral health disorders are not a limit to achieving a meaningful life in the community. We envision being an essential member of a community network that helps prevent behavioral health disorders and provides the care and support people need to lead healthy, productive lives.</p>				


Balance Point				
Address	Contact	Hours	Counties Served	Age
408 N. Washington St. Suite B Easton, MD 21601	Phone: 443-786-2768 Fax: 410-770-7176 Email: b.laznovsky@gmail.com	Mon. – Thurs. 9 a.m. to 4 p.m. Fri. by appt only	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	0-71+
Payment Accepted		Provider Type	Language	
❖ Public Behavioral Health (Medicaid) ❖ Self-Pay		❖ LCADC ❖ LCSW-C	English Interpreter: On call Translator: No	
Conditions Served		Treatments and Services		
❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD	❖ Hoarding Behaviors ❖ Mood Disorders ❖ OCD	❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Anger Management Counseling ❖ Behavioral Treatment	❖ Mental Health Evaluation and Treatment ❖ Individual Counseling ❖ Marriage Counseling	

Balance Point			
❖ Autism Spectrum	❖ Personality Disorders	❖ Bereavement and Grief Counseling	❖ Mindfulness Based Therapy
❖ Behavioral Disorders	❖ PTSD	❖ Certified Trauma Therapy	❖ Motivational Interviewing
❖ Benzodiazepine Use	❖ Postpartum Depression	❖ Child and Family Services	❖ Private Psychotherapy
❖ Bereavement and Grief	❖ Marijuana Use	❖ CBT	❖ Psychological Services for Cancer Patients and Caregivers
❖ Bipolar Disorder	❖ Self-Injurious Behaviors	❖ Couples and Relationship Counseling	❖ Relapse Prevention
❖ Chronic Mental Illness	❖ Sexual Assault / Rape	❖ Court-Ordered Therapy	❖ Social Work
❖ Co-Occurring	❖ Stress	❖ Dialectical Behavioral Therapy	❖ Solution Focused
❖ Complex Trauma	❖ Substance Use / Dependence	❖ DUI/DWI Offender Programs	❖ Sports Psychology
❖ Depression	❖ Trauma	❖ Evidenced Based Practice	❖ Substance Use Education / Prevention
❖ Eating Disorders	❖ TBI	❖ EMDR	❖ Telehealth Services
❖ Family / Relationship Issues		❖ General Mental Health Information/Education	❖ Veteran Services

Balance Point provides private & individualized psychotherapy & addictions counseling.


Bridges Behavioral Health and Wellness, LLC.					
Address	Contact	Hours	Counties Served	Ages	
207 N. Liberty St. Suite B Centreville, MD 21617	Phone: 410-758-8750 Fax: 410-758-8751 Email: staff@bridgesbehavioral.com Website: www.bridgesbehavioral.com	Mon., Wed., Thur. 8 a.m. to 5 p.m. Tue. 8 a.m. to 7 p.m. Fri. 8 a.m. to 2 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	0 - 71+	
Payment Accepted			Provider Type	Language	
❖ Aetna	❖ Johns Hopkins	❖ Sliding Scale Fee	❖ PMH- APRN	❖ LGPC	English Interpreter: No Translator: No
❖ Blue Cross Blue Shield	❖ Maryland Choices Provider	❖ Tricare	❖ CRNP	❖ LMFT	
❖ CareFirst	❖ Medicare	❖ UMR	❖ CRNP-PMH	❖ LMSW	
❖ Cigna	❖ MCHP	❖ Uninsured	❖ MD	❖ Interns	
❖ Delaware Highmark	❖ Public Behavioral Health (Medicaid)	❖ Eligible	❖ LCSW	❖ Nurse	
❖ Humana	❖ Self-Pay	❖ United Healthcare	❖ LCSW-C	❖ PhD	
			❖ LCPC	❖ RN	
Conditions Served			Treatments and Services		
❖ ADHD	❖ Hoarding Behaviors	❖ Age-Related Groups	❖ LGBTQ+ Education, Support, and Advocacy		
❖ Anxiety / Phobias	❖ Mood Disorders	❖ Anger Management Counseling	❖ Marriage Counseling		
❖ Autism Spectrum	❖ OCD	❖ Art Therapy	❖ Mental Health Evaluation and Treatment		
❖ Behavioral Disorders	❖ Personality Disorder	❖ Behavioral Modification	❖ Mindfulness Based Therapy		
❖ Bereavement and Grief	❖ Postpartum Depression	❖ Behavioral Treatment	❖ Motivational Interviewing		
❖ Bipolar Disorder	❖ PTSD	❖ Bereavement and Grief Counseling	❖ Older Adults / Aging Issues		
❖ Chronic Mental Illness	❖ Q.A.C. School based therapy	❖ CBT	❖ Parent Counseling		
❖ Complex	❖ Schizoid Personality	❖ Certified Trauma Therapy	❖ Play Therapy		
		❖ Child and Family Services	❖ Progressive Counting		
		❖ Couples and Relationship Counseling	❖ Psychodynamic Psychotherapy		
		❖ Court-Ordered Therapy	❖ Telehealth Services		

Bridges Behavioral Health and Wellness, LLC.

<ul style="list-style-type: none"> ❖ Trauma Disorder ❖ Co-Occurring ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues 	<ul style="list-style-type: none"> ❖ Self-Injurious Behaviors ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking 	<ul style="list-style-type: none"> ❖ Dialectical Behavioral Therapy ❖ Dual Diagnosis Groups ❖ EFT ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ Geriatric Counseling Group 	<ul style="list-style-type: none"> ❖ Trauma-Focused CBT ❖ Treatment for Adult Children of Alcoholics ❖ Urinalysis ❖ Veteran Services ❖ Women's Group
 <p>Bridges Behavioral Health and Wellness assures quality treatment services with a professionally licensed staff by way of communication, collaboration, and facilitation. Bridges promotes a positive outlook for clients while providing early intervention at the onset of emotional and behavioral disorders and works to restore and improve clients level of functioning.</p>			

Caroline Behavioral Health

Address	Contact	Hours	Counties
403 S. 7th St. Denton, MD 21629	Phone: 410-479-3800 or 410-479-1882 Fax: 410-479-0052 Website: www.carolinehd.org	Mon. – Fri. 8 a.m. to 5 p.m. Mon., Tue., Thur. evenings by appointment only	Caroline
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> ❖ Grant Funds ❖ Medicare ❖ Public Behavioral Health (Medicaid) 	<ul style="list-style-type: none"> ❖ Self-Pay ❖ Sliding Scale Fee 	<ul style="list-style-type: none"> ❖ CAC-AD ❖ CRNP ❖ CSC-AD ❖ LCADC ❖ LCSW ❖ LCSW-C ❖ MD ❖ Nurse 	<p>English</p> <p>Interpreter: Spanish</p> <p>Translator: Spanish</p>
Conditions Served		Treatments and Services	
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ Hoarding Behaviors ❖ Opioid Use Disorder 	<ul style="list-style-type: none"> ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Pregnant Women ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ TBI ❖ Veterans 	<ul style="list-style-type: none"> ❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Treatment ❖ Care Coordination and Referral Services ❖ Case Management ❖ CBT ❖ Disability Related Counseling ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ Gender-Related Groups ❖ General Counseling ❖ Group Counseling ❖ Individual Counseling 	<ul style="list-style-type: none"> ❖ Jail Based Substance ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Play Therapy ❖ Psychiatric Medication Services ❖ Sex Offender Counseling ❖ Substance Use Education / Prevention ❖ Substance Use Outpatient ❖ Veteran Services ❖ Youth Development


Chesapeake Bay Psychological Services, LLC			
Address	Contact	Hours	
155 Log Canoe Cir. Stevensville, MD 21666	Phone: 410-604-0226 Fax: 877-643-0126 Email: questions@chesapeakebaypsychological.com Website: www.chesapeakebaypsychological.com	Mon. – Fri. varies. By appointment only	
Payment Accepted		Provider Type	Language
❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Private Insurance ❖ Self-Pay	❖ LCPC ❖ LCSW-C ❖ PhD	English Interpreter: No Translator: No
Conditions Served	Treatments and Services		
❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ PTSD ❖ Self-Injurious Behaviors	❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Child and Family Services ❖ CBT ❖ Death and Dying Counseling ❖ Family Counseling ❖ General Counseling ❖ Geriatric Counseling ❖ Group Counseling	❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Mental Health & Substance Use Services ❖ Mental Health Evaluation and Treatment ❖ Older Adults / Aging Services ❖ Psychological Testing ❖ Trauma Informed	
 <p>Chesapeake Bay Psychological Services provides a range of services for adults, adolescents, and children. They provide individual, couples and family therapy, psychological testing, consultation services for educational accommodations in grade school or college, and resolution of parenting differences. Please see their website for more information on their staff and areas of experience.</p>			

Chester River Behavioral Health			
Address	Contact	Hours	
952 Washington Ave. Chestertown, MD 21620	Phone: 410-778-5550 Fax: 410-778-0984 Email: crbh@verizon.net Website: www.chesterriverbehavioral.com	Mon., Thurs. 9 a.m. to 7 p.m. Tues. 9 a.m. to 8 p.m. Wed. 9 a.m. to 6 p.m. Fri. 9 a.m. to 5 p.m.	
Payment Accepted	Provider Type	Language	
❖ Medicare ❖ Private Insurance ❖ Self-Pay	❖ LCADC ❖ LCPC	❖ LCSW-C ❖ PhD	English Interpreter: Spanish Translator: Spanish
Conditions Served	Treatments and Services		
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Co-Occurring ❖ Depression ❖ Eating Disorders ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD	❖ Anger Management Counseling ❖ Behavioral Treatment ❖ CBT ❖ Conflict Resolution ❖ DBT ❖ Drug Testing ❖ EMDR ❖ Family Counseling ❖ General Counseling	❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Death and Dying Counseling ❖ Hypnotherapy ❖ Mental Health & Substance Use Services ❖ Mental Health Related Support Groups	❖ Pre-Employment Evaluations ❖ Pre-Surgical Evaluations ❖ Psychological Services for Cancer Patients and Caregivers ❖ Psychological Testing ❖ Sports Psychology ❖ Substance Use Education / Prevention ❖ Substance Use Outpatient

Chester River Behavioral Health

<ul style="list-style-type: none"> ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Geriatric Counseling ❖ Group Counseling ❖ Individual Counseling 	<ul style="list-style-type: none"> ❖ Older Adults / Aging Services ❖ Play Therapy 	<ul style="list-style-type: none"> ❖ Treatment for Adult Children of Alcoholics
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Coastal Counseling & Wellness, LLC

Address	Contact	Hours	Counties	Ages	
10 S Hanson St. Suite 5 Easton, MD 21601	Phone: 443-786-5437 Fax: 443-558-7336 Email: coastalcounselingwellnessctr@gmail.com Website: www.coastalcounselingwellness.com	Mon. to Thurs. 9 a.m. to 5 p.m. Fri. 9 a.m. to 12 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD counties	6-71+	
Payment Accepted		Provider Type	Language		
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Johns Hopkins 		<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ United Healthcare 	<ul style="list-style-type: none"> ❖ LCPC 	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services			
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Depression ❖ Developmental Disabilities ❖ Domestic Violence 		<ul style="list-style-type: none"> ❖ Family / Relationship Issues ❖ Mood Disorders ❖ PTSD ❖ Stress ❖ Trauma 			
<ul style="list-style-type: none"> ❖ Age-Related Groups ❖ Behavioral Modification ❖ Behavioral Therapy ❖ Bereavement and Grief Counseling ❖ CBT ❖ Conflict Resolution ❖ Educational Workshops ❖ Family Counseling 		<ul style="list-style-type: none"> ❖ General Counseling ❖ General Mental Health Education ❖ Group Counseling ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Issues ❖ Mindfulness Based Therapy ❖ Parent Counseling ❖ Telehealth Services 			
	Coastal Counseling & Wellness, LLC was established in 2019 to meet the growing needs of the Mid-Shore community by offering positive, individualized mental health services and promote overall well-being through a variety of modalities.				

Community Behavioral Health

Addresses and Contact		Hours	Counties	Ages	
<ul style="list-style-type: none"> ❖ 426 Dorchester Ave. Cambridge, MD 21613 ❖ 202 Courseval Dr. Ste #107 Centreville, MD 21617 ❖ 8614 Ocean Gtwy. Easton, MD 21601 ❖ 809, 811, 817, 821 Eastern Shore Dr. Salisbury, MD 21804 ❖ 106 Lee St. Salisbury, MD 21804 		Phone: 844-224-5264 ext. 107 Fax: 888-509-0010 Email: Admin@communitybehavioralhealth.net Website: www.communitybehavioralhealth.net	Mon - Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+
Payment Accepted		Provider Type			Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ DDA Funding ❖ Free ❖ Grant Funds ❖ Humana ❖ Johns Hopkins ❖ Kaiser ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ Uninsured Eligible ❖ United Healthcare 		<ul style="list-style-type: none"> ❖ Addictions Counselor ❖ ADTC ❖ CAC-AD ❖ Case Manager ❖ CRNP-PMH ❖ CSC-AD ❖ Health Home Nurse ❖ Interns ❖ LCPAT ❖ LCPC ❖ LCSW ❖ LCSW-C ❖ LGPC ❖ LMSW ❖ MD ❖ Nurse ❖ PA-C ❖ RN 			American Sign Language (ASL), English, Gujarati, Haitian Creole, Hindi, Spanish Interpreter: On call Translator: Yes
Conditions Served		Treatments and Services			
<ul style="list-style-type: none"> ❖ Adolescent Substance Use ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety/Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Family/Relationship Issues ❖ Hallucinogen Use ❖ Heroin Use ❖ Hoarding Behaviors ❖ Housing Insecurity ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Inhalant Use (Huffing) ❖ Mood Disorders ❖ OCD ❖ Opiate Use ❖ Personality Disorders ❖ Painkiller Use ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stimulant Use ❖ Stress ❖ Substance Use ❖ Tobacco Use ❖ Trauma ❖ Vaping Use 		<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Adult Day Programs ❖ Advocacy ❖ Age-Related Groups ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Anger Management Counseling ❖ Art Therapy ❖ Assisted Living ❖ Assistive Technology Evaluations/Loans ❖ Behavioral Treatment ❖ Benefits Counseling ❖ Bereavement and Grief Counseling ❖ Evidenced Based Practice ❖ Family Counseling ❖ Group Counseling ❖ Health Improvement Programs ❖ HIV / HCV Services ❖ Home Health Services ❖ Hotline ❖ Interactive Groups ❖ Internet Access ❖ Jail Based Substance Use Treatment ❖ Job Search /Placement ❖ Legal Advocacy ❖ LGBTQ+ Issues ❖ Psychiatric Case Management ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Psychiatric Medication Services ❖ Psychiatric Rehabilitation Program Off-Site and On-Site ❖ Respite Care ❖ School Based Mental Health & Substance Use Education ❖ Social Work ❖ Suboxone ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education / Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Substance Use Outpatient ❖ Substance Use Partial Hospitalization ❖ Subutex ❖ Telehealth Services ❖ Tobacco Cessation ❖ Transcranial Magnetic Stimulation ❖ Trauma Groups ❖ Trauma-Focused CBT ❖ Treatment for Adult Children of Alcoholics ❖ Underage Drinking Prevention ❖ Urgent Care Appointment ❖ Urinalysis ❖ Vivitrol ❖ Women's Group 			

Community Behavioral Health



Community Behavioral Health makes a commitment to practice evidence-based medicine, research, and publications in furthering our knowledge in providing the highest quality of patient care. Our mission is to provide the highest quality mental health care and services to the population we serve. Our vision is to be the most innovative clinic in terms of delivery of care and to provide the highest standard of patient care and to continually challenge both ourselves and our patients to change for the better.

Corsica River Mental Health Services, Inc.

Address	Contact	Hours	Counties	Ages
<ul style="list-style-type: none"> ❖ 120 Banjo Ln. Centreville MD 21617 ❖ 403 High St. Cambridge MD 21613 ❖ 332 N. Main St. Federalsburg MD 21632 	Phone: 410-758-2211 Fax: 410-758-0698 Email: claypoolec@crmhsinc.com Website: www.crmhsinc.com	Mon. - Thur. 8 a.m. to 5 p.m., Fri. 8 a.m. to 4 p.m. Evening hours by appointment	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6-71+
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Grant Funds ❖ Humana ❖ Johns Hopkins ❖ Medicare 	<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ Uninsured Eligible ❖ United Healthcare ❖ Magellan and Claimsbridge 	<ul style="list-style-type: none"> ❖ Addictions Counselor ❖ ADT ❖ Case Manager ❖ CHOW ❖ Interns ❖ LCPC 	<ul style="list-style-type: none"> ❖ LCSW-C ❖ LGPC ❖ LMSW ❖ Nurse Practitioner ❖ Peer Support Specialist ❖ RN 	English, Spanish Interpreter: Yes Translator: Yes
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Adolescent Substance Use ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Family / Relationship Issues ❖ Hallucinogen Use 	<ul style="list-style-type: none"> ❖ Kratom Use ❖ Inhalant Use (Huffing) ❖ Mood Disorders ❖ OCD ❖ Opiate Use ❖ Personality Disorders ❖ Painkiller Use ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Trauma ❖ Vaping Use 	<ul style="list-style-type: none"> ❖ Accessibility Adaptations ❖ Adult Assessment ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Care Coordination & Referral Services ❖ Case Management ❖ Clinical Group Practice ❖ CBT ❖ Conflict Resolution ❖ Couples and Relationship Counseling ❖ Court-Ordered Substance Use Testing & Therapy ❖ DBT ❖ Discharge Planning ❖ Drug Testing ❖ Dual Diagnosis Groups ❖ Family Counseling ❖ General Counseling 	<ul style="list-style-type: none"> ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mobile Treatment - ACT ❖ Parent Counseling ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Rational Emotive Behavioral Therapy ❖ Resource Materials ❖ School Based Mental Health and Substance Use Education ❖ Solution Focused ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Outpatient ❖ Targeted Case Management – Adults ❖ Telehealth Services 	

Corsica River Mental Health Services, Inc.

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|--|--|---|
| <ul style="list-style-type: none"> ❖ Heroin Use ❖ Hoarding Behaviors ❖ Housing Insecurity ❖ K2 (Spice) Use ❖ Ketamine Use | <ul style="list-style-type: none"> ❖ General Mental Health Education ❖ Geriatric Counseling ❖ Group Counseling ❖ Homeless Outreach | <ul style="list-style-type: none"> ❖ Trauma-Focused CBT ❖ Treatment for Adult Children of Alcoholics ❖ Urgent Care Appointment ❖ Urinalysis |
|--|--|---|



Corsica River Mental Health Services, Inc. is a non-profit Mental Health and Substance Use Disorder (SUD) clinic. Our mission is to provide caring, effective, and highly accessible assessment and treatment to all mid-shore residents. We have clinics in Centreville, Federalsburg and Cambridge, Maryland.

CounterPoint Health Services

Address	Contact	Hours	Counties	Ages
7067 Columbia Gateway Dr. #180 Columbia, MD 21046	Phone: 410-929-7225 Fax: 443-333-5434 Email: Resourcecenter@counterpointhealthservices.com Website: www.counterpointhealthservices.com	Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Humana ❖ Johns Hopkins ❖ United Healthcare 	<ul style="list-style-type: none"> ❖ LLC Network Provider ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ UMR 	<ul style="list-style-type: none"> ❖ CRNP ❖ CRNP-PMH ❖ LCSW-C ❖ MD ❖ PhD ❖ PMH- APRN ❖ PMHNP-BC ❖ PsyD

Conditions Served	Treatments and Services
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Dementia ❖ Depression ❖ Domestic Violence ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hoarding Behaviors ❖ Mood Disorders ❖ Opiate Use ❖ Personality Disorders ❖ PTSD ❖ Marijuana Use ❖ Methamphetamine Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Stress ❖ Substance Use / Dependence ❖ TBI ❖ Tobacco Use ❖ Trauma 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Age-Related Groups ❖ Assisted Living ❖ Behavioral Modification ❖ Behavioral Therapy ❖ Bereavement and Grief Counseling ❖ Clinical Group Practice ❖ CBT ❖ Conflict Resolution ❖ Crisis Intervention / Stabilization ❖ Educational Workshops ❖ Evidenced Based Practice ❖ Existential Psychology ❖ General Counseling ❖ General Mental Health Information/Education ❖ Geriatric Assessment ❖ Geriatric Counseling ❖ Life Counseling ❖ Mental Health Evaluation and Treatment ❖ Older Adults / Aging Services ❖ Private Psychotherapy ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Psychodynamic Psychotherapy ❖ Psychological Testing ❖ Telehealth Services ❖ Trauma-Focused CBT



counterpoint Health Services

interventions that combine the most recent advancements in neuroscience research and assessment with rigorous clinical principles.

CounterPoint Health Services serves adults with mood, behavioral, and cognitive concerns. We strive to close the gaps that exist in current behavioral health services through

Cove Behavioral Health & Wellness

Address	Contact	Hours	Counties	Ages
828 Airpax Rd. Building B Cambridge, MD 21613	Phone: 410-548-3333 Fax: 410-548-3347 Email: info@covebhw.com Website: www.covebhw.com	Mon. – Fri. 9 a.m. to 5 p.m. and by appointment	Dorchester, Talbot	6-71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross ❖ Blue Shield ❖ CareFirst ❖ Cigna ❖ EAP ❖ Humana 	<ul style="list-style-type: none"> ❖ Johns Hopkins ❖ Kaiser ❖ MCHP ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay 	<ul style="list-style-type: none"> ❖ Sliding Scale Fee ❖ Tricare ❖ UMR ❖ Uninsured Eligible ❖ United Healthcare

Conditions Served	Treatments and Services
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hallucinogen Use ❖ Heroin Use ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Inhalant Use (Huffing) ❖ Mood Disorders 	<ul style="list-style-type: none"> ❖ OCD ❖ Opiate Use ❖ Personality Disorders ❖ Painkiller Use ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence ❖ Trauma



Cove Behavioral Health & Wellness strives to provide personalized substance abuse & mental health treatment that makes recovery possible, probable, and achievable. Cove Behavioral Health & Wellness was formerly J. David Collins & Associates.

Creative Counseling, LLC

Address	Contact	Hours	Counties	Ages
3 N Harrison St. Suite 200 Easton, MD 21601	Phone: 443-528-5067 Email: creativecounseling.coleen@gmail.com Website: www.creativecounseling.net	Mon. - Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Queen Anne's, Talbot	0- 71+
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Johns Hopkins	❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee	❖ LCSW-C	English Interpreter: No Translator: No	
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Family / Relationship Issues ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Stress ❖ Trauma 	<ul style="list-style-type: none"> ❖ Adult Bonding/ Attachment Issues ❖ Age-Related Groups ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ CBT ❖ Emotional Regulation Therapy ❖ Exercise ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Education ❖ Group Counseling ❖ Individual Counseling ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Pet Assisted Therapy ❖ Play Therapy ❖ Rational Emotive Behavioral Therapy ❖ Social Work ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Supervision 			
<p>Creative Counseling's experience enables us to offer effective outpatient, individualized, client-focused care. We treat several mental health disorders and provide a neutral ground to individuals and families while also offering a unique treatment modality of Animal Assisted Therapy.</p>				

Discovering Serenity Counseling Services

Address	Contact	Hours	Counties	Age
114 S Lynchburg St. Suite D Chestertown, MD 21620	Phone: 443-331-4708 Fax: 443-926-9597 Email: rdemattia@discoveringserenity.com Website: www.discoveringserenity.com	Mon.- Fri. 10 a.m. to 7 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	6-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna 	<ul style="list-style-type: none"> ❖ EAP ❖ Medicare ❖ Public Behavioral Health (Medicaid) 	<ul style="list-style-type: none"> ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ United Healthcare 	<ul style="list-style-type: none"> ❖ LCSW-C ❖ LCPC ❖ LGPC ❖ LMSW ❖ Interns English Interpreter: No Translator: No	

Discovering Serenity Counseling Services

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ ADHD ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Depression ❖ Family / Relationship Issues ❖ OCD ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Self-Injurious Behaviors ❖ Stress ❖ Tobacco Use ❖ Trauma ❖ Vaping Use 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Advocacy ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Care Coordination Referral Services ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Christian / Pastoral Counseling ❖ CBT ❖ Court-Ordered Therapy ❖ EFT ❖ EAP ❖ Evidenced Based Practice ❖ General Counseling ❖ General Mental Health Information ❖ Geriatric Counseling 	<ul style="list-style-type: none"> ❖ Individual Counseling ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Issues ❖ Life Stage Aging ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Private Psychotherapy ❖ Psychological Services for Cancer Patients and Caregivers ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Social Work ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Veteran Services

Discovering Serenity Counseling Services are designed to support your well-being

Dorchester County Wellness Center Program

Address	Contact	Hours	Counties Served
3 Cedar St. Cambridge, MD 21613	Phone: 410-228-3223 Fax: 410-901-8181 Website: www.dorchesterhealth.org	Mon. – Fri. 8 a.m. to 5 p.m.	Dorchester
Payment Accepted			Language
<ul style="list-style-type: none"> ❖ Grant Funds ❖ Medicare ❖ Public Behavioral Health (Medicaid) 		<ul style="list-style-type: none"> ❖ Private Insurance ❖ Self-Pay ❖ Sliding Scale Fee 	English Interpreter: No Translator: No
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Brain Injuries ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ Hoarding Behaviors ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use /Dependence 	<ul style="list-style-type: none"> ❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Treatment ❖ CBT ❖ Disability Related Counseling ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ Gender-Related Groups ❖ Group Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues 	<ul style="list-style-type: none"> ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Play Therapy ❖ Psychiatric Medication Services ❖ Sex Offender Counseling ❖ Substance Use Education /Prevention ❖ Substance Use Outpatient ❖ Veteran Services ❖ Youth Development 	

See a complete listing of Dorchester County Behavioral Health's services on page 66.

Dover Behavioral Health Systems


Address		Contact	Hours	Ages
<ul style="list-style-type: none"> ❖ 725 Horsepond Rd. Dover, DE 19901 ❖ 404 S. Bedford St. Georgetown, MD 19947 		Phone: 302-741-0140 or 855-609-9711 Fax: 302-741-8551 Website: www.doverbehavioral.com	24/7	9-71+
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> ❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay 		<ul style="list-style-type: none"> ❖ LCSW ❖ MD ❖ Nurse ❖ PA-C 		<ul style="list-style-type: none"> ❖ PhD ❖ PMH- APRN English Interpreter: Yes - Spanish Translator: No
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders 		<ul style="list-style-type: none"> ❖ Hoarding Behaviors ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ TBI 		
		<ul style="list-style-type: none"> ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ CBT ❖ Detoxification ❖ Family Counseling ❖ General Counseling ❖ Group Counseling ❖ Hotline ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment 		
		<ul style="list-style-type: none"> ❖ Mental Health Related Support Groups ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Psycho Educational Groups ❖ Substance Use Education /Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Trauma Informed ❖ Veteran Services ❖ Walk-In 		

Eastern Shore Crisis Response – Affiliated Santé Group

Address		Contact	Hours	Counties Served	Ages
28577 Mary's Ct. Suite 5 Easton, MD 21601		24/7 Phone: 1-888-407-8018 Fax: 240-331-1465 Email: tbrown@santegroup.org Website: www.thesantegroup.org	24/7	All Eastern Shore Counties	0-71+
Payment Accepted		Provider Type		Language	
<ul style="list-style-type: none"> ❖ Free ❖ Grant Funds 		<ul style="list-style-type: none"> ❖ LCDC ❖ LCPC ❖ LCSW ❖ LCSW-C 		<ul style="list-style-type: none"> ❖ LGPC ❖ LMFT ❖ LMSW ❖ Peer Support Specialist English Interpreter: On Call Translator: No	
Conditions Served				Treatments and Services	
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Cocaine Use 				<ul style="list-style-type: none"> ❖ Domestic Violence ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hallucinogen Use ❖ Heroin Use ❖ Hoarding Behaviors ❖ Housing Insecurity ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Inhalant Use (Huffing) ❖ Mood Disorders 	
				<ul style="list-style-type: none"> ❖ Postpartum Depression ❖ Prenatal Care for People in Addiction ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence 	
				<ul style="list-style-type: none"> ❖ CISM / Debriefings ❖ Crisis Intervention / Stabilization 	

Eastern Shore Crisis Response – Affiliated Santé Group

- | | | |
|------------------------------|-------------------------|--------------------------------|
| ❖ Co-Occurring | ❖ OCD | ❖ Tobacco Use |
| ❖ Complex Trauma | ❖ Opiate Use | ❖ Trauma |
| ❖ Dementia | ❖ Personality Disorders | ❖ TBI |
| ❖ Depression | ❖ Physical Disabilities | ❖ Vaping Use |
| ❖ Developmental Disabilities | ❖ Painkiller Use | ❖ Victims of Human Trafficking |
| | ❖ PTSD | |


 Eastern Shore Crisis Response Service (ESCRS) is part of the Affiliated Santé Group Family. Our trained phone counselors serve all nine counties of the Eastern Shore 24/7, providing behavioral health support at no cost to the caller. Our trained phone counselors can arrange for a mobile crisis team to be dispatched or help coordinate an urgent care appointment. Mobile Crisis staff provide linkages to community resources and follow up support. Our continuum includes crisis services for all ages groups. Our goal is to stabilize the consumer in the least restrictive environment.

Eastern Shore Hospital Center

Address	Contact	Hours	Counties Served	Ages
5262 Woods Rd. Cambridge, MD 21613	Phone: 410-221-2358 Fax: 410-221-2356 Email: judith.slaughter@maryland.gov Website: www.health.maryland.gov/ESHC	Mon. – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Somerset, Wicomico, Worcester, Other MD Counties	18-70+
Payment Accepted		Provider Type		Language
❖ Public Behavioral Health (Medicaid) ❖ Self-Pay		❖ LCSW-C ❖ Nurse ❖ LMSW ❖ PhD ❖ MD ❖ Psy D		English Interpreter: Yes – language line Translator: Yes – language line
Conditions Served		Treatments and Services		
❖ Anxiety/Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Court-ordered ❖ Depression ❖ Forensic ❖ Hoarding Behaviors ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Substance Use/Dependence		❖ Anger Management Counseling ❖ Art Therapy ❖ CBT ❖ Court-ordered ❖ Forensic ❖ General Counseling ❖ Group Counseling ❖ Individual Counseling ❖ Mental Health Related Support Groups ❖ Pet Assisted Therapy ❖ Psycho Educational Groups ❖ Trauma Informed ❖ Court-ordered		

Eastern Shore Hospital Center (ESHC) is a State acute-care mental health residential facility established to serve citizens of the State of Maryland, specifically the Eastern Shore, by providing a continuum of adult inpatient care, transitional mental health services, evaluation and treatment for individuals involved with the judicial system. The Eastern Shore Hospital Center is a smoke-free mental health facility under the jurisdiction of Maryland's Behavioral Health Administration, Maryland Department of Health. ESHC houses four psychiatric units for a total of 84 beds. ESHC's mission is to provide the highest quality inpatient mental health services in the Eastern Shore for adults aged 18 and older. ESHC is accredited by the Joint Commission and is certified by the Centers for Medicare and Medicaid Services.

Eastern Shore Psychological Services, LLC

Address and Contact		Hours	Counties	Ages		
<ul style="list-style-type: none"> ❖ 315 High St. Ste. 201 Chestertown, MD 21620 (P) 443-282-0102 (F) 443-480-0121 ❖ 29520 Canvasback Dr. Easton, MD 21601 (P) 410-822-5007 (F) 410-822-5069 ❖ 1113 Healthway Dr. Salisbury, MD 21804 (P) 410-334-6961 (F) 410-334-6960 <p>Email: info@espsmd.com Website: www.espsmd.com</p>		Call to confirm	Mid-Shore Counties and Other MD Counties	6-71+		
Payment Accepted		Provider Type		Language		
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ DORS ❖ Grant Funds ❖ Humana ❖ Johns Hopkins 		<ul style="list-style-type: none"> ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ UMR ❖ United Healthcare 		<ul style="list-style-type: none"> ❖ Addictions Counselor ❖ ADT ❖ PMH- APRN ❖ CAC-AD ❖ CRNP-PMH ❖ CSC-AD ❖ MD ❖ LCSW 	<ul style="list-style-type: none"> ❖ LCSW-C ❖ LCPC ❖ LGPC ❖ LMSW ❖ Interns ❖ PhD ❖ PMHNP-BC ❖ Psych Rehab Staff 	<p>English</p> <p>Interpreter: Yes, for most languages through Genie Translation Application</p> <p>Translator: Yes</p>
Conditions Served		Treatments and Services				
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Hoarding Behaviors ❖ Mood Disorders 		<ul style="list-style-type: none"> ❖ Opiate Use ❖ Personality Disorders ❖ Painkiller Use ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Methamphetamine Use ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Trauma 			<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Age-Related Groups ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Anger Management Counseling ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Buprenorphine ❖ CBT ❖ Certified Trauma Therapy ❖ Court-Ordered Substance Use Testing ❖ Court-Ordered Therapy ❖ Dual Diagnosis Groups ❖ DUI/DWI Offender Programs ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Education ❖ Group Counseling 	<ul style="list-style-type: none"> ❖ MAT ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Parent Counseling ❖ Psychiatric Assessment ❖ Psychiatric Rehabilitation Program Off-Site and on-Site ❖ School Based Mental Health and Substance Use Education ❖ Social Work ❖ Solution Focused ❖ Suboxone ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education/Prevention ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Veteran Services ❖ Vivitrol



It is the goal of Eastern Shore Psychological Services (ESPS) to exceed client expectations by providing the most effective prevention, treatment, and evaluation behavioral healthcare services that focus on the 4 domains of recovery: Health, Home, Purpose, and Community.

For All Seasons, Behavioral Health and Rape Crisis Center

Address			Contact		Hours		
<ul style="list-style-type: none"> ❖ 300 Talbot St. Easton, MD 21601 (P) 410-822-1018 (F) 410-820-5448 ❖ 208 Cedar St. Cambridge, MD 21613 (P) 410-822-1018 (F) 410-228-2529 ❖ 516 Washington Ave. Ste. 4 Chestertown, MD 21620 (P) 410-822-1018 (F) 410-778-7595 ❖ 114 Market St. Ste 207 Denton MD 21629 (P) 410-822-1018 (F) 410-479-0067 ❖ 141 Log Canoe Circle Stevensville, MD 21666 (P) 410-822-1018 (F) 443-249-3237 ❖ 8221 Teal Dr. Ste. 427 Easton, MD 21601 (P) 410-822-1018 (F) 410-690-7345 			<p>24-Hour Crisis Hotline: 800-310-7273 24-Hour Crisis Hotline: 410-829-6143 Toll-Free: 800-310-7273 English: 410-820-5600 Spanish: 410-829-6143 Email: info@forallseasonsinc.org Website: www.forallseasonsinc.org</p>		<p>Mon. – Thur. 8 a.m. to 5 p.m. Fri. 8 a.m. to 4:30 p.m.</p>		
					Counties		
					Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties		
					Ages		
					0-71+		
Payment Accepted			Provider Type		Language		
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Delaware Highmark ❖ Delaware Medicaid ❖ EAP ❖ Grant Funds ❖ Humana ❖ Johns Hopkins ❖ Kaiser 			<ul style="list-style-type: none"> ❖ MCHP ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ UMR ❖ Uninsured Eligible ❖ United Healthcare ❖ United Way 		<ul style="list-style-type: none"> ❖ ATR-B ❖ Case Manager ❖ CRNP ❖ CRNP-PMH ❖ DO ❖ Interns ❖ LCPAT ❖ LCPC ❖ LCSW 	<ul style="list-style-type: none"> ❖ LCSW-C ❖ LGPC ❖ LMSW ❖ MD ❖ MT-BC ❖ Nurse ❖ PMHNP-BC ❖ RN 	<p>English, Spanish, On Demand Interpretive Services for ASL and all other languages Interpreter: Yes - On site, on call Translator: Yes</p>
Conditions Served		Treatments and Services					
<ul style="list-style-type: none"> ❖ ADHD ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Co-Occurring ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ Postpartum Depression ❖ PTSD ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking 		<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Advocacy ❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ CBT ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Couples and Relationship Counseling ❖ Court-Ordered Therapy ❖ Crime Victim / Witness Counseling ❖ Crisis Intervention / Stabilization ❖ Dialectical Behavioral Therapy ❖ EAP ❖ Educational Workshops ❖ EMDR ❖ Emergency Psychiatric Evaluation ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Education ❖ Geriatric Assessment ❖ Geriatric Counseling ❖ Group Counseling ❖ Hotline ❖ Individual Counseling ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Motivational Interviewing ❖ Neurofeedback ❖ Older Adults / Aging Services ❖ Parent Counseling ❖ Play Therapy ❖ Psychiatric Assessment ❖ Psychological Services for Cancer Patients and Caregivers ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Resource Materials ❖ Same Day Access ❖ School Based Mental Health and Substance Use Education ❖ Social Work ❖ Solution Focused ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Treatment for Adult Children of Alcoholics 					

For All Seasons, Behavioral Health and Rape Crisis Center



For All Seasons (FAS) is the only non-profit Behavioral Health and Rape Crisis Center serving the five counties of Maryland's mid-shore. For All Seasons behavioral health team includes trauma-certified therapists and psychiatrists who collaborate with other community partners and health professionals to provide the highest quality care. Services include individual and group therapy, general, child and adolescent therapy, marriage and couple's counseling, grief counseling, school-based mental health therapy, urgent care services, rape crisis response, rape crisis counseling and support, 24-Hour English and Spanish Hotlines, and education and outreach programming. Therapists use interpreters to provide services to Spanish speaking individuals and families. FAS's mission is to provide therapy, advocacy, education, and psychiatric care in a safe environment that nurtures wellness.


Gratitude Behavioral Health LLC

Address	Contact	Hours	Counties Served	Ages
114 N. Washington St. Suite 28 Easton, MD 21601	Phone: 410-770-4446 Fax: 410-770-4440 Email: mike@gbhealthmd.com Website: www.gbhealthmd.com	Mon. – Fri. 9 a.m. to 4:30 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	13-70
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Humana ❖ Johns Hopkins	❖ Kaiser ❖ Maryland Choices Provider ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare	❖ Addictions Counselor ❖ ADT ❖ LCSW-C ❖ LCADC ❖ Interns	English, Spanish Interpreter: Yes Translator: No	
Conditions Served		Treatments and Services		
❖ Alcohol Use ❖ Amphetamine Use ❖ Benzodiazepine Use ❖ Cocaine Use ❖ Hallucinogen Use ❖ Heroin Use ❖ Inhalant Use (Huffing) ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use	❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Opiate Use ❖ Painkiller Use ❖ Stimulant Use ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Vaping Use	❖ Accessibility Adaptations ❖ Adult Assessment ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Behavioral Treatment ❖ Care Coordination Referral Services ❖ CBT ❖ Court-Ordered Substance Use Testing ❖ Drug Testing ❖ DUI/DWI Offender Programs ❖ EFT ❖ Evidenced Based Practice ❖ Group Counseling	❖ Individual Counseling ❖ Interactive Groups ❖ Mindfulness Based Therapy ❖ Relapse Prevention ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education / Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Trauma-Focused CBT	



The mission of Gratitude Behavioral Health (GBH) is to provide evidence-based treatment therapies for those with substance use disorder. Our services are easily accessible and facilitated by well-qualified and experienced professionals. For those ready to change their lives, GBH is here to help manage behaviors and achieve successful-lasting change.

Greenbrook TMS NeuroHealth Centers

Address	Contact	Hours	Counties Served	Ages	
900 Bestgate Rd. Suite 102 Annapolis, MD 21401	Phone: 855-940-4867 Fax: 855-721-4867 Email: jbeach@greenbrooktms.com Website: www.greenbrooktms.com	Mon. – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, other MD Counties, DE counties	13-71+	
Payment Accepted		Provider Type		Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Delaware Highmark ❖ Delaware Medicaid ❖ Johns Hopkins	❖ Kaiser ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ Addictions Counselor ❖ PMH- APRN ❖ CAC-AD ❖ CHOW ❖ CRNP ❖ CRNP-PMH ❖ CSC-AD ❖ Holistic /Alternative Healer	❖ Intern ❖ LCADC ❖ LCPAT ❖ LCPC ❖ LCSW ❖ LCSW-C ❖ LGPC ❖ LMFT ❖ LMSW ❖ MD	❖ Nurse ❖ PA-C ❖ PhD ❖ PMH-C ❖ PMHNP-BC ❖ Psy D ❖ Psych Rehab Staff ❖ RN	English Interpreter: No Translator: No
Conditions Served			Treatments and Services		
❖ ADHD ❖ Adolescent Substance Use/Dependence ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bipolar Disorder ❖ Chronic Mental Illness			❖ Complex Trauma ❖ Depression ❖ Mood Disorders ❖ OCD ❖ Postpartum Depression ❖ PTSD		❖ Transcranial Magnetic Stimulation (TMS)
 Greenbrook provides Transcranial Magnetic Stimulation (TMS) therapy, an FDA-cleared, non-invasive therapy for the treatment of Major Depressive Disorder and other mental health disorders in the United States. TMS therapy provides local electromagnetic stimulation to specific brain regions known to be directly associated with mood regulation.					

Harvesting Hope Youth and Family Wellness, Inc.

Address	Contact	Hours	Counties	Ages	
204 Cedar St. Suite 102 Cambridge, MD 21613	Phone: 443-351-4846 Fax: 443-378-8475 Email: info@harvestinghopeinc.org Website: www.harvestinghopeyouthandfamilywellness.org	Mon. 8 a.m. to 7 p.m. Tues. 10 a.m. to 6 p.m. Wed. 9 a.m. to 5 p.m. Thurs. 9 a.m. to 7 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-70	
Payment Accepted		Provider Type	Language		
❖ Blue Cross Blue Shield ❖ CareFirst ❖ EAP ❖ Grant Funds ❖ MCHP		❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee	❖ Holistic / Alternative Healer ❖ LCPC ❖ LCSW-C ❖ LGPC		English Interpreter: No Translator: No
Conditions Served	Treatments and Services				
❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and	❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Advocacy ❖ Age-Related Groups ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling				❖ Interactive Groups ❖ Internet Access ❖ Job Search / Placement ❖ Life Counseling ❖ Life Skills Training ❖ Life Stage Aging ❖ Marriage Counseling

Harvesting Hope Youth and Family Wellness, Inc.

<ul style="list-style-type: none"> Grief ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Housing Insecurity ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stress ❖ Tobacco Use ❖ Trauma ❖ Vaping Use 	<ul style="list-style-type: none"> ❖ Care Coordination Referral Services ❖ Career Counseling ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Clinical Group Practice ❖ CBT ❖ Couples and Relationship Counseling ❖ Court-Ordered Therapy ❖ Discharge Planning ❖ Educational Workshops ❖ Emotion Coaching for Parents, Guardians, Caregivers ❖ Emotional Regulation Therapy ❖ EAP ❖ Evidenced Based Practice ❖ Exercise ❖ Existential Psychology ❖ Family Counseling ❖ Financial Planning ❖ General Counseling ❖ Group Counseling ❖ Independent Living Skills ❖ Individual Counseling 	<ul style="list-style-type: none"> ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Parent Counseling ❖ Parent Education Groups ❖ Play Therapy ❖ Private Psychotherapy ❖ Psycho Educational Groups ❖ Psychodynamic Psychotherapy ❖ Referrals - Assessment, Treatment, and Medication Management ❖ School Based Mental Health and Substance Use Education ❖ Social Learning ❖ Solution Focused ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Women's Group ❖ Yoga ❖ Youth Development ❖ Youth Group ❖ Youth Mentoring
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Harvesting Hope Youth and Family Wellness, Inc. provides behavioral health, support services, and resources to the community that will enable youth and families to meet their life goals through the use of unique programs with the following principles: Commitment: pledges to work with and for participants; Advocacy: understands the needs of the community and will work to inspire youth and families to use their voices to advocate for themselves as we continue to advocate for them;

Responsibility: teach participants about making responsible choices and taking responsibility for their lives and their community; Support: will support participants by strengthening the community and families while encouraging participants to support one another.

House Calls Total Wellness

Address	Contact	Hours	Counties	Ages
PO Box 776 Olney, MD 20830	Phone: 301-346-6732 Fax: 301-774-9711 Email: admin@housecallstotalwellness.com Website: www.housecallstotalwellness.com	Flexible Sun. through Sat. by appointment	Montgomery, Howard, Prince George's, Anne Arundel, DC, Other MD Counties	0-71+
Payment Accepted	Provider Type		Language	
<ul style="list-style-type: none"> ❖ Fee for Service ❖ Self-Pay 	<ul style="list-style-type: none"> ❖ Addictions Counselor ❖ Case Manager ❖ Community Healthcare Navigator ❖ Holistic / Alternative Healer 	<ul style="list-style-type: none"> ❖ LCSW ❖ LCSW-C ❖ LMSW ❖ Psych Rehab Staff 	English Interpreter: No Translator: No	
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ ADHD ❖ Adolescent Substance Use /Dependence ❖ Alcohol Use 	<ul style="list-style-type: none"> ❖ Accessibility Adaptations ❖ Adult Assessment ❖ Adult Day Programs ❖ Advocacy ❖ Age-Related Groups 	<ul style="list-style-type: none"> ❖ General Counseling ❖ General Mental Health Education ❖ Geriatric Assessment ❖ Geriatric Counseling 	<ul style="list-style-type: none"> ❖ Parent Counseling ❖ Peer Support ❖ Personal Assistance Services ❖ Personality Disorders 	

House Calls Total Wellness

❖ Amphetamine Use	❖ Anger Management Counseling	❖ Home Health Services	❖ Physical Disabilities
❖ Anxiety / Phobias	❖ Assisted Living	❖ Home Visits	❖ Postpartum Depression
❖ Autism Spectrum	❖ Behavioral Modification/Treatment	❖ Housing Insecurity	❖ Psychiatric Case Management
❖ Behavioral Disorders	❖ Benefits Counseling	❖ Independent Living Communities for Older Adults	❖ PTSD
❖ Benzodiazepine Use	❖ Bereavement and Grief Counseling	❖ Independent Living Skills	❖ Referrals
❖ Bereavement and Grief	❖ Care Coordination and Referral Services	❖ Individual Counseling	❖ Referrals to Lawyers, Advocacy
❖ Bipolar Disorder	❖ Career Counseling	❖ Integration Back to Community from Hospital	❖ Residential Services for Adults with Intellectual Disabilities
❖ Chronic Mental Illness	❖ Case Management	❖ Interactive Groups	❖ Residential Treatment
❖ Cocaine Use	❖ CBT	❖ Internet Access	❖ Schizoid Personality Disorder
❖ Co-Occurring	❖ Community Support for Adults with Developmental Disabilities	❖ Job Search / Placement	❖ Senior Housing Information and Referral
❖ Dementia	❖ Community Support for Adults with Intellectual Disabilities	❖ LGBTQ+ Education, Support, and Advocacy	❖ Social Work
❖ Depression	❖ Conflict Resolution	❖ Life Coaching – Adult, Youth	❖ Stimulant Use
❖ Developmental Disabilities	❖ Couples and Relationship Counseling	❖ Life Counseling	❖ Stress
❖ Family / Relationship Issues	❖ Disability Related Counseling	❖ Life Skills Training	❖ Substance Use /Dependence
❖ Hoarding Behaviors	❖ Discharge Planning	❖ Life Stage Aging	❖ Supported Employment
	❖ EFT	❖ Marijuana Use	❖ Targeted Case Management – Adults, Youth
	❖ Emotion Coaching for Parents, Guardians, Caregivers	❖ Marriage Counseling	❖ TBI
	❖ Exercise	❖ Mental Health Evaluation and Treatment	❖ Telehealth Services
	❖ Family Counseling	❖ Mindfulness Based Therapy	❖ Transition Services
		❖ Mood Disorders	❖ Transitional Housing and Support
		❖ Motivational Interviewing	
		❖ OCD	
		❖ Older Adults / Aging Services	
		❖ Painkiller Use	



House Calls Total Wellness provides in home and alternative resources-peace of mind-for clients of all ages and families in areas of counseling, coaching, rehabilitating (phobias, social isolation, recreation restoration, coaching), assisting families in life transition, i.e. finding in-home, long term solutions, accommodations for school for individuals with chronic disabilities, motivating individuals through non-threatening home or community based proven motivational techniques, discharge support when returning to the community, advocacy, recovery coaching, strategies for parents and baby boomers when loved ones are resistant to help.

Kent County Behavioral Health Outpatient Mental Health Center

Address	Contact	Hours	Counties Served	Ages
300 Scheeler Rd. Chestertown, MD 21620	Phone: 410-778-5783 Fax: 410-778-7344 Email: erin.clark@maryland.gov Website: www.kenthd.org	Mon. – Fri. 8 a.m. to 6 p.m.	Kent	0-71+
Payment Accepted		Provider Type	Language	
❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Sliding Scale Fee ❖ Uninsured Eligible	❖ LCSW ❖ PMHNP-BC	English Interpreter: No Translator: Yes	
Conditions Served		Treatments and Services		
❖ ADHD ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Depression ❖ Developmental Disabilities ❖ Domestic Violence	❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hoarding Behaviors ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ Postpartum Depression ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape	❖ Behavioral Treatment ❖ CBT ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ DBT ❖ Evidenced Based Practice ❖ General Counseling ❖ General Mental Health Information/Education ❖ Individual Counseling ❖ LGBTQ+ Issues	❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Play Therapy ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ School Based Mental Health and Substance Use Education ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Walk-In	
<p>The Kent County Behavioral Health - Outpatient Mental Health Center (OMHC) is a community treatment facility for individuals suffering from mental illness and other emotional or psychological barriers. The mission is to help individuals affected by these barriers to achieve a better quality of life through prevention, intervention, and comprehensive treatment. Our primary values are the preservation of the dignity and wellbeing of every patient through the promotion, maintenance, and restoration of a healthy, happy, and productive life.</p>				

Life's Energy Wellness Center

Address	Contact	Hours of Operation	Counties Served	Ages
2324 West Zion Rd Ste. 112 Salisbury, MD 21801	Phone: 800-867-2395 Fax: 410-443-0842 Email: lewcinc@lewcinc.org Website: www.lewcinc.org	Mon. - Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Telehealth all Maryland Counties	0-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ DDA Funding ❖ DORS ❖ EAP ❖ Grant Funds	❖ MCHP ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Uninsured Eligible	❖ Addictions Counselor ❖ ADT ❖ PMH- APRN ❖ CAC-AD ❖ Case Manager ❖ CHOW ❖ CRNP ❖ CRNP-PMH ❖ CSC-AD ❖ MD ❖ Psy D	❖ Health Home Nurse ❖ Holistic/ Alternative Healer ❖ LCSW ❖ LCSW-C ❖ LCDC ❖ LCADC ❖ LCPAT ❖ LCPC ❖ LGPC	❖ LMFT ❖ LMSW ❖ Interns ❖ Nurse ❖ P.A.T.H Certified Professionals ❖ PA-C ❖ PhD ❖ PMH-C ❖ PMHNP-BC ❖ RN
<p>English, Korean, Spanish Interpreter: Yes Translator: Yes</p>				

Life's Energy Wellness Center

Conditions Served	Treatments and Services		
❖ Adolescent Substance Use / Dependence	❖ Accessibility Adaptations	❖ Exercise	❖ Psychological Testing
❖ Alcohol Use	❖ Adult Assessment	❖ Existential Psychology	❖ Rational Emotive Behavioral Therapy
❖ Amphetamine Use	❖ Adult Bonding / Attachment Issues	❖ Family Counseling	❖ Recovery Support Groups
❖ Anxiety / Phobias	❖ Advocacy	❖ Family Peer Support	❖ Referrals - Assessment, Treatment, and Medication Management
❖ ADHD	❖ Age-Related Groups	❖ Financial Planning	❖ Relapse Prevention
❖ Autism Spectrum	❖ Alcohol, Tobacco, and Other Drug Education Workshops	❖ Gender-Related Groups	❖ Resource Materials
❖ Behavioral Disorders	❖ Anger Management Counseling	❖ General Mental Health	❖ Same Day Access
❖ Benzodiazepine Use	❖ Art Therapy	❖ Education	❖ School Based Mental Health and Substance Use Education
❖ Bereavement and Grief	❖ Behavioral Treatment	❖ Group Counseling	❖ School Based Monitoring of Chronic Illness
❖ Bipolar Disorder	❖ Benefits Counseling	❖ Health Improvement Programs	❖ Sex Offender Counseling
❖ Chronic Mental Illness	❖ Bereavement and Grief Counseling	❖ Home Health Services	❖ Social Learning
❖ Cocaine Use	❖ Breathalyzer Testing	❖ Homeless Outreach	❖ Social Work
❖ Co-Occurring	❖ Buprenorphine	❖ Hotline	❖ Solution Focused
❖ Complex Trauma	❖ Care Coordination and Referral Services	❖ Independent Living Skills	❖ Sports Psychology
❖ Dementia	❖ Career Counseling	❖ Individual Counseling	❖ Sublocade
❖ Depression	❖ Case Management	❖ Interactive Groups	❖ Suboxone
❖ Developmental Disabilities	❖ Certified Trauma Therapy	❖ Internet Access	❖ Substance Use Disorder Evaluation and Treatment
❖ Domestic Violence	❖ Child and Family Services	❖ LGBTQ+ Education, Support, and Advocacy	❖ Substance Use Education / Prevention
❖ Eating Disorders	❖ Christian /Pastoral Counseling	❖ LGBTQ+ Family Support and Referrals	❖ Substance Use Intensive Outpatient
❖ Family / Relationship Issues	❖ Career Counseling	❖ Life Coaching: Adult, Youth	❖ Substance Use Intervention Program
❖ Hallucinogen Use	❖ Case Management	❖ Life Counseling	❖ Substance Use Outpatient
❖ Heroin Use	❖ Certified Trauma Therapy	❖ Life Skills Training	❖ Subutex
❖ Hoarding Behaviors	❖ Child and Family Services	❖ Life Stage Aging	❖ Supports Planning
❖ Housing Insecurity	❖ Christian /Pastoral Counseling	❖ Life Stage Aging	❖ Telehealth Services
❖ K2 (Spice) Use	❖ Clinical Group Practice	❖ Marriage Counseling	❖ Tobacco Cessation
❖ Ketamine Use	❖ Conflict Resolution	❖ Matrix Model	❖ Transitional Aged Youth Program
❖ Kratom Use	❖ Couples and Relationship Counseling	❖ MAT	❖ Transitional Support
❖ Inhalant Use (Huffing)	❖ Court-Ordered Substance Use Testing	❖ Medication Disposal	❖ Trauma Groups
❖ Mood Disorders	❖ Court-Ordered Therapy	❖ Men's Group	❖ Trauma-Focused CBT
❖ OCD	❖ Crime Victim /Witness Counseling	❖ Mental Health Evaluation and Treatment	❖ Treatment for Adult Children of Alcoholics
❖ Opiate Use	❖ Crisis Intervention / Stabilization	❖ Mental Health Related Support Groups	❖ Treatment Foster Care
❖ Personality Disorders	❖ Detoxification	❖ Mindfulness Based Therapy	❖ Underage Drinking Prevention
❖ Physical Disabilities	❖ DBT	❖ Motivational Interviewing	❖ Urgent Care Appointment
❖ Painkiller Use	❖ Disability Related Counseling	❖ Narcan Training, Education and Distribution	❖ Urinalysis
❖ PTSD	❖ Discharge Planning	❖ Nurse Monitoring	❖ Veteran Services
❖ Postpartum Depression	❖ Drug Testing	❖ Parent Counseling	❖ Vivitrol
❖ Prenatal Care for People in Addiction	❖ Dual Diagnosis Groups	❖ Parent Education Groups	❖ Walk-In
❖ Marijuana Use	❖ DUI/DWI Offender Programs	❖ Pet Assisted Therapy	❖ Wellness Recovery Action Planning (WRAP)
❖ Methamphetamine Use	❖ Educational Workshops	❖ Play Therapy	❖ Withdrawal Management
❖ Mushroom Use	❖ Emergency Department Care Coordination	❖ Pre-Surgical Evaluations	
❖ Schizoid Personality Disorder		❖ Private Psychotherapy	
❖ Self-Injurious Behaviors		❖ Protection and Advocacy for Individuals with Disabilities	
❖ Sexual Assault / Rape		❖ Psychiatric Assessment	
❖ Sexual Disorders		❖ Psychiatric Case Management	
❖ Stimulant Use		❖ Psychiatric Medication	
❖ Stress			
❖ Substance Use / Dependence			

Life's Energy Wellness Center

❖ Tobacco Use ❖ Trauma ❖ TBI ❖ Vaping Use ❖ Victims of Human Trafficking	❖ Emergency Psychiatric Evaluation ❖ Emotion Coaching for Parents, Guardians, Caregivers ❖ Emotional Regulation Therapy ❖ EFT ❖ EAP ❖ Evidenced Based Practice	Services ❖ Psychiatric Rehabilitation Program Off-Site and On-Site ❖ Psycho Educational Groups ❖ Psychodynamic Psychotherapy ❖ Psychological Services for Cancer Patients and Caregivers	❖ Women's Group ❖ Yoga ❖ Youth Development ❖ Youth Group ❖ Youth Mentoring ❖ Youth Substance Use Treatment
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Life's Energy Wellness Center in is a 501 (c) 3 non-profit organization, CARF accredited and licensed by Maryland Behavioral Health Administrations integrated outpatient mental health clinic and substance use disorder facility providing caring and compassionate person centered, family centered care that promotes wellness.

Lower Shore Clinic, Inc

Address	Contact	Hours of Operation
505 E. Main St. Salisbury, MD 21804	Phone: 410-341-3420 Fax: 443-859-7774 Website: www.lowershoreclinic.org	Mon., Thurs. 8 a.m. to 8 p.m. Tues., Wed. 8 a.m. to 5 p.m. Fri. 8 a.m. to 4 p.m.

Payment Accepted	Provider Type	Language
❖ Grant Funds ❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Sliding Scale Fee ❖ PMH- APRN ❖ CRNP ❖ MD ❖ LCSW-C ❖ Nurse ❖ PA-C	English Interpreter: No Translator: Yes

Conditions Served	Treatments and Services
❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Schizophrenia ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Substance Use / Dependence	❖ Anger Management Counseling ❖ CBT ❖ Clinical Psychiatric Evaluation ❖ Dialectical Behavioral Therapy ❖ EMDR ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Individual Counseling ❖ Mental Health Evaluation and Treatment ❖ Mobile Treatment - ACT ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Same Day Access ❖ Telepsychiatry/Telemental health ❖ Urgent Care Appointment ❖ Veteran Service

Lower Shore Clinic's mission is to provide caring, effective, and highly accessible healthcare through evaluation, screening, referral, healthcare treatment, and community support to all the persons of the Eastern Shore of Maryland who seek services.

Marshy Hope Family Services, LLC

Address	Contact	Hours	Counties	Ages
813-1 Chesapeake Dr. Cambridge, MD 21613	Phone: 410-221-2266 Fax: 410-221-2878 Email: marshyhope@marshyhope.com Website: www.marshyhope.com	Mon., Wed., Thur., Fri. 8 a.m. to 5 p.m. Tue. 8 a.m. to 7 p.m. Every other Sat. 8 a.m. to 3 p.m. Weekends and evenings by appointment	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Humana ❖ Johns Hopkins ❖ Magellan ❖ MCHP	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ UMR ❖ Uninsured Eligible ❖ United Healthcare	❖ CRNP-PMH ❖ MD ❖ LCSW-C ❖ LMSW ❖ PMHNP-BC	English Interpreter: No Translator: Yes	
Conditions Served		Treatments and Services		
❖ ADHD ❖ Anxiety / Phobia ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hoarding Behaviors	❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ Postpartum Depression ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking	❖ Behavioral Modification ❖ Behavioral Treatment ❖ CBT ❖ Certified Trauma Therapy ❖ Couples and Relationship Counseling ❖ EMDR ❖ Family Counseling ❖ General Counseling ❖ Individual Counseling	❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment ❖ Motivational Interviewing ❖ Parent Counseling ❖ Play Therapy ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Telehealth Services ❖ Trauma-Focused CBT	
Marshy Hope Family Services joins with individuals, families, and communities to encourage hope, recovery, and wellness. Marshy Hope Family Services' vision is to make a positive difference in the overall well-being of our community through respectful, high-quality, person-centered care.				

MeadowWood Behavioral Health

Address	Contact	Hours	Counties Served	Ages
575 S. DuPont Hwy. New Castle, DE 19720	Phone: 302-328-3330 Fax: 302-504-4097 Website: www.meadowwoodhospital.com	24/7	All of Maryland, Delaware	13-71+
Payment Accepted		Provider Type	Language	
❖ Delaware Medicaid ❖ Medicare ❖ Private Insurances	❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare	❖ Case Manager ❖ CRNP ❖ LCSW ❖ LMSW ❖ MD	❖ Nurse ❖ PhD ❖ PMH- APRN ❖ Psy D ❖ RN	English, Haitian Creole, Spanish Interpreter: No Translator: Yes
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ Behavioral	❖ Depression ❖ Mood	❖ Adult Day Programs ❖ Behavioral Treatment	❖ LGBTQ+ Issues ❖ Mental Health Evaluation and	

MeadowWood Behavioral Health

Disorders ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Co-Occurring ❖ Dementia	Disorders ❖ Self-Injurious Behaviors ❖ Substance Use /Dependence ❖ Trauma	❖ CBT ❖ Discharge Planning ❖ Dual Diagnosis Groups ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Individual Counseling	Treatment ❖ Older Adults / Aging Services ❖ Partial Hospitalization ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Social Work ❖ Walk-In
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MeadowWood Behavioral Health System is committed to providing compassionate and comprehensive behavioral healthcare services to adolescents, adults, and seniors. MeadowWood's commitment extends to the family, and endeavors to deliver the highest quality treatment for psychiatric disorders and/or addictive diseases.

Peace of Mind Mental Health Services

Address	Contact	Hours	Counties Served	Ages
29315 Erickson Dr. Easton, MD 21601	Phone: 410-690-8181 Fax: 410-690-8185 Email: admin@peaceofmindmhs.com Website: www.peaceofmindmhs.com	Mon. – Fri. 8 a.m. to 7 p.m. Hours vary	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+

Payment Accepted	Provider Type	Language
❖ Blue Cross Blue Shield ❖ CareFirst ❖ EAP ❖ Johns Hopkins ❖ Medicare	❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ CRNP-PMH ❖ LCPC ❖ LCSW-C ❖ MD ❖ PMHNP-BC

Conditions Served	Treatments and Services
❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Depression ❖ Developmental Disabilities	❖ Domestic Violence ❖ Family / Relationship Issues ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Self-Injurious Behaviors ❖ Stress ❖ Trauma

Peace of Mind's mission is to provide quality mental health services to the residents on the mid shore. We value and honor every client that walks through our door.


Project Chesapeake

Address		Contact	Hours
<ul style="list-style-type: none"> ❖ 202 Coursevall Dr. Ste. 104 Centreville, MD 21617 ❖ 114 Market St. Ste. 103 Denton, MD 21629 ❖ 34 Defense Street, Ste. 100 Annapolis, MD 21401 ❖ 5710 Ritchie Highway Brooklyn Park, MD 21225 		Phone: 443-448-5070 Fax: 443-448-5070 Email: Website: www.projectchesapeake.com	Mon. – Thurs. 9 a.m. to 9:30 p. m. Fri. 9 a.m. to 3 p.m.
Payment Accepted		Provider Type	Language
<ul style="list-style-type: none"> ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee 		<ul style="list-style-type: none"> ❖ LCPC ❖ LMSW ❖ MD 	English Interpreter: No Translator: No
Conditions Served		Treatments and Services	
<ul style="list-style-type: none"> ❖ Anxiety /Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Substance Use /Dependence ❖ Schizophrenia 		<ul style="list-style-type: none"> ❖ Behavioral Treatment ❖ CBT ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ General Counseling ❖ Group Counseling ❖ Individual Counseling ❖ Mental Health Evaluation and Treatment ❖ Methadone ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Psychiatric Rehabilitation Program Off-Site and On-Site ❖ Suboxone ❖ Substance Use Education /Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Outpatient ❖ Telepsychiatry/ Telemental Health 	


Rebirth Inc.

Address	Contact	Hours	Counties Served	Ages
225 N Division St. Salisbury MD 21801	Phone: 410-264-1441 Email: rebirth4hope@gmail.com Website: www.Rebirth4hope.org	Mon. – Fri. 9 a.m. to 4 p.m.	Caroline. Dorchester, Wicomico	0-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> ❖ Free ❖ Grant Fund ❖ Uninsured Eligible 		<ul style="list-style-type: none"> ❖ Case Manager ❖ CHOW ❖ Community Healthcare Navigator ❖ Peer Support Specialist 	English, French, Haitian Creole Interpreter: On call, On site Translator: Yes	
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Dementia ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Housing Insecurity ❖ Marijuana Use ❖ Sexual Assault / Rape ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Vaping Use 		<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Advocacy ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Care Coordination Referral Services ❖ Child and Family Services ❖ Child Care ❖ Educational Workshops ❖ Emergency Medical Care ❖ Food Assistance / Pantry ❖ General Mental Health Information/Education ❖ Peer Support ❖ Tobacco Cessation 		
<p>Rebirth is a nonprofit organization based in Salisbury, founded on the idea to empower, sustain, and enrich our local communities in the U.S. and abroad. Rebirth’s mission is to advocate for the rights and facilitate resources to the vulnerable & immigrant workers in the Delmarva Peninsula. Our goals: Strengthening, Empowering and Protecting the legal rights of the immigrant workers, refugees, including the most vulnerable in our community. We advocate for fair treatment, policies. Programs and services include Virtual School Technology Access Support Center, WRBY 100.5FM Radio Oasis, Opioid Outreach, Education, prevention and referrals, OSHA / Workers Health and Safety Program, Advocacy, Immigrant / workers’ rights, health and safety issues, financial literacy, Interpreting and translation.</p>				

Shore Behavioral Health Inpatient Unit

Address	Contact	Hours	Counties	Ages
219 S. Washington St. Easton, MD 21601	Phone: 410-822-1000 ext. 8701 Assessments: 410-822-1000 ext. 5251 Fax: 410-820-4109 Website: www.umms.org/shore	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	21-71+
Payment Accepted	Provider Type	Language		
❖ N/A	❖ LCPC ❖ PMH- APRN ❖ MD ❖ RN	English Interpreter: Yes Translator: Yes		
Conditions Served		Treatments and Services		
❖ Exacerbation of illnesses that threaten safety of self or others in the community		❖ Crisis Intervention / Stabilization ❖ Psychiatric Hospitalization		
 <p>For patients 18 years of age and older, UM Shore Behavioral Health offers a secured 12-bed inpatient treatment unit at UM Shore Medical Center at Easton. This unit provides a comprehensive program serving patients with psychiatric and addiction disorders. Designed to offer collaborative, compassionate, community-based care to those with behavioral health needs, our inpatient care program includes Comprehensive psychiatric evaluation and treatment; Group, individual, and family therapy; Educational and therapeutic activities to improve a patient's mental health and well-being.</p>				

Shore Behavioral Health Intensive Outpatient Behavioral Health

Address	Contact	Hours	Counties Served	Ages
715 Cambridge Marketplace Blvd. Ste. 1-700 Cambridge, MD 21613	Phone: 443-225-7706 Fax: 443-225-7606 Website: www.umms.org/shore	Mon. - Fri. 9 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
Payment Accepted	Provider Type	Language		
❖ N/A	❖ Interns ❖ MD ❖ LCPC ❖ PMH- APRN ❖ LGPC ❖ RN	English Interpreter: No Translator: Yes		
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues 	<ul style="list-style-type: none"> ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Stress ❖ Trauma 	<ul style="list-style-type: none"> ❖ Anger Management Counseling / Therapy ❖ Behavioral Therapy / Treatment ❖ Behavioral Treatment ❖ Clinical Group Practice ❖ CBT ❖ Conflict Resolution ❖ Crisis intervention ❖ Crisis Intervention / Stabilization ❖ Dialectical Behavioral Therapy 	<ul style="list-style-type: none"> ❖ Interactive Groups ❖ Life Skills Training ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Psychiatric Assessment 	
 <p>The Mental Health Intensive Outpatient Program (IOP) is a group-based therapy located at UM Shore Regional Health at Cambridge. The IOP meets Monday, Tuesday, and Thursday, 9 a.m. to 12 p.m. Initial intake appointments, treatment planning, and additional individual or family sessions occur on Wednesdays and Fridays. The program is structured to provide a multi-disciplinary approach to mental health disorders for those who require a higher level of care than typical outpatient therapy offers.</p>				

Shore Counseling, LLC.

Address	Contact	Hours	Counties Served	Ages
<ul style="list-style-type: none"> ❖ 1712 Main Street St. 230A Chester, MD 21619 ❖ 10 S. Hanson Street St. #21 Easton, MD 21601 	Phone: 410-622-3202 Fax: 410-635-5144 Email: admin@shorecounseling.net Website: www.shorecounseling.net	Mon. – Fri. 9 a. m. to 7 p.m.	Caroline, Queen Anne's, Talbot	0-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Johns Hopkins 	<ul style="list-style-type: none"> ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ United Healthcare 	<ul style="list-style-type: none"> ❖ LCPC ❖ LCSW-C 	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD ❖ Bereavement and Grief ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Mood Disorders 	<ul style="list-style-type: none"> ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Marijuana Use ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence ❖ Trauma ❖ TBI 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Behavioral Treatment ❖ Career Counseling ❖ Certified Trauma Therapy ❖ Clinical Group Practice ❖ CBT ❖ Couples and Relationship Counseling ❖ Emotion Coaching for Parents, Guardians, Caregivers ❖ EFT ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling 	<ul style="list-style-type: none"> ❖ Health Improvement Programs ❖ Imago Relationship Therapy ❖ Independent Living Skills ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Life Counseling ❖ Life Skills Training ❖ Marriage Counseling ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Social Work ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Treatment for Adult Children of Alcoholics 	



Shore Counseling is a solution focused practice that helps teens and adults experiencing depression, anxiety, trauma, PTSD, addiction, life transitions, and more. Our focus is to empower individuals and couples to heal, motivate, and become aware of their inner strengths. We achieve this by providing a safe space for you to express your concerns, discover what makes you strong, and use those strengths to realize your full potential.

Shore Neurocognitive Health

Address	Contact	Hours	Counties Served	Ages
29466 Pintail Dr. #9 Easton, MD 21601	Phone: 410-746-3698 Fax: 410-862-3013 Email: bethpo@snhealth.net Website: www.snhealth.net	Mon. -Thur. 9 a.m. to 5 p.m. Fri. 9 a.m. to 12 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	21-71+
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna	❖ Medicare ❖ Self-Pay ❖ United Healthcare	❖ CRNP ❖ Psy D ❖ LCSW-C	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Chronic Mental Illness ❖ Dementia ❖ Depression	❖ Family / Relationship Issues ❖ PTSD ❖ Stress ❖ Trauma	❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ CBT	❖ Geriatric Counseling ❖ Mindfulness Based Therapy ❖ Older Adults / Aging Services ❖ Psychological Testing	
Shore Neurocognitive Health specializes in the issues adults face as they age. We understand there are times in life when issues arise, such as illness, stress or even world events that impact mood and how we function. Our skilled team of therapists including professionals in the field of psychology and clinical social work will provide an array of services to individuals that may be experiencing depression and anxiety, or struggling with changes in their lives, or those of their loved ones.				

Striving For Wellness Together LLC

Address	Contact	Hours	Counties	Ages
6602 Church Hill Rd. Suite 250 Chestertown, MD 21620	Phone: 443-666-8601 Fax: 410-304-7757 Email: strivingforwellnesstogether@gmail.com Website: www.strivingforwellnesstogether.com	Mon. Tues. 8 a.m. to 5 p.m. Wed. 8 a.m. to 4 p.m. Fri. 9 a.m. to 12 p.m.	Caroline, Kent, Queen Anne's, Talbot	0-50
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna	❖ Humana ❖ Johns Hopkins ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ LCSW-C ❖ LMSW English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bipolar Disorder ❖ Complex Trauma ❖ Depression	❖ Domestic Violence ❖ Mood Disorders ❖ PTSD ❖ Stress ❖ Trauma	❖ Anger Management ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ Conflict Resolution ❖ Crisis Intervention / Stabilization ❖ Evidenced Based Practice	❖ Family Counseling ❖ General Counseling ❖ Group Counseling ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Psycho Educational Groups ❖ Social Work ❖ Telehealth Services	
Striving For Wellness Together welcomes all clients with nonjudgmental open arms as they begin their journey to wellness. Striving For Wellness Together serves individuals from birth through adulthood.				

SUN Behavioral Delaware

Address	Contact	Hours	Counties	Ages
21655 Biden Ave. Georgetown, DE 19947	Phone: 302-604-5600 Fax: 302-450-1177 Email: info@sundelaware.com Website: www.sundelaware.com	24/7	All Maryland Counties	13-71+
Payment Accepted		Provider Type		Language
❖ Medicare ❖ Public Behavioral Health (Medicaid)	❖ Self-Pay ❖ Private Insurance	❖ LCSW ❖ MD ❖ Nurse	❖ PA-C ❖ PhD ❖ PMH- APRN	English Interpreter: No Translator: Yes
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Adult Day Programs ❖ Art Therapy ❖ Behavioral Treatment ❖ CBT ❖ Crisis intervention ❖ Detoxification ❖ DBT ❖ EFT ❖ General Counseling ❖ Group Counseling ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment ❖ Psychiatric Assessment ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Veteran Services ❖ Walk-In ❖ Telepsychiatry/Telemental Health ❖ Trauma Informed 			



The mission of SUN Behavioral Health is to partner with communities to solve the unmet needs of those who suffer from mental illness and addiction. Sun Behavioral work towards solving the unmet needs of patients with mental illness and substance use disorders.

The Center for Eating Disorders at Shepard Pratt

Physicians Pavilion North Suite 300 6535 North Charles St. Baltimore, Maryland 21204 Phone: 410-938-5252
Fax: 410-938-5250 **Email:** EatingDisorderInfo@sheppardpratt.org **Website:** www.eatingdisorder.org

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Anorexia Nervosa ❖ Avoidant/Restrictive Food Intake Disorder ❖ Binge Eating Disorder ❖ Body Dysmorphic Disorder 	<ul style="list-style-type: none"> ❖ Bulimia Nervosa ❖ Compulsive Overeating ❖ Eating Disorder Not Otherwise Specified 	<ul style="list-style-type: none"> ❖ Art Therapy ❖ Body Image Therapy ❖ CBT ❖ Family Therapy ❖ Group therapy ❖ Individual therapy ❖ Mindfulness ❖ Nutritional Counseling ❖ Occupational Therapy ❖ Yoga

The Center for Eating Disorders at Shepard Pratt combines a behavioral program to assist in the management of eating disorder impulses with an evidence-based, multi-modal therapy program. Family therapy at The Center is guided by a Family-Based Treatment approach (Maudsley model) and family systems theory. The Center provides state-of-the-art treatment for females and males of all ages and ethnicities affected by eating disorders. The program provides a full-continuum of evidence-based and individualized care for people struggling with eating disorders.

The Johns Hopkins Eating Disorders Program

Address	Contact	Language
600 North Wolfe St. Meyer 101 Baltimore, Maryland 21287	Phone: Inpatient Admissions: 410-502-5467 Outpatient or Consultation: 410-955-3863 Hopkins Access Line: 800-765-JHHS	English Interpreter: No Translator:

The Johns Hopkins Eating Disorders Program is a nationally recognized treatment center offering comprehensive evaluations, treatment planning, and ongoing care for patients with eating disorders.

The Pro Bono Counseling Project

Address and Contact	Hours	Counties	Ages
5900 Metro Dr. Baltimore, MD 21215 Phone: 410-825-1001 WARMLine number: 410-598-0234	Fax: 410-825-1388 Email: amy@probonocounseling.org Website: www.probonocounseling.org	Mon. – Fri. 8 a.m. to 4 p.m.	All Maryland Counties 0-71+

Payment Accepted	Provider Type	Language
❖ Free ❖ Sliding Scale Fee ❖ Uninsured Eligible	❖ Interns ❖ LMFT ❖ PMHNP-BC ❖ LCPC ❖ LMSW ❖ Psy D ❖ LCSW ❖ PhD ❖ RN ❖ LCSW-C	American Sign Language (ASL), English, Spanish Interpreter: On call Translator: Yes

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Mood Disorders ❖ OCD ❖ Physical Disabilities ❖ PTSD ❖ Postpartum Depression ❖ Sexual Assault / Rape ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking 	<ul style="list-style-type: none"> ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Care Coordination Referral Services ❖ CBT ❖ Couples and Relationship Counseling ❖ Deaf Services ❖ Educational Workshops ❖ Emotion Coaching for Parents, Guardians, Caregivers ❖ EFT ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education 	<ul style="list-style-type: none"> ❖ Individual Counseling ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Issues, Family Support, Referrals ❖ Life Counseling ❖ Marriage Counseling ❖ Mindfulness Based Therapy ❖ Parent Counseling ❖ Play Therapy ❖ Psychological Services for Cancer Patients and Caregivers ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Social Work ❖ Solution Focused ❖ Telehealth Services ❖ Temporary Financial Assistance



The Pro Bono Counseling Project’s mission is to ensure that Marylanders with limited resources requesting mental health care are provided access to volunteer licensed mental health professionals and other necessary supportive services. The Pro Bono Counseling Project also offers a WARMLine available 10-8 weekdays and 10-6 weekends for brief telephone-based support from a mental health professional for Marylanders experiencing sadness, worries, grief, and stress. The WARMLine offers support, but is not a crisis hotline.

Upper Bay Counseling & Support Services, Inc.

Address	Contact	Hours	Counties Served	Ages
200 Booth St. Elkton, MD 21921	Phone: 410-996-5104 Fax: 410-996-5197 Email: klundin@upperbay.org Website: www.upperbay.org	Mon. - Thur. 8 a.m. to 5 p.m. Fri. 8 a.m. – 3 p.m.	Kent, Other Maryland Counties, Cecil, Harford	0-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ EAP ❖ Grant Funds ❖ Humana ❖ Johns Hopkins	❖ Kaiser ❖ MCHP ❖ Maryland Choices Provider ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Tricare ❖ United Healthcare	❖ Addictions Counselor ❖ Case Manager ❖ CHOW ❖ CRNP-PMH ❖ Health Home Nurse ❖ Interns ❖ LCPC ❖ LCSW	❖ LCSW-C ❖ LGPC ❖ LMFT ❖ LMSW ❖ Nurse ❖ PhD ❖ Psy D ❖ Psych Rehab Staff ❖ RN	English, Spanish Interpreter: Spanish Translator: Yes
Conditions Served	Treatments and Services			
❖ Adolescent Substance Use / Dependence ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Family / Relationship Issues ❖ Hoarding Behaviors ❖ Housing Insecurity ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Stress ❖ Substance Use / Dependence ❖ Trauma	❖ Adult Day Programs ❖ Advocacy ❖ Anger Management Counseling / Therapy ❖ Art Therapy ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Career Counseling ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ CBT ❖ Conflict Resolution ❖ Couples and Relationship Counseling ❖ Court-Ordered Substance Use Testing ❖ Court-Ordered Therapy ❖ DBT ❖ Discharge Planning ❖ Dual Diagnosis Groups ❖ Educational Workshops ❖ Emotion Coaching for Parents, Guardians, Caregivers ❖ Emotional Regulation Therapy ❖ EFT	❖ EAP ❖ Evidenced Based Practice ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Health Improvement Programs ❖ Homeless Outreach ❖ Independent Living Skills ❖ Individual Counseling ❖ Job Search / Placement ❖ Life Coaching – Adult, Youth ❖ Life Counseling ❖ Life Skills Training ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Mobile Treatment - ACT ❖ Nurse Monitoring ❖ Parent Counseling ❖ Parent Education Groups ❖ Program Transportation ❖ Psychiatric Assessment	❖ Psychiatric Medication Services ❖ Psychiatric Rehabilitation Program Off-Site, & On-Site ❖ Psycho Educational Groups ❖ Psychological Testing ❖ Recovery Support Groups ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Residential Treatment ❖ School Based Mental Health and Substance Use Education ❖ School Based Monitoring of Chronic Illness ❖ Sex Offender Counseling ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education /Prevention ❖ Substance Use Outpatient ❖ Supported Employment ❖ Telehealth Services ❖ Transitional Aged Youth Program ❖ Trauma Groups ❖ Trauma-Focused CBT ❖ Urgent Care Appointment	

Upper Bay Counseling & Support Services provides a broad and expanding range of high-quality behavioral health and community services. We promote wellness and uphold the dignity of our consumers. We are dedicated to excellence, through creativity, flexibility, and teamwork. We serve and advocate for individuals, families, and communities.

Warwick Manor Behavioral Health		
Address	Contact	Hours
3680 Warwick Rd. East New Market, MD 21631	Phone: 410-943-8108 Fax: 410-943-3976 Website: www.warwickmanor.org	Mon., Wed., Fri. 8 a.m. to 5 p.m. Tues., Thur. 8 a.m. to 7:30 p.m. Weekend hours available
Payment Accepted	Provider Type	Language
❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ Addictions Counselor ❖ CRNP ❖ DO ❖ LCPC	❖ LCSW-C ❖ LMSW ❖ MD ❖ Nurse
English Interpreter: No Translator: No		
Conditions Served	Treatments and Services	
❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Substance Use /Dependence ❖ Trauma	❖ Age-Related Groups ❖ Ambulatory Detoxification ❖ Anger Management Counseling ❖ Behavioral Modification ❖ CBT ❖ Crisis Intervention ❖ DBT ❖ Emotional Regulation Therapy ❖ Existential Psychology ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Hotline ❖ Individual Counseling	❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Rational Emotive Behavioral Therapy ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient (<30 days) ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Partial Hospitalization ❖ Trauma Groups
Warwick Manor Behavioral Health (WMBH) specializes in co-occurring diagnosis and treatment and provides inpatient, PHP, IOP, and outpatient services.		

Case Management

Corsica River Mental Health Services, Inc.	Wraparound Maryland
120 Banjo Ln. Centreville, MD 21617 403 High St. Cambridge, MD 21613 332 N. Main St. Federalsburg, MD 21632 Phone: 410-758-2211 Fax: 410-758-0698 Website: www.crmhsinc.com	29509 Canvasback Dr. Ste. 207 Easton, Maryland 21601 214 Civic Ave Salisbury, MD 21804 Salisbury Phone: 410-369-3480 Easton Phone: (410) 690-4805 Fax: 866-582-2034 Website: www.wraparoundmd.com
Hudson Behavioral Health	Upper Bay Counseling & Support Services, Inc.
1505 Emerson Ave. Salisbury, MD 21801 Phone: 410-219-9000 Fax: 410-742-7048 Website: www.hudson-health.org	200 Booth St. Elkton, MD 21921 Phone: 410-996-5104 Fax: 410-996-5197 Website: www.upperbay.org

Equine Assisted Therapy

Equine-assisted psychotherapy is a form of experiential therapy that includes horses and a specialist psychologist or counselor with the intent to develop skills such as emotional regulation, self-confidence and awareness, and responsibility.

Bridges at Worthmore		
Address	Contact	Hours
11570 Still Pond Rd. Worton, MD 21678	Phone: 410-708-8973 Email: bridges21678@hotmail.com Website: www.bridgesatworthmore.org	Mon. – Sat. 8 a.m. to 7 p.m. Sun. 10 a.m. to 3 p.m.
Payment Accepted	Provider Type	Language
❖ Grant Funds ❖ Self-Pay	❖ EAGALA Certified ❖ LCADC ❖ LCPC ❖ LCSW-C ❖ P.A.T.H Certified Professional	English Interpreter: No Translator: No
Conditions Served	Treatments and Services	
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities	❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ TBI	❖ Behavioral Treatment ❖ CBT ❖ Equine Assisted Therapy ❖ General Mental Health Information ❖ Therapeutic Riding ❖ Youth Development ❖ Trauma Informed ❖ Therapeutic Horsemanship
Bridges is the therapeutic arm of Worthmore Equestrian Center. Founded in 2004, Bridges supports individuals experiencing learning, developmental and emotional challenges in the mid-Atlantic region. Therapies are customized to meet a person’s individual needs beginning with and individualized assessment and development of a goal-oriented program.		

Over Fences, LLC		
Address	Contact	Hours
❖ 8845 Teal Point Rd. Easton, MD 21601 ❖ Glendale Farm: 30485 Matthewstown Rd. Easton, MD 21601 ❖ Royal Oak Farm: 6448 Patridge Ln. Royal Oak, MD 21162	Phone: 410-878-7820 Fax: 410-770-7176 Email: annehwilson@gmail.com	Mon. – Fri. 9 a.m. to 5 p.m.
Payment Accepted	Provider Type	Language
❖ Grant Funds ❖ Self-Pay	❖ LCSW-C	English Interpreter: No Translator: No
Conditions Served	Treatments and Services	
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Hoarding Behaviors	❖ Personality Disorders ❖ PTSD ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence	❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ CBT ❖ Equine Assisted Therapy ❖ Family Counseling ❖ General Counseling ❖ Group Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Veteran Services ❖ Equine Assisted Learning ❖ Mental Health & Substance Use Services
The Horse Inspired Growth & Learning Center Inc. was established in 2005 for the purpose of providing an ethical, powerful resource for improving lives. After researching certification programs for equine assisted therapy/learning they chose EAGALA www.eagala.org because of its worldwide support of professionals working in the field of Equine Assisted		

Over Fences, LLC

Psychotherapy and Learning. Equine Assisted Psychotherapy and Learning can address any issue related to mental health such as, but not limited to, depression, anxiety, PTSD, mood disorder or relationship issues. The staff has worked extensively with clients who have experienced or witnessed trauma in their lives as a result of physical, sexual, or emotional abuse.

Idylwild Therapeutic Horsemanship

Address	Contact	Hours
27203 Chipmans Ln. Federalsburg, MD 21632	Phone: 410-754-9141 Email: thevisitingcounselor@gmail.com Website: www.idylwildfarm.com	Mon. – Fri. 4 p.m. to 6 p.m. Sat. 9 a.m. to 2 p.m.
Payment Accepted	Provider Type	Language
❖ Grant Funds ❖ Self-Pay ❖ Sliding Scale Fee	❖ LCSW-C ❖ P.A.T.H Certified Professionals	English Interpreter: No Translator: No
Conditions Served		Treatments and Services
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Asperger's ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Trauma 	<ul style="list-style-type: none"> ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sensory Processing ❖ Substance Use /Dependence 	<ul style="list-style-type: none"> ❖ Bereavement and Grief Counseling ❖ CBT ❖ DBT ❖ Equine Assisted Therapy ❖ Family Counseling ❖ General Counseling ❖ Geriatric Counseling ❖ Group Counseling ❖ Individual Counseling ❖ Marriage Counseling

Lisa May, LCSW-C, is a PATH (Professional Association of Therapeutic Horsemanship) International registered instructor offering outdoor Experiential and Equine Therapy, which often is successful with disorganized, hard to reach, withdrawn, aggressive, minimally verbal individuals, and trauma survivors.

Talbot Special Riders, Inc.

Address	Contact	Hours
❖ P.O. Box 391 Easton, MD 21601 ❖ Timber Grove Farm: 6292 Statum Rd. Preston, MD 21655	Phone: 443-239-4963 or 410-673-7450 Email: tsrhopkins@gmail.com Website: www.talbotspecialriders.org	Mon. – Sat. varies
Payment Accepted	Provider Type	Language
❖ Grant Funds ❖ Self-Pay	❖ P.A.T.H Certified Professionals	English Interpreter: No Translator: No
Conditions Served		Treatments and Services
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Chronic Mental Illness ❖ Co-Occurring 	<ul style="list-style-type: none"> ❖ Developmental Disabilities ❖ Personality Disorders ❖ Physical Disabilities ❖ TBI ❖ Veterans 	<ul style="list-style-type: none"> ❖ Equine Assisted Therapy ❖ Hippotherapy ❖ Occupational Therapy ❖ Therapeutic Riding ❖ Veteran Services

Talbot Special Riders in Preston, Maryland is a certified member of PATH, Professional Association of Therapeutic

Talbot Special Riders, Inc.

Horsemanship International. The program's overall goal is to build confidence, self-esteem, and a sense of accomplishment. We work on coordination and spatial relationships as well as stretching and strengthening exercises. Our goal is to build confidence, self-esteem, and a sense of accomplishment, increase attention span, and develop the ability to take, understand, and follow directions. We conduct both group riding sessions with our certified instructors and one-on-one Hippotherapy sessions with our occupational therapist.

Talisman Therapeutic Riding (TTR)

Address	Contact	Hours
<ul style="list-style-type: none"> ❖ 172 Blue Ribbon Ln. Grasonville, MD 21638 ❖ Mailing: 300 Talisman Farm Cir. P.O. Box 300 Grasonville, MD 21638 	Phone: 443-239-9400 Email: Wendy@talismantherapeuticriding.com Website: www.talismantherapeuticriding.org	Mon. – Fri. 9 a.m. to 6 p.m. Sat. 9 a.m. to 1 p.m.
Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> ❖ Grant Funds ❖ Scholarship Assistance ❖ Self-Pay 	<ul style="list-style-type: none"> ❖ P.A.T.H Certified Professionals 	English Interpreter: No Translator: No
Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Developmental Disabilities ❖ Physical Disabilities ❖ PTSD 	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Art Therapy <li style="width: 33%;">❖ Physical Therapy <li style="width: 33%;">❖ Equine Assisted Therapy <li style="width: 33%;">❖ Play Therapy <li style="width: 33%;">❖ Family Counseling <li style="width: 33%;">❖ Therapeutic Riding <li style="width: 33%;">❖ Hippotherapy <li style="width: 33%;">❖ Veteran Services <li style="width: 33%;">❖ Occupational Therapy <li style="width: 33%;">❖ Youth Development 	
<p>Talisman offers equine assisted activities and learning, which include therapeutic riding and Hippotherapy to children and adults with physical, cognitive, social, behavioral, and emotional conditions / disabilities. We are a PATH (Professional Association of Therapeutic Horsemanship) International registered center and a 501(c)(3) and instructors are nationally certified in therapeutic riding. Therapists are licensed in the state of Maryland. Volunteers and horses are carefully selected and trained for their roles. Talisman's mission is to partner with the horses to positively and permanently change the mind, body, and spirit of clients/ riders.</p>		

Forensic Mental Health Services

Mid Shore Behavioral Health, Inc. Forensic Mental Health Program

Address	Contact	Hours	
28578 Mary's Ct. Ste. 1 Easton, MD 21601 Phone: 410-770-4665 Fax: 410-770-4809	Alisha Saulsbury , Forensic Mental Health Program Manager asaulsbury@midshorebehavioralhealth.org Akima Copper , Forensic Mental Health Program Manager acopper@midshorebehavioralhealth.org	Mon. – Fri. 8 a.m. to 4:30 p.m. Forensic Workgroup meets the 3 rd Friday of the month at 9 a.m.	
Counties	Ages	Provider Type	Language
Caroline, Dorchester, Kent, Queen Anne's, Talbot	18+	<ul style="list-style-type: none"> ❖ Case Manager ❖ LCSW-C 	English Interpreter: No Translator: No



MID SHORE
BEHAVIORAL HEALTH

The Forensic Mental Health Program (FMHP), through Mid Shore Behavioral Health, Inc., focuses on the intersection between the criminal justice and mental health systems by working to evaluate and connect criminal defendants and probationers to the limited community mental health resources available on the mid-shore. The FMHP staff works closely with Judges, Masters, Parole and Probation Agents, and local detention centers to assist in cases where the defendant has mental health and/or co-occurring issues. The FMHP staff provides mental health evaluations, jail diversion plans, referral

Mid Shore Behavioral Health, Inc. Forensic Mental Health Program

and resource connection, mental health treatment monitoring and advocacy. Case management services are provided for diversion and monitoring cases. The staff consists of a mental health coordinator who is a licensed mental health professional with experience in forensics and a case manager with knowledge of mid-shore resources.

Maryland Community Criminal Justice Treatment Program

Caroline County Detention Center: 410-479-4117

Dorchester County Detention Center: 410-228-8101

Kent County Detention Center: 410-810-2266

Queen Anne's County Detention Center: 410-758-3817 option 5

Talbot County Detention Center: 410-770-8136

Maryland Community Criminal Justice Treatment Program (MCCJTP) is operational in all Maryland jurisdictions except Montgomery County and Baltimore City, assisting local detention centers in meeting the comprehensive needs of justice-involved individuals. In collaboration with the Core Service Agencies (CSAs), the program delivers both clinical treatment and case management services reaching an average of 10,000 individuals annually. Each participating jurisdiction works in partnership with experts from agencies that provide behavioral health services, case management, and legal counsel services. In addition, input is sought from representatives from the detention centers, judiciary, parole and probation, law enforcement, social services, consumer advocates, and community. For more information, please contact the program coordinator, at 410-402-8482


Trauma, Addictions, Mental Health and Recovery (TAMAR)

Phone: 410-476-4441 **Email:** hhornfeck@forallseasonsinc.org

Trauma, Addictions, Mental Health and Recovery (TAMAR) is a State funded program offered to women who are detained in Caroline and Dorchester detention centers. These women have been identified, or self-identified, as having a history of physical and/or sexual abuse and a recent treatment history for a mental health condition, as well as a drug use/use disorder. Individuals eligible to participate are encouraged to voluntarily join the program with the knowledge that participation does not in itself reduce jail time. Program services are delivered by a licensed, Master's level clinician who is responsible for providing bio-psycho-educational treatment in accordance with the TAMAR program manual. Case management services are to be conducted by an individual with a minimum degree of baccalaureate and provide coordination of services while the consumer is incarcerated, as well as development of an aftercare plan with the consumer in making community referrals, advocating "mainstream" services, and establishing communication for monitoring the receipt of treatment upon re-entry to the community. Ensure the education of detention center staff members, community mental health providers, and appropriate stakeholders about the needs of trauma survivors. Maintain communication with courts, parole and probation, and community-based providers to educate about TAMAR.

Psychiatric Rehabilitation Programs

Psychiatric Rehabilitation Program (PRP) services facilitate an individual’s recovery to develop or restore an individual’s independent living and social skills, including the individual’s ability to make decisions regarding self-care management of illness, life, work, and community participation, as well as promote the use of resources to integrate the individual into the community. Services may be provided in an on-site facility, or in a setting most conducive to promoting the participation of the individual in community life.

Channel Marker, Inc.				
Address and Contact		Hours	Counties	Ages
<ul style="list-style-type: none"> ❖ 8865 Glebe Park Dr. Unit 1 Easton, MD 21601 (P) 410-822-4619 (F) 410-822-0984 ❖ 8865 Glebe Park Dr. Unit 2 Easton, MD 21601 (P) 410-822-4611 (F) 410-822-6186 ❖ 508 Kerr Ave. Denton, MD 21629 (P) 410-479-2318 (F) 410-820-0124 ❖ 613 S. 5th Ave. Denton, MD 21629 (P) 410-479-0240 (F) 410-479-0250 ❖ 420 Dorchester Ave. Cambridge, MD 21613 (P) 410-228-8330 (F) 410-221-6459 <p>Email: khorden@channelmarker.org Website: www.channelmarker.org</p>		Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Talbot	6-71+
Payment Accepted	Provider Type	Language		
<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) 	<ul style="list-style-type: none"> ❖ Case Manager ❖ LCSW-C 	<ul style="list-style-type: none"> ❖ LMSW ❖ Psych Rehab Staff 	English Interpreter: No Translator: Yes	
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Depression ❖ Mood Disorders 	<ul style="list-style-type: none"> <li style="width: 33%;">❖ Adult Day Programs <li style="width: 33%;">❖ Educational Workshops <li style="width: 33%;">❖ Program Transportation <li style="width: 33%;">❖ General Mental Health Information/Education <li style="width: 33%;">❖ Psychiatric Rehabilitation Program Off-Site <li style="width: 33%;">❖ Independent Living Skills <li style="width: 33%;">❖ Psychiatric Rehabilitation Program On-Site <li style="width: 33%;">❖ Life Skills Training <li style="width: 33%;">❖ Psychosocial Rehabilitation and Recovery Center <li style="width: 33%;">❖ Motivational Interviewing <li style="width: 33%;">❖ Social Learning <li style="width: 33%;">❖ Supported Employment 			
	Channel Marker, Inc. creates a healthy Mid-Shore community by providing mental illness treatment and prevention programs, wellness support, and community services to individuals and their families.			

Children’s Choice			
Address and Contact		Hours	
<ul style="list-style-type: none"> ❖ 1563 Postal Road, Ste. 3B Chester, MD 21619 (P) 410-643-9290 (F) 410-643-9293 ❖ 230 Florida Ave. Salisbury, MD 21801 (P) 410-546-6106 (F) 410-219-2640 <p>Website: www.childrenschoice.org</p>		Mon. – Fri. 8:30 a.m. to 4:30 p.m.	
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> ❖ Grant Funds ❖ Public Behavioral Health (Medicaid) 	<ul style="list-style-type: none"> ❖ LCSW-C 	English Interpreter: No Translator: No	
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> <li style="width: 50%;">❖ ADHD <li style="width: 50%;">❖ Developmental Disabilities <li style="width: 50%;">❖ Bipolar Disorder <li style="width: 50%;">❖ Hoarding Behaviors <li style="width: 50%;">❖ Chronic Mental Illness <li style="width: 50%;">❖ Personality Disorders <li style="width: 50%;">❖ Depression <li style="width: 50%;">❖ Physical Disabilities <li style="width: 50%;">❖ PTSD 	<ul style="list-style-type: none"> ❖ General Counseling ❖ Psychiatric Rehabilitation Program Off-Site ❖ Respite Care ❖ Treatment Foster Care 		

Children's Choice



Children's Choice, Inc. provides specialized foster care, respite, psychiatric rehabilitations parent advocacy and support groups, as well as kinship and adoption services.


Community Behavioral Health

Addresses and Contact	Hours	Counties	Ages
<ul style="list-style-type: none"> ❖ 8614 Ocean Gtwy. Easton, MD 21601 ❖ 426 Dorchester Ave. Cambridge, MD 21613 ❖ 202 Courseval Dr. Ste #107 Centreville, MD 21617 ❖ 809, 811, 817, 821 Eastern Shore Dr. Salisbury, MD 21804 ❖ 106 Lee St. Salisbury, MD 21804 <p> Phone: 844-224-5264 ext. 107 Fax: 888-509-0010 Email: admin@communitybehavioralhealth.net Website: www.communitybehavioralhealth.net </p>	Mon – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+
Psychiatric Rehabilitation Program off-site and on-site. See a complete listing of Community Behavioral Health's services on page 15.			

Crossroads Community, Inc.

Address and Contact	Hours	Counties	Age
<ul style="list-style-type: none"> ❖ 120 Banjo Ln. Centreville, MD 21617 (P) 410-758-3050 (F) 410-758-1223 ❖ 937 Gateway Dr. Chestertown, MD 21620 (P) 410-778-9200 (F) 410-778-9622 ❖ 404 LeCompte St. Cambridge, MD 21613 (P) 410-221-7540 (F) 410-221-7541 <p> Email: cci@ccinonline.com Website: www.ccinonline.com </p>	Mon. – Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6- 71+
Payment Accepted	Provider Type		Language
<ul style="list-style-type: none"> ❖ DORS ❖ Grant Funds ❖ Public Behavioral Health (Medicaid) 	<ul style="list-style-type: none"> ❖ CPRP ❖ Health Home Nurse ❖ Interns 	<ul style="list-style-type: none"> ❖ Psych Rehab Staff ❖ Residential Recovery Staff ❖ Transition Facilitators 	English Interpreter: No Translator: No
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Hoarding Behaviors ❖ Personality Disorders ❖ Schizoid Personality Disorder ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Adult Day Programs ❖ Benefits Counseling ❖ Care Coordination Referral Services ❖ Discharge Planning ❖ Evidenced Based Practice ❖ General Mental Health Information/Education ❖ Independent Living Skills ❖ Interactive Groups ❖ Job Search / Placement ❖ Life Skills Training ❖ Psychiatric Rehabilitation Program On-Site and Off-Site ❖ Psychosocial Rehabilitation and Recovery Center ❖ Respite Care ❖ Supported Employment ❖ Telehealth Services ❖ Transitional Aged Youth Program 		
<div style="display: flex; align-items: flex-start;"> <div style="flex: 1;"> </div> <div style="flex: 3;"> <p>Crossroads Community, Inc. is a non-profit with a mission is to teach skills and access resources that empower people with behavioral health needs to live satisfying and productive lives. Crossroads is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) for its Psychiatric Rehabilitation & Health Home Programs for Adults, Young Adults and Youth, Residential Rehabilitation Program and Supported Employment for Adults, and Respite Care program for children.</p> </div> </div>			

Go-Getters, Inc.

Go-Getters, Inc.			
Address and Contact		Hours	
<ul style="list-style-type: none"> ❖ 11559 Somerset Ave. Princess Anne, MD 21853 (P) 410-651-1547 ❖ 716 N. Division St. Salisbury, MD 21801 (P) 410-546-7754 ❖ 7033 Worcester Highway Newark, MD 21841 (P) 410-632-3737 <p>Fax: 443-859-7774 (Referral) 410-334-3710 Email: richard.bearman@gmail.com Website: www.gogettersinc.org</p>		Varies by program – call for more information	
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee 	<ul style="list-style-type: none"> ❖ CRNP ❖ LCPC ❖ LCSW-C ❖ MD 	<ul style="list-style-type: none"> ❖ PA-C ❖ PhD ❖ PMH- APRN 	English Interpreter: No Translator: Creole, Farsi, French, German
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Eating Disorders ❖ Hoarding Behaviors ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Adult Day Programs ❖ Anger Management Counseling ❖ Art Therapy ❖ CBT ❖ Crisis intervention ❖ Crisis Residential Treatment – Substance Use ❖ DBT ❖ Disability Related Counseling ❖ Ex-Offender Halfway House ❖ EMDR ❖ Family Counseling 	<ul style="list-style-type: none"> ❖ General Counseling ❖ General Mental Health Information ❖ Geriatric Counseling ❖ Group Counseling ❖ Homeless Outreach ❖ Independent Living Communities for Older Adults ❖ Individual Counseling ❖ Job Search / Placement ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups 	<ul style="list-style-type: none"> ❖ Mobile Treatment - ACT ❖ Older Adults / Aging Services ❖ Protection and Advocacy for Individuals with Disabilities ❖ Psychiatric Assessment ❖ Psychiatric Case Management ❖ Psychiatric Day Treatment ❖ Psychiatric Medication Services ❖ Psychiatric Mobile Response Team ❖ Psychiatric Rehabilitation Program Off-Site and On-Site ❖ Psycho Educational Groups ❖ Residential Rehabilitation Program ❖ Telepsychiatry/Telemental Health
Beacon Place Crisis Services	Friendship Network	Main Street	Peer Connection
Offers short term Residential Crisis Services in a community-based setting 24 hours a day, every day. Phone: 410-749-2578	Offers mental health rehabilitation services to people over the age of 55, living in Somerset, Wicomico, and Worcester counties. Phone: 410-546-3619	Offers community support, residential and day program services. Phone: 410-546-0381	A rehabilitation program for people with co-occurring disorders. Phone: 410-546-1822
 <p>Go-Getters is a community-based psychiatric rehabilitation program with a mission is to assist people recovering from severe mental illness in reintegrating their lives in the larger communities of Somerset, Wicomico, and Worcester counties. Day programs for adults and elderly people in Salisbury, Princess Anne, and Newark offer skills training for independent living, prevocational and vocational skills, food and nutrition training, breakfast, lunch, and snacks, socialization and recreation, a community of support and friendship, supported housing in all three counties, intensive 24-hour supervision, specialized housing for elderly and dually diagnosed people, crisis and respite care for psychiatric and other emergencies, four crisis beds, residential alternative to hospitalization, three respite beds available to the community for individual and caregiver needs. Lower Shore Clinic provides outpatient psychiatric treatment, ongoing clinical therapy, and primary care to Lower Shore residents regardless of ability to pay, same day walk-in intakes for new clients, Assertive Community Treatment (ACT) team for people with greatest mental health difficulties in five counties, integrated health home, family psycho-education groups, 24 hour on-call back up for Go-Getters or Lower Shore Clinic staff working with clients in psychiatric distress, program-wide welcome and treatment for persons recovering from mental illness and substance-related disorders.</p>			

Upper Bay Counseling & Support Services, Inc.

Address	Contact	Hours	Counties Served	Ages
200 Booth St. Elkton, MD 21921	Phone: 410-996-5104 Fax: 410-996-5197 Email: klundin@upperbay.org Website: www.upperbay.org	Mon. -Thur. 8 a.m. to 5 p.m. Fri. 8 a.m. to 3 p.m.	Kent, Cecil, Harford, Other MD Counties	0-71+

Psychiatric Rehabilitation Program off-site and on-site. See a complete listing of Upper Bay's services on page 40.

School-Based Behavioral Health Locations

Mid-Shore School Mental Health Coordinators

County	Contact
Caroline County 10855 Central Ave. Ridgely, MD 21660 Coordinator: Cara N. Calloway, LCSW-	Email: calloway.cara@ccpsstaff.org Phone: 410-479-0100 Website: www.carolineschools.org
Dorchester County 700 Glasgow St. Cambridge, MD 21613 Coordinator: Kawana Webb, LCSW-C	Email: webbk@dcpsmd.org Phone: 410-228-4747 ext. 1066 Website: www.dcps.k12.md.us
Kent County 5608 Boundary Ave. Rock Hall, MD 21661 Coordinator: Vandrick Hamlin, MS	Email: vhamlin@kent.k12.md.us Phone: 410-778-7128 Website: www.kent.k12.md.us
Queen Anne's County 202 Chesterfield Ave. Centreville, MD 21617 Coordinator: Megan Pinder, LCPC and Stirling Ward, MS	Email: megan.pinder@qacps.org or stirling.ward@qacps.org Phone: 443-224-7354 or 443-496-2968 Website: www.qacps.org
Talbot County 12 Magnolia St. Easton, MD 21601 Coordinator: Robert Schmidt, Ed. D, LCPC, MCC, AS	Email: rschmidt@talbotschools.org Phone: 410-822-0330 Website: www.tcps.k12.md.us

Dorchester County Health Department School-Based Mental Health Services

Email	Website	Counties Served	Ages
beth.spencer@maryland.gov	www.dorchesterhealth.org	Dorchester	0-20
Addresses and Contact			
Administration Office 3 Cedar St. Cambridge, MD 21613		Phone: 410-228-3223 Fax: 410-901-8181	
Cambridge-South Dorchester High School 2475 Cambridge Bypass Cambridge, MD 21613		Phone: 410-228-9224 Fax: 410-901-8181	
Hurlock Elementary School 301 Charles St. Hurlock 21643		Phone: 410-228-4368 Fax: 410-901-8181	
Mace's Lane Middle School 1101 Mace's Ln. Cambridge, MD 21613		Phone: 410-228-0973 Fax: 410-901-8181	
North Dorchester High School 5875 Cloverdale Rd. Hurlock, MD 21643		Phone: 410-943-3316 Fax: 410-901-8181	
North Dorchester Middle 5745 Cloverdale Rd. Hurlock, MD 21643		Phone: 410-943-3275 Fax: 410-901-8181	
Sandy Hill Elementary School 1503 Glasgow St. Cambridge, MD 21613		Phone: 410-228-4368 Fax: 410-901-8181	
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> ❖ Children served regardless of insurance status or ability to pay ❖ Free ❖ Sliding Scale Fee 	<ul style="list-style-type: none"> ❖ LCSW-C 	English Interpreter: On-call Translator: No	
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Eating Disorders 	<ul style="list-style-type: none"> ❖ Family / Relationship Issues ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Postpartum Depression ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking 	<ul style="list-style-type: none"> ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Case Management ❖ Certified Trauma Therapy ❖ CBT ❖ Evidenced Based Practice ❖ Family Counseling ❖ Individual Counseling ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Trauma-Focused CBT 	
The Dorchester County Wellness Center Program is dedicated to promoting accessible, quality school-based care for children and youth. This includes mental health services in the four schools with full Wellness Centers (CSDHS, MLMS, NDHS, NDMS) and two elementary schools (SHES & HES - additional eligibility criteria apply due to funding directives - children served must be impacted by parental incarceration - contact program for more information).			

Small Group Practices & Private Behavioral Health Services

Bee Well				
Address	Contact	Hours	Counties	Ages
3 N. Harrison St. Suite 200 Easton, MD 21601	Phone: 443-602-1269 Email: sashawhitingtherapy@gmail.com Website: www.psychologytoday.com/us/therapists/sasha-whiting-easton-md/399098	By appointment	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Self-Pay ❖ Sliding Scale Fee 		<ul style="list-style-type: none"> ❖ Holistic / Alternative Healer ❖ LCSW-C ❖ Yoga Therapist 	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Adolescent Substance Use ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Domestic Violence ❖ Eating Disorders ❖ Family /Relationship Issues ❖ Hallucinogen Use ❖ Heroin Use ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Inhalant Use (Huffing) 		<ul style="list-style-type: none"> ❖ Life Transitions ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mood Disorders ❖ Mushroom Use ❖ OCD ❖ Opiate Use ❖ Painkiller Use ❖ Postpartum Depression ❖ Prenatal Care for People in Addiction ❖ PTSD ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Trauma ❖ Vaping Use ❖ Victims of Human Trafficking 		
<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Adult Bonding / Attachment Issues ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ Career Counseling ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ CBT ❖ Conflict Resolution ❖ Couples and Relationship Counseling ❖ Court-Ordered Therapy ❖ Crime Victim / Witness Counseling ❖ Crisis Intervention / Stabilization ❖ Emotion Coaching for Parents, Guardians, Caregivers ❖ EAP ❖ Evidenced Based Practice ❖ Exercise ❖ EMDR ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Education ❖ Geriatric Counseling ❖ Group Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Life Coaching – Adult, Youth ❖ Life Counseling ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Parent Counseling ❖ Play Therapy ❖ Private Psychotherapy ❖ Psycho Educational Groups ❖ Psychological Testing ❖ Rational Emotive Behavioral Therapy ❖ Relapse Prevention ❖ Social Work ❖ Solution Focused ❖ Sports Psychology ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Treatment for Adult Children of Alcoholics ❖ Veteran Services ❖ Yoga ❖ Youth Substance Use Treatment 				
Bee Well’s mission is to help clients achieve whole-body healing through an eclectic array of treatment modalities including traditional talk therapy, EMDR, body focused interventions and yoga therapy.				

Brenda C. Scribner, MD

Address		Contact	Hours
10 S. Hanson St. Suite 5 Easton, MD 21601		Phone: 331-223-9262 Fax: 866-266-4480 Email: Brenda.Scribner@gmail.com	Mon. – Fri. 8:30 a.m. to 4:30 p.m.
Payment Accepted		Provider Type	Language
❖ Self-Pay ❖ Sliding Scale Fee for pregnant and postpartum women		❖ MD	English Interpreter: No Translator: No
Conditions Served		Treatments and Services	
❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Co-Occurring ❖ Depression ❖ Eating Disorders	❖ Mood Disorders ❖ OCD ❖ PTSD ❖ Relationship Issues ❖ Sexual Disorders ❖ Substance Use / Dependence	❖ Anger Management Counseling ❖ Bereavement and Grief Counseling ❖ CBT ❖ Couples and Relationship Counseling ❖ EMDR ❖ Family Counseling	❖ Individual Counseling ❖ Life Counseling ❖ Mental Health Evaluation and Treatment ❖ Parent Counseling ❖ Private Psychotherapy ❖ Psychiatric Assessment ❖ Psychiatric Medication Services

Catherine Molz, LCSW-C

Address		Contact	Hours
104 S. Cross St. Chestertown, MD 21620 Mailing: P.O. Box 193 Worton, MD 21678		Phone: 410-778-0234 Fax: 410-778-2665 Email: catherinewmolz@msn.com Website: www.catherinewmolz.com	By appointment only
Payment Accepted		Provider Type	Language
❖ Medicare ❖ Private Insurance		❖ LCSW-C	English Interpreter: No Translator: No
❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee			
Conditions Served		Treatments and Services	
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Co-Occurring ❖ Depression ❖ Eating Disorders	❖ Mood Disorders ❖ OCD ❖ PTSD ❖ Sexual Disorders ❖ Substance Use / Dependence ❖ Relationship Issues	❖ Anger Management Counseling ❖ Bereavement and Grief Counseling ❖ CBT ❖ Couples and Relationship Counseling ❖ EMDR ❖ Family Counseling ❖ Individual Counseling	❖ Life Counseling ❖ Mental Health Evaluation and Treatment ❖ Parent Counseling ❖ Psychiatric Assessment ❖ Psychiatric Medication Services ❖ Private Psychotherapy

Chesapeake Counseling, LLC – Catherine Cripps, LCPC, LCPAT

Address		Contact	Hours	
506 Goldsborough St. Easton, MD 21601		Phone: 410-819-8832 Email: cscripps410@gmail.com	Mon. – Thurs. 9 a.m. to 7 p.m. Fri. 9 a.m. to 12 p.m.	
Payment Accepted			Provider Type	Language
❖ Grant Funds	❖ Medicare	❖ Private Insurance	❖ LCPAT ❖ LCPC	English Interpreter: No Translator: No
❖ Public Behavioral Health (Medicaid)	❖ Self-Pay	❖ Sliding Scale Fee		
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Depression ❖ Eating Disorders ❖ PTSD ❖ Self-Injurious Behaviors 	<ul style="list-style-type: none"> ❖ Art Therapy ❖ Behavioral Therapy ❖ CBT ❖ Continuum of verbal and non-verbal Processing for ages 6 and up ❖ EFT ❖ EMDR ❖ Family Counseling ❖ General Counseling 	<ul style="list-style-type: none"> ❖ Group Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Psycho Educational Groups ❖ Trauma Informed Care ❖ Veteran Services 		

Creative Space Child Therapy

Address	Contact	Hours	Counties	Ages
5304 Cedar Dr. Cambridge, MD 21613	Phone: 410-929-7427 Email: lkgray@creativespacechildtherapy.org Website: www.sites.google.com/view/creativespacechildtherapy-org	Mon. - Sat. 10 a.m. to 7 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-12
Payment Accepted			Provider Type	Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna 	<ul style="list-style-type: none"> ❖ Grant Funds ❖ MCHP ❖ Self-Pay ❖ Sliding Scale Fee 	❖ LCSW-C	English Interpreter: On Call Translator: No	
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Autism Spectrum ❖ Behavioral Disorders 	<ul style="list-style-type: none"> ❖ Bereavement and Grief Counseling ❖ PTSD ❖ Stress ❖ Trauma 	<ul style="list-style-type: none"> ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ CBT ❖ DBT ❖ Mental Health Evaluation and Treatment 	<ul style="list-style-type: none"> ❖ Parent Counseling ❖ Parent Education Groups ❖ Play Therapy ❖ Therapeutic Drumming ❖ Trauma-Focused CBT 	
<p>Creative Space Child Therapy, LLC provides specialized infant and early childhood mental health therapeutic services for children in the form of play therapy, filial therapy, cognitive behavior therapy, parenting classes, and consultation/coaching. Therapist utilizes evidence-based practices to support attachment related concerns, impacts of trauma and social emotional delays as appropriate.</p>				

G.W. Associates – Gail J. Weissert, LCSW-C

Address		Contact	Hours
23627 Willow Pond Rd. Denton, MD 21629		Phone: 410-479-0434 Fax: 410-479-2723 Email: weissert.gail@gmail.com Website: www.gweissert.com	Mon. and Thur. 8 a.m. to 5 p.m. Tue. and Wed. 8 a.m. to 9 p.m.
Payment Accepted		Provider Type	Language
❖ EAP ❖ Medicare		❖ Private Insurance ❖ Self-Pay	❖ LCSW-C English Interpreter: No Translator: No
Conditions Served		Treatments and Services	
❖ Anxiety / Phobias ❖ ADHD ❖ Depression ❖ Eating Disorders ❖ PTSD		❖ Anger Management Counseling ❖ Behavioral Treatment ❖ CBT ❖ EFT ❖ Family Counseling ❖ General Counseling	
		❖ Hypnotherapy ❖ Individual Counseling ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Older Adults / Aging Services ❖ Trauma informed	

Julie Parsons, LCSW-C

Address		Contact	Hours
7675 Tred Avon Cir. Easton, MD 21601		Phone: 202-641-3465 Email: julie4therapy@gmail.com Website: www.julie4therapy.com	Hours vary depending on client needs
Payment Accepted		Provider Type	Language
❖ Blue Cross Blue Shield ❖ Self-Pay		❖ LCSW-C	English Interpreter: No Translator: No
Conditions Served		Treatments and Services	
❖ Anxiety / Phobias ❖ Depression ❖ Eating Disorders		❖ CBT ❖ EFT ❖ Individual Counseling ❖ Psychodynamic Psychotherapy	

Kaitlin M. Waldrip, LCSW-C

Address		Contact	Hours
5 E. Earle Ave. Easton, MD 21601		Phone: 443-786-0073 Email: kwaldrip@goeaston.net Website: www.kwaldriptherapy.com	Mon. – Tues. 8 a.m. to 9 p.m. Thur. 10 a.m. to 9 p.m. Fri. 8 a.m. to 5 p.m.
Payment Accepted		Provider Type	Language
❖ Private Insurance ❖ Self-Pay		❖ Sliding Scale Fee ❖ LCSW-C	English Interpreter: No Translator: No
Conditions Served		Treatments and Services	
❖ Anxiety / Phobias ❖ ADHD		❖ Personality Disorders ❖ PTSD ❖ Adult Bonding / Attachment Issues ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling	
		❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling	

Kaitlin M. Waldrip, LCSW-C

❖ Bipolar Disorder	❖ Sexual Disorders	❖ CBT	❖ Mental Health Evaluation and Treatment
❖ Depression	❖ Relationship Issues	❖ Crime Victim / Witness Counseling	❖ Private Psychotherapy
❖ Eating Disorders		❖ EMDR	❖ Trauma Informed
		❖ General Counseling	
		❖ Group Counseling	

Katharine Petzold, LCSW-C

Address	Contact	Payment Accepted	Provider Type	Language
3 North Harrison St. Suite 206 Easton, MD 21601	Phone: 410-819-2150 Email: klp@klptherapy.com Website: www.klptherapy.com	❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ LCSW-C	English Interpreter: No Translator: No
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Self-Injurious Behaviors		❖ CBT ❖ General Counseling ❖ Individual Counseling ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Telepsychiatry/Telemental Health ❖ Trauma Informed		

Kim Chase, LCSW-C

Address	Contact	Hours	Counties	Ages
Telehealth only	Phone: 410-725-6965 Email: Kimchase.associates@gmail.com Website: www.kim-chase.clientsecure.me	Mon. -Thurs. 10 a.m. to 3 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, All MD Counties	21-71+
Payment Accepted		Provider Type	Language	
❖ Blue Cross Blue Shield ❖ CareFirst		❖ LCSW-C	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
❖ Bereavement and Grief ❖ Depression ❖ Family / Relationship Issues ❖ Mood Disorders ❖ Stress ❖ Trauma		❖ Anger Management Counseling ❖ Behavioral Therapy ❖ CBT ❖ General Counseling ❖ Geriatric Counseling ❖ Individual Counseling ❖ Life Coaching – Adult ❖ Life Counseling ❖ Private Psychotherapy ❖ Solution Focused ❖ Telehealth Services		
Kim Chase strives to offer compassionate, nonjudgmental care.				

Lighthouse Christian Counseling LLC

Address	Contact	Hours	Counties	Ages
605 Main St. Suite 203 Stevensville, MD 21666	Phone: 410-758-4800 Fax: 443-262-9697 Email: Juliehickson@lcclightingtheway.com Website: www.Lcclightingtheway.com	Mon. – Fri. 10 a.m. to 6 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	6-71+
Payment Accepted			Provider Type	Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna	❖ EAP ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ United Healthcare		❖ LCSW-C	English Interpreter: No Translator: No
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Depression ❖ Domestic Violence ❖ Eating Disorders	❖ Family / Relationship Issues ❖ Hoarding Behaviors ❖ Mood Disorders ❖ Postpartum Depression ❖ Self-Injurious Behaviors ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking	❖ Anger Management Counseling ❖ Behavioral Modification/ Treatment ❖ Bereavement and Grief Counseling ❖ Christian / Pastoral Counseling ❖ Couples and Relationship Counseling	❖ EAP ❖ Family Counseling ❖ General Counseling ❖ Individual Counseling ❖ Internet Access ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Parent Counseling ❖ Telehealth Services	

Manuel L. Morales, PhD

Address	Contact	Hours	Provider Type	Language
116 Sout Piney Rd. Chester, MD 21619	Phone: 410-643-8077 Fax: 410-643-3777	Tues. and Thurs. 3 p.m. to 8 p.m.		
Payment Accepted		Provider Type	Language	
❖ Medicare ❖ Private Insurance	❖ Self-Pay ❖ Sliding Scale Fee	❖ PhD	English Interpreter: Yes - Spanish Translator: No	
Conditions Served		Treatments and Services		
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder	❖ Depression ❖ PTSD ❖ TBI	❖ Behavioral Treatment ❖ CBT	❖ Mental Health Evaluation and Treatment ❖ Psychological Testing	

Martha Gale Tucker, LCSW-C

Address	Contact	Hours	Counties Served	Ages
408 Pear Tree Point Rd. Chestertown, MD 21620	Phone: 410-310-8414 Email: gale@chesarch.com	Mon., Tue., Wed. 9 a.m. to 5 p.m. Thur. 9 a.m. to 12 p.m.	Caroline, Kent, Queen Anne's, Talbot	6-71+
Payment Accepted		Provider Type	Language	
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst	❖ Humana ❖ Johns Hopkins ❖ Medicare	❖ Sliding Scale Fee ❖ Tricare ❖ United Healthcare	❖ LCSW-C	English Interpreter: No Translator: No

Martha Gale Tucker, LCSW-C

❖ Cigna	❖ Self-Pay	
Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ ADHD ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Depression ❖ Family / Relationship Issues ❖ Mood Disorders 	<ul style="list-style-type: none"> ❖ Behavioral Therapy / Treatment ❖ Bereavement and Grief Counseling ❖ CBT ❖ Couples and Relationship Counseling ❖ General Counseling ❖ Geriatric Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues 	<ul style="list-style-type: none"> ❖ Life Counseling ❖ Marriage Counseling ❖ Mindfulness Based Therapy ❖ Parent Counseling ❖ Postpartum Depression ❖ Stress ❖ Telehealth Services
<p>Martha Gale Tucker's mission is to help individuals, families and couples get through difficult times with positive coping skills</p>		

Paul J. Washo, LCSW-C

Address	Contact	Hours	Counties	Ages
770 Port St. Easton, MD 21601	Phone: 410-819-8272 Fax: 410-763-8758 Email: mycoachpaul@comcast.net Website: www.therapists.psychologytoday.com/35897	By appointment 2 p.m. to 7 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-71+
Payment Accepted	Provider Type	Language		
<ul style="list-style-type: none"> ❖ EAP ❖ Self-Pay 	❖ LCSW-C	English Interpreter: No Translator: No		
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Depression ❖ Mood Disorders ❖ PTSD ❖ Stress 	<ul style="list-style-type: none"> ❖ Behavioral Treatment ❖ Couples and Relationship Counseling ❖ EAP ❖ Evidenced Based Practice ❖ Individual Counseling ❖ LGBTQ+ Education, Support, and Advocacy 	<ul style="list-style-type: none"> ❖ LGBTQ+ Family Support and Referrals ❖ Life Coaching – Adult ❖ Life Counseling ❖ Marriage Counseling ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Private Psychotherapy ❖ Telehealth Services 		
<p>Solutions-focused, strengths-based therapist offering a continuum of care including client-centered, solutions-focused, private Psychotherapy and Life Coaching services. Solutions-Focused Interventions tailored to individual and couples' needs.</p>				

R Hutchison Behavioral Health & Consultation Services

Address	Contact	Hours	Counties	Ages	
8221 Teal Dr. Suite 429 Easton, MD 21601	Phone: 410-253-2824 Fax: 855-273-7002 Email: r.hutchisonLLC@outlook.com	Varies – call for more information	Talbot	0-70	
Payment Accepted			Provider Type	Language	
<ul style="list-style-type: none"> ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Medicare 		<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay 		<ul style="list-style-type: none"> ❖ LCSW-C 	English Interpreter: No Translator: No
Conditions Served		Treatments and Services			
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma ❖ Depression 		<ul style="list-style-type: none"> ❖ Family / Relationship Issues ❖ Mood Disorders ❖ Postpartum Depression ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stress ❖ Trauma ❖ Victims of Human Trafficking 			
		<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Anger Management Counseling ❖ Behavioral Treatment ❖ Certified Trauma Therapy ❖ Child and Family Services ❖ CBT ❖ EFT ❖ Evidenced Based Practice ❖ General Mental Health Information/Education ❖ Individual Counseling 			
		<ul style="list-style-type: none"> ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Family Support and Referrals ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment ❖ Mindfulness Based Therapy ❖ Pet Assisted Therapy ❖ Play Therapy ❖ Private Psychotherapy ❖ Telehealth Services ❖ Trauma-Focused CBT 			
Our mission is to provide mental health treatment that is individually tailored to each person's need.					

Rhythmic Foundations, LLC – Amanda McEntegart, MT-BC

Address	Contact	Hours	Payment	Provider	Language
Call for Information	Phone: 410-829-9281 Email: info@rfmusictherapy.com Website: www.rfmusictherapy.com	Call for information	<ul style="list-style-type: none"> ❖ LLC Network Provider ❖ Private Pay 	<ul style="list-style-type: none"> ❖ MT-BC 	English Interpreter: No Translator: No
Rhythmic Foundations, LLC's goal is to provide that foundation for individuals to accomplish various goals to maintain and enhance quality of life.					

The Visiting Counselor, Lisa May, LCSW-C

Address		Contact	Hours
27203 Chipmans Ln. Federalsburg, MD 21632 No office visits		Phone: 410-754-9141 Email: thevisitingcounselor@gmail.com Website: www.thevisitingcounselor.com	Mon. – Fri. by appointment only
Payment Accepted		Provider Type	Language
❖ Grant Funds ❖ Medicare	❖ Self-Pay ❖ Sliding Scale Fee	❖ CT - Grief ❖ LCSW-C	English Interpreter: No Translator: No
Conditions Served	Treatments and Services		
❖ Depression ❖ Physical Disabilities ❖ PTSD	❖ Bereavement and Grief Counseling ❖ CBT ❖ Disability Related Counseling ❖ Family Counseling ❖ General Mental Health Information/Education ❖ Geriatric Assessment ❖ Individual Counseling ❖ Mental Health Evaluation and Treatment ❖ Trauma Informed		
The Visiting Counselor provides house calls for individuals and their families dealing with chronic or terminal illness.			

Valerie Lamont, PhD, LCPC

Address		Contact	Hours
114 N. Washington St. Room 30 Easton, MD 21601		Phone: 410-819-0001 Fax: 410-819-0001 Email: docval114@aol.com	Wed., Thur., Fri. 9 a.m. to 3 p.m. Sat. morning by appointment
Payment Accepted		Provider Type	Language
❖ Self-Pay ❖ Sliding Scale Fee ❖ Private Insurance	❖ LCPC ❖ PhD		English Interpreter: No Translator: No
Conditions Served	Treatments and Services		
❖ ADHD ❖ Anger Management Counseling ❖ Anxiety / Phobias ❖ Behavioral Therapy / Treatment ❖ Bereavement and Grief Counseling ❖ Bipolar Disorder ❖ Career Counseling	❖ CBT ❖ Depression ❖ EAP Referrals ❖ Family Counseling ❖ General Counseling ❖ Personality Disorders ❖ Relationship Issues ❖ Geriatric Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Life Stage Aging ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment		

Substance-Related Disorders & Addiction Services

A.F. Whitsitt Center				
Address	Contact	Hours	Counties Served	Ages
300 Scheeler Rd. Chestertown, MD 21620	Phone: 410-778-6404 Fax: 855-719-2502 Email: whitadmin@maryland.gov Website: www.kenthd.org	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	18-71+
Payment Accepted		Provider Type		Language
❖ CareFirst	❖ Self-Pay	❖ ADT	❖ CRNP-PMH	❖ MD
❖ Grant Funds	❖ Uninsured Eligible	❖ CAC-AD	❖ DCA/CNA	❖ Nurse
❖ Public Behavioral Health (Medicaid)		❖ CHOW	❖ LCSW-C	❖ Peer Support Specialist
		❖ CRNP	❖ LMSW	❖ RN
				English Interpreter: Yes Translator: On call
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ ADHD ❖ Benzodiazepine Use ❖ Bipolar Disorder ❖ Cocaine Use ❖ Co-Occurring ❖ Depression ❖ Hallucinogen Use ❖ Heroin Use ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Inhalant Use (Huffing) ❖ Opiate Use ❖ Physical Disabilities ❖ Painkiller Use ❖ PTSD ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Stimulant Use ❖ Substance Use /Dependence 	<ul style="list-style-type: none"> ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Treatment ❖ Buprenorphine ❖ CBT ❖ Court Ordered SUD Inpatient Treatment ❖ Crisis Intervention / Stabilization ❖ Crisis Residential Treatment - Substance Use ❖ Detoxification ❖ Drug Testing ❖ Dual Diagnosis Groups ❖ Exercise ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Group Counseling 	<ul style="list-style-type: none"> ❖ Health Improvement Programs ❖ Individual Counseling ❖ Interactive Groups ❖ LGBTQ+ Issues ❖ Limited Physical Disability Capable ❖ MAT ❖ Men's Group ❖ Mental Health Evaluation and Treatment ❖ Methadone ❖ Motivational Interviewing ❖ Narcan Training, Education and Distribution ❖ Nurse Monitoring ❖ Peer Support ❖ Psychiatric Assessment 	<ul style="list-style-type: none"> ❖ Psychiatric Medication Services ❖ Relapse Prevention ❖ Residential Treatment ❖ Social Learning ❖ Solution Focused ❖ Suboxone ❖ Substance Use Inpatient (<30 days and <60 days) ❖ Substance Use Inpatient Co-Occurring (<30 days and <60 days) ❖ Subutex ❖ Tobacco Cessation ❖ Veteran Services ❖ Vivitrol ❖ Walk-In ❖ Withdrawal Management ❖ Women's Group 	
<p>The A.F. Whitsitt Center (AFWC) is an Intermediate Care Facility for individuals experiencing substance use and/or mental health disorders. AFWC's mission is to help those affected by behavioral health disorders achieve a better quality of life through prevention, intervention, comprehensive treatment, and recovery support services. AFWC is CARF accredited and provides a continuum of care, including medically monitored detox, inpatient residential</p>				

treatment, and Medication Assisted Treatment (MAT). The facility also offers crisis/stabilization beds through the State Opioid Response grant in collaboration with MSBH and BHA.

Anne Arundel Counseling, Inc.

Address	Contact	Hours
<ul style="list-style-type: none"> ❖ 7310 Ritchie Highway Ste. 1009 Glen Burnie, MD 21061 ❖ 633 Railroad Ave. Centreville, MD 21617 ❖ 101 Log Canoe Circle Ste. C-3 Stevensville, MD 21666 	Phone: 410-768-5988 Fax: 410-768-5989 Email: info@annearundelcounseling.com Website: www.annearundelcounseling.com	Mon. – Fri. 8 a.m. to 9 p.m. Sat. 8 a.m. to 5 p.m.

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Substance Use /Dependence 	<ul style="list-style-type: none"> ❖ Behavioral Therapy / Treatment ❖ Case Management ❖ Crisis intervention ❖ DUI/DWI Offender Programs ❖ Emergency Department Care Coordination ❖ Mental Health & Substance Use Services 	<ul style="list-style-type: none"> ❖ Narcan Training, Education and Distribution ❖ Peer Support ❖ Substance Use Education / Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Substance Use Outpatient ❖ Veteran Services

See a complete listing of Anne Arundel Counseling's services on page 9.

Avenues Recovery Center at Eastern Shore

Address	Contact	Hours	Counties	Ages
821 Fieldcrest Rd. Cambridge, MD 21613	Phone: 410-673-4600 Fax: 443-684-2312 Email: admissionsesmd@avenuesrecovery.com Website: www.avenuesrecoverymaryland.com	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	18 - 71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Johns Hopkins 	<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) ❖ Tricare ❖ UMR ❖ United Healthcare 	English Interpreter: No Translator: No

Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Bipolar Disorder ❖ Cocaine Use ❖ Co-Occurring ❖ Heroin Use ❖ Opiate Use ❖ Painkiller Use 	<ul style="list-style-type: none"> ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Treatment ❖ Case Management ❖ CBT ❖ Certified Trauma Therapy ❖ Clinical Group Practice ❖ Crisis Intervention / 	<ul style="list-style-type: none"> ❖ Exercise ❖ Family Counseling ❖ Family Peer Support ❖ Group Counseling ❖ Individual Counseling ❖ LGBTQ+ Family Support and Referrals ❖ Life Counseling ❖ Life Skills Training ❖ MAT ❖ Mental Health Evaluation and 	<ul style="list-style-type: none"> ❖ Psychiatric Case Management ❖ Recovery Support Groups ❖ Relapse Prevention ❖ Residential Treatment ❖ Suboxone ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient (<30 days and <60 days) ❖ Substance Use Inpatient Co-

Avenues Recovery Center at Eastern Shore

<ul style="list-style-type: none"> ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> Stabilization ❖ Crisis Residential Treatment – ❖ Substance Use ❖ DBT ❖ Detoxification ❖ Discharge Planning ❖ Dual Diagnosis Groups ❖ Educational Workshops ❖ EFT ❖ Emotional Regulation Therapy ❖ Equine Assisted Therapy ❖ Evidenced Based Practice 	<ul style="list-style-type: none"> Treatment ❖ Mental Health Related Support Groups ❖ Methadone ❖ Mindfulness Based Therapy ❖ Narcan Training, Education and Distribution ❖ Partial Hospitalization ❖ Peer Support ❖ Program Transportation ❖ Psychiatric Assessment 	<ul style="list-style-type: none"> Occurring (<30 days and <60 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Substance Use Outpatient ❖ Substance Use Partial Hospitalization ❖ Subutex ❖ Trauma-Focused CBT ❖ Vivitrol ❖ Withdrawal Management
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Avenues Recovery is a place where individuals with addictions redefine their lives as they journey through the process of recovery with the help of a dedicated team, individualized tools, and a supportive community.

Balance Point

Address	Contact	Hours	Ages
408B N. Washington St. Easton, MD 21601	Phone: 443-786-2768 or 410-310-3403 Fax: 410-770-7176 Email: b.laznovsky@gmail.com	By appointment only	0-71+
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Crisis Residential Treatment - Substance Use ❖ Detoxification ❖ MAT ❖ Peer Support 	<ul style="list-style-type: none"> ❖ Relapse Prevention ❖ Substance Use Inpatient (<30 days) ❖ Substance Use Inpatient Co-Occurring (<30 days and <60 days) ❖ Withdrawal Management 	

See a complete listing of Balance Point's services on page 10.

BNJ Health Services

Address	Contact	Hours
505 Dutchman's Ln. B-2 Easton, MD 21601	Phone: 410-763-9040 Fax: 410-763-9041	Mon. – Fri. 5 a.m. to 11 a.m. Sat. 6 a.m. to 9:30 a.m.
BNJ offers methadone maintenance, counseling, and referrals.		

Care Coordination by County

Caroline 410-479-8189	Dorchester 410-228-7714 ext. 108	Kent 443-282-4911	Queen Anne's 410-758-1306	Talbot 410-819-5602
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Caroline Behavioral Health

Address	Contact	Hours	Counties
403 S. 7th St. Denton, MD 21629	Phone: 410-479-3800 or 410-479-1882 Fax: 410-479-0052 Website: www.carolinehd.org	Mon. – Fri. 8 a.m. to 5 p.m. Mon., Tues., Thurs. evenings by appointment only	Caroline
Conditions Served		Treatments and Services	
❖ Co-Occurring ❖ Opioid Use Disorder ❖ Substance Use / Dependence	❖ Behavioral Treatment ❖ Care Coordination ❖ Case Management	❖ DUI/DWI Offender Programs ❖ Substance Use Education / Prevention ❖ Substance Use Outpatient	
See a complete listing of Caroline Behavioral Health's services on page 12.			

Chesapeake Treatment Services

Address	Contact	Hours
402 Marvel Ct. Easton, MD 21601	Phone: 410-822-7150 Website: www.chesapeaketreatmentservices.com	Mon. – Fri. 5:30 a.m. to 2 p.m. Sat. 5:30 a.m. to 8:30 a.m.
CTS offers Suboxone and methadone maintenance and provide affordable care in a respectful and welcoming environment for individuals who are suffering with the disease of addiction.		

Chester River Behavioral Health

Address	Contact	Hours
952 Washington Ave. Chestertown, MD 21620	Phone: 410-778-5550 Fax: 410-778-0984 Email: crbh@verizon.net Website: www.chesterriverbehavioral.com	Mon., Thurs. 9 a.m. to 7 p.m. Tue. 9 a.m. to 8 p.m. Wed. 9 a.m. to 6 p.m. Fri. 9 a.m. to 5 p.m.
❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ Drug Testing	❖ Substance Use Education / Prevention ❖ Substance Use Outpatient ❖ Treatment for Adult Children of Alcoholics	
See a complete listing of Chester River's services on page14.		

Corsica River Mental Health Services, Inc.

Address	Contact	Hours	Counties	Ages
<ul style="list-style-type: none"> ❖ 120 Banjo Ln. Centreville MD 21617 ❖ 403 High St. Cambridge MD 21613 ❖ 332 N. Main St. Federalsburg MD 21632 	Phone: 410-758-2211 Fax: 410-758-0698 Email: claypoolec@crmhsinc.com Website: www.crmhsinc.com	Mon. 8 a.m. to 7 p.m. Tues. 8 a.m. to 6:30 p.m. Wed. 8 a.m. to 5 p.m. Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6-71+
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Adolescent Substance Use ❖ Alcohol Use ❖ Amphetamine Use ❖ Benzodiazepine Use ❖ Cocaine Use ❖ Co-Occurring ❖ Hallucinogen Use 	<ul style="list-style-type: none"> ❖ Heroin Use ❖ Inhalant Use (Huffing) ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use 	<ul style="list-style-type: none"> ❖ Opiate Use ❖ Painkiller Use ❖ Stimulant Use ❖ Substance Use /Dependence ❖ Tobacco Use ❖ Vaping Use 	<ul style="list-style-type: none"> ❖ Behavioral Treatment ❖ Care Coordination ❖ Case Management ❖ Court-Ordered Substance Use Testing ❖ Discharge Planning ❖ Drug Testing 	<ul style="list-style-type: none"> ❖ Dual Diagnosis Groups ❖ Resource Materials ❖ School Based Mental Health and Substance Use Education ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Outpatient ❖ Treatment for Adult Children of Alcoholics ❖ Urinalysis
See a complete listing of Corsica River's services on page 16.				

Choptank Recovery

Address	Contact	Hours	Counties	Ages
204 N. Main St. Greensboro, MD 21639	Phone: 410-482-4089 Email: sarah.gray@choptankrecovery.com Website: www.choptankrecovery.org	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-70
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Uninsured Eligible 	<ul style="list-style-type: none"> ❖ Addictions Counselor ❖ CAC-AD ❖ Case Manager ❖ CSC-AD 	<ul style="list-style-type: none"> ❖ LCSW ❖ LCSW-C ❖ LMSW ❖ Peer Support Specialist 	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Benzodiazepine Use ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression 	<ul style="list-style-type: none"> ❖ Heroin Use ❖ Inhalant Use (Huffing) ❖ Mood Disorders ❖ Opiate Use ❖ PTSD ❖ Methamphetamine Use ❖ Stimulant Use ❖ Substance Use / Dependence ❖ Tobacco Use 	<ul style="list-style-type: none"> ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Anger Management Counseling / Therapy ❖ Case Management ❖ Discharge Planning ❖ Motivational Interviewing ❖ Narcan Training, Education and Distribution ❖ Peer Support 	<ul style="list-style-type: none"> ❖ Recovery Support Groups ❖ Relapse Prevention ❖ Residential Treatment ❖ Social Work ❖ Substance Use Inpatient Co-Occurring (<60 days) ❖ Telehealth Services ❖ Transportation Assistance ❖ Urinalysis 	



Choptank Recovery's goal is to inspire hope, willingness, and enthusiasm towards recovery in a structured, safe atmosphere where individuals can continue to grow their personal recovery through our ongoing commitment to their individualized treatment plan.

CounterPoint Health Services

Address	Contact	Hours	Counties	Ages
7067 Columbia Gateway Dr. #180 Columbia, MD 21046	Phone: 410-929-7225 Fax: 443-333-5434 Email: Resourcecenter@counterpointhealthservices.com Website: www.counterpointhealthservices.com	Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	21-71+
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Benzodiazepine Use ❖ Co-Occurring ❖ Opiate Use ❖ Marijuana Use ❖ Methamphetamine Use ❖ Substance Use / Dependence ❖ Tobacco Use 		<ul style="list-style-type: none"> ❖ Behavioral Modification ❖ Behavioral Treatment ❖ Life Counseling ❖ Private Psychotherapy ❖ Psychiatric Assessment 		
See a complete listing of CounterPoint's services on page 17.				

Cove Behavioral Health & Wellness

Address	Contact	Hours	Counties	Ages
828 Airpax Rd. Building B Cambridge, MD 21613	Phone: 410-548-3333 Fax: 410-548-3347 Email: info@covebhw.com Website: www.covebhw.com	Mon. – Fri. 9 a.m. to 5 p.m. and by appointment	Dorchester, Talbot	6-71+
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Cocaine Use ❖ Co-Occurring ❖ Hallucinogen Use ❖ Heroin Use ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use ❖ Inhalant Use (Huffing) ❖ Opiate Use ❖ Painkiller Use ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Stimulant Use ❖ Substance Use / Dependence 		<ul style="list-style-type: none"> ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Drug Testing ❖ Dual Diagnosis Groups ❖ DUI/DWI Offender Programs ❖ MAT ❖ Relapse Prevention ❖ Substance Use Outpatient ❖ Subutex 		
See a complete listing of Cove Behavioral's services on page 18.				

Dorchester County Behavioral Health

Address	Contact	Hours	Counties	Ages
524 Race St. 1 st Floor Cambridge, MD 21613	Phone: 410-228-7714 Fax: 410-228-8049 Website: www.dorchesterhealth.org	Mon. – Thurs. 8 a.m. to 8 p.m. Fri. 8 a.m. to 5 p.m.	Dorchester	13-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ EAP ❖ Humana ❖ Johns Hopkins	❖ Kaiser ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ Uninsured Eligible	❖ Addictions Counselor ❖ CAC-AD ❖ CSC-AD ❖ LCPC ❖ LCSW-C	❖ LGPC ❖ LMSW ❖ MD ❖ Peer Support Specialist	English Interpreter: On Call Translator: Yes
Conditions Served		Treatments and Services		
❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Amphetamine Use ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Cocaine Use ❖ Co-Occurring ❖ Complex Trauma ❖ Depression ❖ Developmental Disabilities ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Hallucinogen Use ❖ Heroin Use ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use	❖ Inhalant Use (Huffing) ❖ Mood Disorders ❖ Opiate Use ❖ Personality Disorders ❖ Painkiller Use ❖ PTSD ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Stimulant Use ❖ Stress ❖ Substance Use / Dependence ❖ Tobacco Use ❖ Trauma ❖ TBI ❖ Vaping Use	❖ Adult Assessment ❖ Advocacy ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Behavioral Modification ❖ Behavioral Therapy ❖ Care Coordination Referral Services ❖ Case Management ❖ CBT ❖ Conflict Resolution ❖ Court-Ordered Substance Use Testing ❖ Court-Ordered Therapy ❖ Crisis Intervention / Stabilization ❖ Discharge Planning ❖ Drug Testing ❖ Dual Diagnosis Groups ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ Health Improvement Programs ❖ Individual Counseling	❖ Interactive Groups ❖ Jail Based Substance Use Treatment ❖ Legal Advocacy ❖ MAT ❖ Mindfulness Based Therapy ❖ Motivational Interviewing ❖ Narcan Training and Distribution ❖ Program Transportation ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Relapse Prevention ❖ Resource Materials ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education /Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Trauma-Focused CBT ❖ Walk-In ❖ Youth Substance Use Treatment	
Dorchester County Behavioral Health (DCBH) provides comprehensive SUD assessment for adolescents/adults in Dorchester County as well as education/prevention, Level I, and Level II outpatient SUD and Co-Occurring treatment services with day/evening hours. DCBH has a 12-hour DWI/DUI offender program, MAT services, psychiatric services, telehealth services, and referral for residential treatment. Services are provided in group and individual treatment settings.				

Dover Behavioral Health Systems			
Address	Contact	Hours	Ages
<ul style="list-style-type: none"> ❖ 725 Horsepond Rd. Dover, DE 19901 ❖ 404 S Bedford St. Georgetown, MD 19947 	Phone: 302-741-0140 or 855-609-9711 Fax: 302-741-8551 Website: www.doverbehavioral.com	24/7	9-71+
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Behavioral Treatment ❖ Detoxification ❖ Substance Use Education / Prevention 	<ul style="list-style-type: none"> ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program 	
See a complete listing of Dover Behavioral's services on page 21.			

Eastern Shore Hospital Center				
Address	Contact	Hours	Counties Served	Ages
5262 Woods Rd. Cambridge, MD 21613	Phone: 410-221-2358 Fax: 410-221-2356 Email: judith.slaughter@maryland.gov Website: www.health.maryland.gov/ESHC	Mon. – Fri. 8 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Somerset, Wicomico, Worcester, Other MD Counties	18-70
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Court-ordered ❖ Forensic ❖ Substance Use/Dependence 	<ul style="list-style-type: none"> ❖ Court-ordered ❖ Forensic ❖ Court-ordered 	<ul style="list-style-type: none"> ❖ Crisis Intervention ❖ Mental Health & Substance Use Services ❖ Substance Use Education/Prevention 		
See a complete listing of Eastern Shore Hospital Center's services on page 22.				

Eastern Shore Psychological Services, LLC			
Address and Contact	Hours	Counties	Ages
<ul style="list-style-type: none"> ❖ 315 High St. Ste. 201 Chestertown, MD 21620 (P) 443-282-0102 ❖ 29520 Canvasback Dr. Easton, MD 21601 (P) 410-822-5007 ❖ 1113 Healthway Dr. Salisbury, MD 21804 (P) 410-334-6961 Email: info@espsmd.com Website: www.espsmd.com	Call to confirm	Mid-Shore Counties and Other MD Counties	6-71+
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Benzodiazepine Use ❖ Co-Occurring ❖ Opiate Use ❖ Painkiller Use ❖ Marijuana Use ❖ Methamphetamine Use ❖ Substance Use / Dependence ❖ Tobacco Use 	<ul style="list-style-type: none"> ❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Buprenorphine ❖ Court-Ordered Substance Use Testing ❖ Dual Diagnosis Groups ❖ DUI/DWI Offender Programs ❖ MAT 	<ul style="list-style-type: none"> ❖ School Based Mental Health and Substance Use Education ❖ Suboxone ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education/Prevention ❖ Substance Use Outpatient ❖ Vivitrol 	
See a complete listing Eastern Shore Psychological Services on page 23.			

Hudson Behavioral Health				
Address	Contact	Hours	Payment	Provider
1505 Emerson Ave. Salisbury, MD 21801	Phone: 410-219-9000 Fax: 410-742-7048 Email: info@hudson-health.org Website: www.hudson-health.org	24/7	❖ Grant Funds ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ ADT ❖ CAC-AD ❖ CRNP ❖ CSC-AD ❖ LCSW-C
Conditions Served		Treatments and Services		
❖ Co-Occurring ❖ Substance Use / Dependence	❖ Case Management ❖ Detoxification ❖ Discharge Planning ❖ Peer Support ❖ Recovery House / Halfway House	❖ Recovery Support Groups ❖ Relapse Prevention ❖ Residential Treatment ❖ Substance Use Inpatient (<60 days) ❖ Substance Use Inpatient Co-Occurring (<60 days) ❖ Withdrawal Management		
Hudson Behavioral Health provides residential treatment for Substance-Use Disorders and other co-occurring disorders in Salisbury, Maryland. Hudson offers level 3.1, 3.5 and 3.7 residential treatment and recovery housing. The private, non-profit is licensed by the State of Maryland and accredited by The Joint Commission. The organization also operates recovery housing in Georgetown, Delaware and in Salisbury, Maryland.				

Kent County Behavioral Health / Local Addictions Authority (LAA)				
Address	Contact	Hours	Counties	Ages
300 Scheeler Rd. Chestertown, MD 21620	Phone: 443-2824-911 LAA Phone: 410-778-6404 Email: brenna.fox@maryland.gov Website: www.kenthd.org	Mon. – Fri. 7:30 a.m. to 4 p.m.	Kent	0-71+
Conditions Served		Treatments and Services		
❖ Substance use / Dependence	❖ Continuum of Care Services			

Life's Energy Wellness Center				
Address	Contact	Hours of	Counties Served	Ages
2324 West Zion Rd Ste. 112 Salisbury, MD 21801	Phone: 800-867-2395 Fax: 410-443-0842 Email: lewcinc@lewcinc.org Website: www.lewcinc.org	Mon. - Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Telehealth all MD Counties	0-71+
Conditions Served		Treatments and Services		
❖ Adolescent Substance Use ❖ Alcohol Use ❖ Amphetamine Use ❖ Behavioral Disorders ❖ Benzodiazepine Use ❖ Cocaine Use	❖ Inhalant Use (Huffing) ❖ Opiate Use ❖ Painkiller Use ❖ Prenatal Care for People in Addiction ❖ Marijuana Use ❖ Methamphetamine Use	❖ Alcohol, Tobacco, and Other Drug Education Workshops ❖ Breathalyzer Testing ❖ Buprenorphine ❖ Care Coordination ❖ Case Management ❖ Court-Ordered Substance Use Testing ❖ Detoxification	❖ Sublocade ❖ Suboxone ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education /Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program	

Life's Energy Wellness Center

❖ Co-Occurring	❖ Mushroom Use	❖ Drug Testing	❖ Substance Use Outpatient
❖ Hallucinogen Use	❖ Stimulant Use	❖ Dual Diagnosis Groups	❖ Subutex
❖ Heroin Use	❖ Substance Use /Dependence	❖ DUI/DWI Offender Programs	❖ Tobacco Cessation
❖ K2 (Spice) Use	❖ Tobacco Use	❖ MAT	❖ Treatment for Adult Children of Alcoholics
❖ Ketamine Use	❖ Vaping Use	❖ Medication Disposal	❖ Underage Drinking Prevention
❖ Kratom Use		❖ Narcan Training, Education and Distribution	❖ Urinalysis
		❖ Recovery Support Groups	❖ Vivitrol
		❖ Relapse Prevention	❖ Withdrawal Management
		❖ School Based Mental Health and Substance Use Education	❖ Youth Substance Use Treatment

See a complete listing of Life's Energy services on page 29.

Lower Shore Clinic, Inc

Address	Contact	Hours
505 E. Main St. Salisbury, MD 21804	Phone: 410-341-3420 Fax: 443-859-7774 Website: www.lowershoreclinic.org	Mon., Thur. 8 a.m. to 8 p.m. Tue. and Wed. 8 a.m. to 5 p.m. Fri. 8 a.m. to 4 p.m.
Conditions Served	Treatments and Services	
❖ Co-Occurring ❖ Substance Use / Dependence	❖ Clinical Psychiatric Evaluation ❖ Mobile Treatment - ACT (Assertive Community Treatment Teams) ❖ Psychiatric Medication Services	

See a full listing of Lower Shore Clinic's services on page 31.

Mariah's Mission

Address	Contact	Hours	Counties
28712 Glebe Rd. Suite #5 Easton, MD 21601	Phone: 410- 924-3712 Email: mariahsmmission2014@gmail.com Website: www.mariahsmmission.org	By Appointment Only	All mid-shore counties



Mariah's Mission works to empower those struggling with addiction by providing the resources needed to eliminate the barriers to recovery and by encouraging changes that lead to a healthy and independent life. Mariah's Closet offers free clothing, and the Wheels for Change program offers free bikes to everyone working on their recovery from substance use disorder and/or mental health challenges.

Maryland Center of Excellence on Problem Gambling

Address	Contact	Hours	Counties	Payment
250 W. Pratt St. Suite #1050 Baltimore, MD 21201	Office Phone: 667-214-2120 24/7 Hotline: 1-800-GAMBLER Fax: 410-799-4396 Email: info@mdproblemgambling.com Website: www.mdproblemgambling.com	24/7	All Maryland counties	❖ Free
Conditions Served	Treatments and Services			

Maryland Center of Excellence on Problem Gambling

- | | | |
|--------------------|----------------|-------------|
| ❖ Problem Gambling | ❖ Peer Support | ❖ Referrals |
|--------------------|----------------|-------------|

The Maryland Center of Excellence on Problem Gambling (the Center) offers a free and confidential 24-hour Helpline – 1-800-GAMBLER - for those struggling with problems due to gambling. The Center offers Peer Recovery Support for individuals dealing with problem gambling and can provide referrals to no-cost counseling to anyone, regardless of insurance coverage or ability to pay.

Maryland Family and Youth Interventions for Substance Use (Maryland FYI)

Email: mambrose@som.umaryland.edu **Website:** www.csmh-5679b.gr8.com



Maryland Family and Youth Interventions for Substance Use (FYI) is based out of National Center for School Mental Health (NCSMH) University of Maryland School of Medicine Child & Adolescent Psychiatry and offers an array of free training and support opportunities for school-based staff and community providers serving school-aged children and youth in Maryland.

Maryland Quitline

Phone: 1-800-QUITNOW (784-8669) **Website:** www.smokingstopshere.com or www.mdquit.org



The Maryland Quitline offers free and confidential support and resources to Marylanders of all counties.

MarylandROTA


Contact	Counties	Ages
Phone: 301-405-6727 Email: marylandrota@umd.edu Website: www.marylandrota.org	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Allegany, Anne Arundel, Calvert, Carroll, Cecil, Charles, Frederick, Garrett, Harford, Howard, St. Mary's, Somerset, Washington, Wicomico, Worcester	13-71+

Treatments and Services	Language
<ul style="list-style-type: none"> ❖ Advocacy ❖ Educational Workshops ❖ General Mental Health Information/Education ❖ Life Skills Training ❖ Substance Use Education / Prevention ❖ Technical Assistance for Community Prevention Projects 	English, Spanish Interpreter: No Translator: No


MarylandROTA (Rural Opioid Technical Assistance) is part of an initiative by the Substance Abuse and Mental Health Services Administration (SAMHSA) and was established by the University of Maryland (UMD) in partnership with local and state organizations. By developing and delivering training and technical assistance, MarylandROTA aims to strengthen the ability of rural communities in Maryland to help identify, understand, and respond to the opioid epidemic. Our goals are to, first, leverage the existing University of Maryland Extension (UME) programs and system to enhance the ability of rural Maryland communities to identify, understand, and respond to the opioid epidemic. Second, we strive to serve rural communities throughout Maryland by increasing public awareness, understanding, and skills to respond to opioid misuse and decrease overdoses and deaths, which is in alignment with state goals.



Mid-Shore Restoring Hope in Women

Address	Contact	Hours	Counties	Ages
31820 Bittorf Ln. Cordova, MD 21625	Phone: 410-310-9842 Email: hopeinwomen13@gmail.com Website: www.restoringhopeinwomen.org	7 a.m. to 8 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	21-70
Conditions Served			Treatments and Services	
<ul style="list-style-type: none"> ❖ Adolescent Substance Use /Dependence ❖ Alcohol Use ❖ Amphetamine Use ❖ Domestic Violence 	<ul style="list-style-type: none"> ❖ Heroin Use ❖ Marijuana Use ❖ Methamphetamine Use ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Returning Citizen (Ex-Offender) Halfway House ❖ Temporary Financial Assistance ❖ Transitional Housing 		
				
<p>Mid-Shore Restoring Hope in Women supplies funds for those needing financial help paying to get into recovery housing. Services are free.</p>				

Minary's Dream Alliance - Club F.E.A.R.

Address	Contact	Counties
Club F.E.A.R. North <ul style="list-style-type: none"> ❖ American Legion 36 and Caroline County YMCA Club F.E.A.R. South: <ul style="list-style-type: none"> ❖ Harvesting Hope and Dorchester Center for The Arts 	Phone: 302- 566-8160 Email: minarysdreamalliance@gmail.com Website: www.minarysdreamalliance.org	Caroline, Dorchester, Kent, Queen Anne's, Talbot
 <p>Facilitated by Minary's Dream Alliance, Inc., Club F.E.A.R. (Face Everything And Rise) is the mid-shore's Adolescent Clubhouse for youth aged 12-17 impacted by, affected by, or diagnosed with an opioid use disorder as well as their families Services include SUD education, self-care and social skills development, peer recovery support, age and developmentally appropriate recovery support groups, resource linkage, recovery-related workshops, and family engagement events.</p>		

Pyramid Walden

Address	Contact	Hours	Counties	Ages
30007 Bus Center Dr. Charlotte Hall, MD 20622	Phone: 301-447-8860 Fax: 814-946-1260 Email: wbhadmissions@pyramidwalden.com Website: www.pyramidwalden.com	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ DDA Funding ❖ Delaware Medicaid ❖ DORS ❖ EAP 	<ul style="list-style-type: none"> ❖ MCHP ❖ Maryland Choices Provider ❖ Public Behavioral Health (Medicaid) ❖ Scholarship Assistance ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ UMR 	<ul style="list-style-type: none"> ❖ ADT ❖ CAC-AD ❖ Case Manager ❖ CHOW ❖ Community Healthcare Navigator ❖ CRNP ❖ CRNP-PMH ❖ CSC-AD ❖ Holistic / Alternative Healer ❖ LCADC 	<ul style="list-style-type: none"> ❖ LCSW ❖ LCSW-C ❖ LGPC ❖ LMFT ❖ LMSW ❖ MD ❖ Nurse ❖ PA-C ❖ PhD ❖ PMH-C 	American Sign Language (ASL), English, Spanish Interpreter: No Translator: Yes

Pyramid Walden

- | | | | |
|--|---|---|---|
| <ul style="list-style-type: none"> ❖ Grant Funds ❖ Johns Hopkins | <ul style="list-style-type: none"> ❖ Uninsured Eligible ❖ United Healthcare | <ul style="list-style-type: none"> ❖ LCDC ❖ LCPAT ❖ LCPC | <ul style="list-style-type: none"> ❖ Psy D ❖ RN ❖ Specialist |
|--|---|---|---|

Conditions Served

- ❖ Alcohol Use
- ❖ Amphetamine Use
- ❖ Behavioral Disorders
- ❖ Benzodiazepine Use
- ❖ Cocaine Use
- ❖ Co-Occurring
- ❖ Hallucinogen Use
- ❖ Heroin Use
- ❖ Hoarding Behaviors
- ❖ K2 (Spice) Use
- ❖ Ketamine Use
- ❖ Kratom Use
- ❖ Inhalant Use (Huffing)
- ❖ Opiate Use
- ❖ Painkiller Use
- ❖ Prenatal Care for People in Addiction
- ❖ Marijuana Use
- ❖ Methamphetamine Use
- ❖ Mushroom Use
- ❖ Stimulant Use
- ❖ Substance Use / Dependence
- ❖ Tobacco Use
- ❖ Vaping Use

Treatments and Services

- ❖ Adult Assessment
- ❖ Alcohol, Tobacco, and Other Drug Education Workshops
- ❖ Behavioral Therapy
- ❖ Breathalyzer Testing
- ❖ Buprenorphine
- ❖ Care Coordination and Referral Services
- ❖ Case Management
- ❖ Clinical Group Practice
- ❖ Court-Ordered Substance Use Testing
- ❖ Court-Ordered Therapy
- ❖ Crisis Intervention / Stabilization
- ❖ Crisis Residential Treatment - Substance Use
- ❖ Detention Center Case Management
- ❖ Detoxification
- ❖ Discharge Planning
- ❖ Drug Testing
- ❖ Dual Diagnosis Groups
- ❖ DUI/DWI Offender Programs
- ❖ Family Peer Support
- ❖ Jail Based Substance Use Treatment
- ❖ Medication Assisted Treatment (MAT)
- ❖ Medication Disposal
- ❖ Methadone
- ❖ Narcan Training, Education and Distribution
- ❖ Peer Support
- ❖ Recovery House / Halfway House
- ❖ Recovery Support Groups
- ❖ Referrals - Assessment, Treatment, and Medication Management
- ❖ Relapse Prevention
- ❖ Residential Treatment
- ❖ School Based Mental Health and Substance Use Education
- ❖ Sublocade
- ❖ Suboxone
- ❖ Substance Use Disorder Evaluation and Treatment
- ❖ Substance Use Inpatient (<30 days and <60 days)
- ❖ Substance Use Inpatient Co-Occurring (<30 days and 60 days)
- ❖ Substance Use Intensive Outpatient
- ❖ Substance Use Intervention Program
- ❖ Substance Use Outpatient
- ❖ Substance Use Partial Hospitalization
- ❖ Subutex
- ❖ Tobacco Cessation
- ❖ Underage Drinking Prevention
- ❖ Urinalysis
- ❖ Vivitrol
- ❖ Withdrawal Management



WALDEN

A Pyramid Healthcare Company

Walden's mission is to contribute to the wellbeing of the communities we serve by providing a comprehensive array of trauma-informed behavioral health and recovery support services. Visit website for full list of services.

Queen Anne's County Health Department – Alcohol and Drug Abuse Services

Address	Contact	Hours	Counties	Ages
205 N. Liberty St. Centreville, MD 21617	Phone: 410-758-1306 Fax: 410-758-2133 Website: www.qahealth.org	Mon. – Fri. 8 a.m. to 4:30 p.m.	Queen Anne's	18+

Payment Type	Provider	Treatments and Services	
<ul style="list-style-type: none"> ❖ Free ❖ Grant funds 	<ul style="list-style-type: none"> ❖ Clinicians ❖ LCADC 	<ul style="list-style-type: none"> ❖ Care Coordination ❖ Community Education and Awareness ❖ Fentanyl Test Strips ❖ MAT ❖ Naloxone Training ❖ Peer led recovery groups ❖ Peer Support 	<ul style="list-style-type: none"> ❖ Pre-Trial ❖ Prevention Services ❖ Recovery Housing assistance and referrals ❖ Temporary Cash Assistance ❖ Treatment Referrals

Queen Anne's County Health Department provides Care Coordination and Referrals - Assessment, Treatment, and Medication Management.

Substance Abuse and Mental Health Services Administration (SAMHSA)

Contact	Hours	Counties	Ages
Phone: 1-877-SAMHSA-7 (726-4727) Website: www.samhsa.gov	24/7	Country -wide	18-71+

Find behavioral health services and resources near you: www.samhsa.gov/find-treatment.

SUN Behavioral Delaware

Address	Contact	Hours	Counties Served	Ages
21655 Biden Ave. Georgetown, DE 19947	Phone: 302-604-5600 Fax: 302-450-1177 Email: info@sundelaware.com Website: www.sundelaware.com	24/7	All Maryland Counties	13-71+

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ Schizophrenia 	<ul style="list-style-type: none"> ❖ Adult Day Programs ❖ Art Therapy ❖ Behavioral Treatment ❖ CBT ❖ Crisis intervention ❖ Detoxification ❖ Dialectical Behavioral Therapy ❖ EFT ❖ General Counseling ❖ Group Counseling ❖ LGBTQ+ Issues ❖ Mental Health Evaluation and Treatment ❖ Psychiatric Assessment 	<ul style="list-style-type: none"> ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Telepsychiatry/Telemental Health ❖ Trauma Informed ❖ Veteran Services ❖ Walk-In

See a complete listing of Sun Behavioral's services on page 38.

Talbot County Health Department - Alcohol and Drug Services (TCAP)

Address	Contact	Hours	Counties Served
100 S. Hanson St. Easton, MD 21601	Phone: 410-819-5600 Fax: 410-819-5691 Website: www.talbothealth.org	Mon. – Fri. 8 a.m. to 4:30 p.m.	Talbot
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Buprenorphine ❖ Care Coordination Referral Services ❖ County Navigator for Pregnant Women/ Women with Children 	<ul style="list-style-type: none"> ❖ Narcan Training, Education and Distribution ❖ Peer Support ❖ Substance Use Education / Prevention ❖ Tobacco Cessation 	
<p>The Talbot County Addictions Program (TCAP) provides care coordination services and peer recovery support to adults and their families who are experiencing problems with alcohol and/or other drugs. TCAP provides screenings and referrals for addiction services, as well as assistance with the Medicaid and Health Choice insurance application process for those who qualify.</p>			

Talbot Partnership

Address	Contact	Hours	Counties Served
28712 Glebe Rd. Suite 5 Easton, MD 21601	Phone: 410-819-8067 Email: info@talbotpartnership.org Website: www.talbotpartnership.org	Mon. – Fri. 8 a.m. to 3 p.m.	Talbot
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Emotion Coaching for Parents, Guardians, Caregivers 	<ul style="list-style-type: none"> ❖ Life Coaching – Youth ❖ Substance Use Education / Prevention 	
<p>Talbot Partnership helps kids feel better, do better, fit in and have fun – without drugs.</p>			

Talbot Goes Purple

Email: talbotgoespurple@gmail.com **Website:** www.talbotgoespurple.org



Talbot Goes Purple (TGP) is a substance abuse prevention program that will engage the community and youth to stand up against substance abuse. For TGP's Interactive Resource Tool visit resourcelink.talbotgoespurple.org.

University of Maryland Shore Behavioral Health Services Substance Disorders Program

Address	Contact	Hours	Counties	Ages
219 S Washington St. Easton, MD 21601	Phone: 410-822-1000 ext. 5452 Fax: 410-819-8736 Website: www.umms.org/shore/health-services/behavioral-health	Mon. – Fri. 9 a.m. to 5 p.m. Groups in evening	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+
Payment Accepted		Provider Type		Language
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna 	<ul style="list-style-type: none"> ❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ United Healthcare 	<ul style="list-style-type: none"> ❖ Addictions Counselor ❖ CAC-AD ❖ Interns 	<ul style="list-style-type: none"> ❖ MD ❖ Peer Support Specialist ❖ RN 	<p>English</p> <p>Interpreter: No</p> <p>Translator: Yes</p>
Conditions Served	Treatments and Services			

University of Maryland Shore Behavioral Health Services Substance Disorders Program

<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Benzodiazepine Use ❖ Cocaine Use ❖ Co-Occurring ❖ Heroin Use ❖ Inhalant Use (Huffing) ❖ K2 (Spice) Use ❖ Ketamine Use ❖ Kratom Use 	<ul style="list-style-type: none"> ❖ Marijuana Use ❖ Methamphetamine Use ❖ Mushroom Use ❖ Opiate Use ❖ Painkiller Use ❖ Stimulant Use ❖ Substance Use / Dependence ❖ Vaping Use 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Behavioral Modification ❖ Breathalyzer Testing ❖ CBT ❖ Court-Ordered Substance Use Testing ❖ Court-Ordered Therapy ❖ Discharge Planning ❖ Drug Testing ❖ DUI/DWI Offender Programs ❖ Family Counseling ❖ Family Peer Support ❖ Group Counseling 	<ul style="list-style-type: none"> ❖ Individual Counseling ❖ MAT ❖ Peer Support ❖ Recovery Support Groups ❖ Relapse Prevention ❖ Resource Materials ❖ Substance Use Disorder Evaluation and Treatment ❖ Substance Use Education / Prevention ❖ Substance Use Intensive Outpatient ❖ Substance Use Outpatient ❖ Telehealth Services ❖ Vivitrol
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Services care for those in our community that need assistance with substance disorder difficulties.

Warwick Manor Behavioral Health

Address	Contact	Hours
3680 Warwick Rd. East New Market, MD 21631	Phone: 410-943-8108 Fax: 410-943-3976 Website: www.warwickmanor.org	Mon., Wed., Fri. 8 a.m. to 5 p.m. Tues., Thur. 8 a.m. to 7:30 p.m. Weekends available
Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Substance Use /Dependence 	<ul style="list-style-type: none"> ❖ Ambulatory Detoxification ❖ Crisis intervention ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient (<30 days) 	<ul style="list-style-type: none"> ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Partial Hospitalization



Warwick Manor Behavioral Health, Inc.

Warwick Manor Behavioral Health (WMBH) specializes in co-occurring diagnosis and treatment and provides inpatient, PHP, IOP, and outpatient services.

Certified Recovery Houses

Queen Anne's County	Dorchester County	
Oxford House	Awaken Recovery Foundation	The Gratitude House
barry.stewart@oxfordhouse.org www.oxfordhouse.org 240-457-2094	ashleyrogers@awakenrecovery.org seanbaker@awakenrecovery.org www.awakenrecovery.org 410-762-9977	realslow@goeaston.net www.thegratitudehouse.info 410-924-4513

Kent County		
Humble House Recovery	New Heights, LLC	Oxford House
humblehouserecovery@gmail.com www.humblehouserecovery.org 410-562-7111	stevenj020386@gmail.com www.newheightssoberhouse.org 410-441-1435	barry.stewart@oxfordhouse.org www.oxfordhouse.org 240-457-2094

Talbot County		
Foundations Recovery House	The Gratitude House	Humble House Recovery
info@foundationsrecoveryhouse.com www.foundationsrecoveryhouse.com 240-626-4933	realslow@goeaston.net www.thegratitudehouse.info 410-924-4513	humblehouserecovery@gmail.com www.humblehouserecovery.org 410-562-7111

Medication Drop-Off Boxes

Medication Drop-Off locations for individuals to dispose of legal or illegal medications anonymously and safely.

Caroline County	Dorchester County	Kent County
Caroline County Sheriff's 9305 Double Hills Rd. Denton, MD	Cambridge Police Department 3 Washington St. Cambridge, MD	Kent County Sheriff's 104 Vickers Dr. B Chestertown, MD
Denton Police Department 100 N 3rd St. Denton, MD	Dorchester County Sheriff's Office 829 Fieldcrest Rd. Cambridge, MD	Nationwide Locator
Queen Anne's County	Hurlock Police Department 200 Neelson St. Hurlock, MD	www.rxdrugdropbox.org
Queen Anne's County Sheriff's 505 Railroad Ave. Centreville, MD	Talbot County	www.safe.pharmacy/drug-disposal
Maryland State Police Barracks "S" 311 Safety Dr. Centreville, MD	St. Michaels Police Department 100 S Freemont St. St. Michaels, MD	
	Talbot County Sheriff's Department 28712 Glebe Rd. Easton, MD	
	Talbot County Public Safety Center 115 W. Dover Street, Easton, MD	

Naloxone (Narcan)

Naloxone is a prescription medicine that temporarily stops the effect of opioids. Always call 9-1-1.

County Health Departments	
<p>Caroline: 410-479-8030 Dorchester: 410-228-3223 Kent: 410-778-1350 Queen: 410-758-0720 Talbot: 410-819-5600</p>	
Maryland Coalition of Families	
<p>Phone: 410-730-8267 Website: www.mdcoalition.org</p>	
Nationwide Naloxone Locator	
<p>www.stopoverdose.org/section/find-naloxone-near-you www.naloxoneforall.org</p>	

SAVE A LIFE WITH NALOXONE

WHAT IS NALOXONE?
 Naloxone is a prescription medicine that safely and effectively reverses an opioid overdose. It is not addictive. Doctors and paramedics have used it for decades. Naloxone is sprayed up the nose.

OPIOID OVERDOSE RESPONSE STEPS

Recognize the Signs of an Opioid Overdose
 Loud snoring
 Lips or fingertips turning blue
 Pale/grayish skin
 Unresponsiveness
 A very limp body
 Shallow, slow, or stopped breathing
 Slow or stopped heartbeat

Know Your Rights
 Maryland's Good Samaritan Law protects people existing in an emergency overdose situation from arrest, as well as paramedics, for certain crimes. To learn more, visit MD.DestructionRecovery.org

STEP 1: GET THEIR ATTENTION
 Firmly rub your knuckles up and down the middle of the person's chest.

STEP 2: CALL 911
 Tell them your location and the person's symptoms.


STEP 3: GIVE NALOXONE
 1. Peel back the package to remove the device.
 2. Place tip of nozzle in either nostril until your fingers touch the bottom of the person's nose.
 3. Press the plunger firmly to release dose into nose.
 4. Give second dose if first dose does not work within 1-3 minutes.

STEP 4: SUPPORT BREATHING
 1. Lay the person on their back.
 2. Tilt the chin back. Remove anything blocking airway.
 3. Pinch the person's nose closed and cover their mouth with your mouth.
 4. Blow 2 regular breaths, then give 1 breath every 5 seconds.
 5. Do chest compressions if trained in CPR.

STEP 5: CARE FOR THE PERSON
 Stay with the person until medical help arrives.
 Place the person in recovery position: face and head turned to the side, top hand placed under head, and top knee bent to support the body.

Behavioral Health Administration | BeforeIt'sTooLateMD.org
 MD Crisis Connects: Call 211, Press 1

Peer Support

Chesapeake Voyagers, Inc.				
Address	Contact	Hours	Counties	Ages
607 Dutchman's Ln. Easton, MD 21601	Phone: 410-822-1601 Fax: 410-822-1621 Email: asullivan@chesapeakevoyagers.org Website: www.chesapeakevoyagers.org	Mon. 1 p.m. to 5 p.m., Tue. – Fri. 9 a.m. to 5 p.m. Closed Sat. and Sun.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	21-71+
Conditions Served			Treatments and Services	
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Complex Trauma 	<ul style="list-style-type: none"> ❖ Depression ❖ Domestic Violence ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Housing Insecurity ❖ Mood Disorders ❖ OCD ❖ Personality Disorders 	<ul style="list-style-type: none"> ❖ PTSD ❖ Self-Injurious Behaviors ❖ Stress ❖ Substance Use / Dependence ❖ Trauma 	<ul style="list-style-type: none"> ❖ Advocacy ❖ Educational Workshops ❖ Interactive Groups ❖ Peer Support ❖ Recovery Support Groups 	<ul style="list-style-type: none"> ❖ Resource Materials ❖ Trauma Groups ❖ Walk-In ❖ Wellness Recovery Action Planning (WRAP)
 <p>Chesapeake Voyagers, Inc. (CVI) is dedicated to promoting wellness and recovery by empowering individuals with behavioral health needs to reach their full potential. We strive to reduce isolation by providing a safe, comfortable, and uplifting environment where individuals can meet others in their community, receive free one on one peer support, obtain helpful information and skills needed to continue their individual path to wellness and recovery.</p>				

Dri-Dock Recovery and Wellness Center

Address	Contact	Hours	Counties	Ages	Payment
524 Race St. 2 nd Floor Cambridge MD 21613	Phone: 410-228-3230 Fax: 410-228-7086 Email: jamie.schultz@maryland.gov Website: www.dri-dock.org	Mon. – Thur. 8 a.m. to 6 p.m. Fri. 8 a.m. to 4:30 p.m.	Dorchester	21-71+	Free

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Family / Relationship Issues ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Advocacy ❖ Care Coordination ❖ Care Coordination Referral Services ❖ HIV / HCV Services ❖ Independent Living Skills ❖ Internet Access 	<ul style="list-style-type: none"> ❖ Job Search / Placement ❖ Motivational Interviewing ❖ Peer Support ❖ Program Transportation ❖ Recovery Support Groups ❖ Substance Use Education / Prevention



Dri-Dock Recovery and Wellness Center is a non-profit program that is a part of the Dorchester County Health Department and Dorchester County Behavioral Health Services. Dri-Dock offers a safe place and welcomes all who are in recovery, seeking recovery, or support a recovery lifestyle. Dri-Dock's mission is to help individuals and their families recover from behavioral health disorders. There are no counselors, clinicians, doctors, or therapists at Dri-Dock, although we can refer to those services. Dri-Dock is a peer lead facility staffed by peer recovery specialists. No sign-ups and insurance information are required.

Maryland Coalition of Families

Address	Contact	Hours	Counties Served	Ages
9 S. Third St. Denton, MD 21629	Phone: 410-730-8267 Fax: 410-479-0018 Email: help@mdcoalition.org Website: www.mdcoalition.org	Mon. – Fri. 9 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	0-71+


Payment Accepted	Provider Type	Language
❖ Free	❖ Family Peer Support Specialist	English, Spanish Interpreter: No Translator: No

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Anxiety / Phobias ❖ ADHD ❖ Behavioral Disorders ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression 	<ul style="list-style-type: none"> ❖ Eating Disorders ❖ Hoarding Behaviors ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Advocacy ❖ Educational Workshops ❖ Family Peer Support ❖ Mental Health Related Support Groups ❖ Narcan Training, Education and Distribution ❖ Transitional Aged Youth Program



Maryland Coalition of Families (MCF) helps families who care for someone with behavioral health needs. Using their personal experience, our staff provide one-to-one support to the families of children, youth and adults with mental and behavioral health concerns including substance use or gambling issues. We provide emotional support, share knowledge, build skills, and connect families with resources and opportunities in their own communities. We also advocate to improve systems that impact individuals with behavioral health challenges.

Recovery In Motion

Address	Contact	Hours	Counties	Ages
300 Scheeler Rd. Chestertown, MD 21620	Phone: 410-778-5895 Fax: 410-778-5896 Email: melanie.jones-dalziel2@maryland.gov Website: www.kenthd.org	Mon, Tue., Fri. 9 a.m. to 5 p.m. Wed., Thur. 9 a.m. to 6 p.m.	Kent	13-71+
Payment Accepted	Provider Type	Language		
❖ Free	❖ Peer Support Specialist	English Interpreter: No Translator: Yes		
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ Alcohol Use ❖ Anxiety / Phobias ❖ Cocaine Use ❖ Depression ❖ Heroin Use ❖ Opiate Use ❖ Substance Use / Dependence 		<ul style="list-style-type: none"> ❖ Advocacy ❖ Care Coordination ❖ Care Coordination Referral Services ❖ Discharge Planning ❖ Job Search / Placement ❖ Men's Group ❖ Narcan Training, Education and Distribution ❖ Peer Support ❖ Recovery Support Groups ❖ Resource Materials ❖ Veteran Services ❖ Women's Group 		
 <p>Recovery in Motion (RIM) offers an array of behavioral health services to Kent County residents to improve their overall well-being. All programs are free and include support groups, 1-on-1 peer support, care coordination, Recovery Housing, and linkage to other services. Each program has its own specialty: Opioid Intervention Team (OIT), Community Outreach, Free Narcan Training & Distribution, On-call 24/7 Overdose Response Overdose Data to Action (OD2A), Harm Reduction, Pregnant Women - Referral/SUD Education & Prevention The Sobriety Treatment & Recovery Teams (START), Intense Peer Support for Families Involved with Substance Exposed Newborns Substance Abuse Prevention, Education & Prevention in Schools, Prescription Drug Safety, TIPS Training to Servers Buprenorphine Initiative (BUP), Peer Support for Inmates Enrolled in the Detention Center's MAT Program, Buprenorphine, and Education to Community Members & Recovery Houses.</p>				

Youth Outreach Program - Mid Shore Behavioral Health, Inc.

Contact	Hours	Counties	Ages
Phone: 410-770-4801ext. 310 Fax: 410-770-4809 Email: yoc@midshorebehavioralhealth.org Website: www.midshorebehavioralhealth.org/youth-services	Mon. – Fri. 8 a.m. to 4:30 p.m. Peer Workgroup meets 2 nd Tuesday at 2:30 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	12-25
Payment Accepted	Provider Type	Language	
❖ Free ❖ Grant Funds	❖ Peer Support Specialist	English Interpreter: No Translator: No	
<p>The Youth Outreach Program at Mid Shore Behavioral Health, Inc. provides substance use education, intervention, peer support, and resources for care. Youth who qualify for the program show signs of substance use disorder, live in a high-risk home, are at risk for substance use disorder, or are resistant to traditional services. A Peer Recovery Specialist builds relationships with youth, assessing their needs and creating a coordinated plan. The program connects youth and families to services and resources available within the community.</p>			

Recovery Centers

Avenues Recovery Center at Eastern Shore

Address	Contact	Hours	Counties	Ages
821 Fieldcrest Rd. Cambridge, MD 21613	Phone: 410-673-4600 Fax: 443-684-2312 Email: admissionsesmd@avenuesrecovery.com Website: www.avenuesrecoverymaryland.com	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-71+

See a complete listing of Avenues' services on page 61.

Chesapeake Voyagers Wellness and Recovery Center

Address	Contact	Hours	Counties	Age
607 Dutchman's Ln. Easton, MD 21601	Phone: 410-822-1601 Fax: 410-822-1621 Website: asullivan@chesapeakevoyagers.org	Mon. – Fri. 11 a.m. to 5 p.m. Sat. 8 a.m. to 12 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	21-71+

See a complete listing of CVI's services on page 77.

Dri-Dock Recovery and Wellness Center

Address	Contact	Hours	Counties	Age
524 Race St. Second Floor Cambridge MD 21613	Phone: 410-228-3230 Fax: 410-228-7086 Email: jamie.schultz@maryland.gov Website: www.dri-dock.org	Mon. – Thur. 8 a.m. to 6 p.m. Fri. 8 a.m. to 4:30 p.m. Closed on Sat. and Federal Holidays	Dorchester	21-71+

See a complete listing of Dri-Dock's services on page 78.

Maryland Addiction Recovery Center

Address	Contact	Hours
8600 LaSalle Rd. Carroll Building Ste. 212 Towson, MD 21286	Phone: 410-773-0500 Fax: 410-773-0501 Email: info@marylandaddictionrecovery.com Website: www.marylandaddictionrecovery.com	Mon. – Fri. 8 a.m. to 9 p.m.

Maryland Addiction Recovery Center is a drug & alcohol addiction treatment center in Baltimore County, Maryland. They offer community living treatment, intensive outpatient treatment, and MAT.

Recovery In Motion

Address	Contact	Hours	Counties	Ages
300 Scheeler Rd. Chestertown, MD 21620	Phone: 410-778-5895 Fax: 410-778-5896 Email: melanie.jones-dalziel2@maryland.gov Website: www.kenthd.org	Mon, Tue., Fri. 9 a.m. to 5 p.m. Wed. and Thur. 9 a.m. to 6 p.m.	Kent	13-71+

See a complete listing of Recovery in Motion's services on page 79.

Safe Stations

Safe Stations are a 24/7 safe environment for consumers who want assistance with substance use. Services are free and confidential.

Caroline County	Caroline County Sheriff's Department 9305 Double Hills Rd, Denton, MD 21629 Phone: 888-407-8018 Email: safestation@santegroup.org Website: www.facebook.com/The-Caroline-County-Safe-Station-105308708552543
Talbot County	St. Michaels Police Department 100 S Freemont St. St. Michaels, MD 21663 Phone: 410-745-9500
	Talbot County Department of Emergency Services 9 Port St. Easton, MD 21601 Phone: 410-770-8160
Wicomico County	Recovery Resource Center 726 Salisbury Blvd. Suite E Salisbury, MD 21801 Phone: 410-749-9482
Worcester County	14th Street Fire Department 1409 Philadelphia Ave. Ocean City, MD 21842 Phone: 410-289-4346



Support Groups

Al-Anon Family Groups

Al-Anon Family Groups is a program of recovery for the families and friends of alcoholics.

www.al-anon.org
1-888- 4AL-ANON (425-2666)

Celebrate Recovery

Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction of any kind.

www.celebraterecovery.com

Maryland Problem Gambling

The Maryland Center of Excellence on Problem Gambling has a free 24-hour Helpline and Peer Recovery Support for individuals dealing with problem gambling.

www.mdproblemgambling.com
1-800-GAMBLER

Mid Shore Intergroup

The Maryland Mid-Shore Intergroup (MSIG) provides assistance and resources to alcoholics.

www.midshoreintergroup.org
410-822-4226

Narcotics Anonymous

Narcotics Anonymous (N.A.) is a nonprofit fellowship or society of men and women for whom drugs had become a major problem.

East of the Bay Area Narcotics Anonymous:
www.eastofthebayna.org
www.na.org
1-800-317-3222

Alcoholics Anonymous

Alcoholics Anonymous helps alcoholics peer to peer in sobriety through the 12 Steps program.

www.aa.org
212-870-3400

Eastern Shore Alano Club

The Eastern Shore Alano Club provides a safe meeting place for people working to recover from addiction or compulsive behaviors.

www.easternshorealanoclub.org
410-778-0533

Maryland Coalition of Families

MCF offers safe, accessible support groups for family members and other people who care for individuals experiencing substance use or problem gambling.

www.mdcoalition.org
410-730-8267

Nar-Anon Family Groups

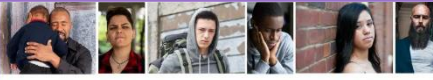
The Nar-Anon Family Groups is for those who know or have known someone with an addiction problem.

www.nar-anon.org
800-477-6291

SMART Recovery

Self-Management and Recovery Training (SMART) support groups are for individuals experiencing behavioral health challenges, and family and friends.

www.smartrecovery.org
440-951-5357



Hope is stronger than fear

YOU ARE WORTH IT.

TEXT MDHope TO 898-211

FOR SUPPORT AND OPIOID-RELATED RESOURCES

IF YOU...
need support for **YOURSELF**.
are concerned about a **FRIEND** or **FAMILY MEMBER**.
are you a **PROFESSIONAL** seeking help for someone in your care.

211 Maryland is working across the state to decrease the harm, pain and deaths associated with opioids. **JOIN THE FIGHT.** For yourself. Your loved ones. Or, those in your care. **We will fight FOR you and WITH you.** Help is delivered right to your phone... when you need it the most.

2-1-1 info@211md.org
Get Connected. Get Help.™ www.211md.org © 2020

County Services

County Departments of Health

Health departments are local governing authorities that oversee the health and often the mental health agencies within its specific jurisdiction. The mid-shore has five county health departments:

Caroline County Health Department	403 S. 7th Street, Denton, MD 21629 Phone: 410-479-8030 Fax: 410-479-0554
Dorchester County Health Department	3 Cedar Street, Cambridge, MD 21613 Phone: 410-228-3223 Fax: 410-228-9319
Kent County Health Department	125 Lynchburg Street, Chestertown, MD 21620 Phone: 410-778-1350 Fax: 410-778-6119
Queen Anne's County Health Department	206 N. Commerce Street, Centreville, MD 21617 Phone: 410-758-0720 Fax: 410-758-2838
Talbot County Health Department	100 S. Hanson Street, Easton, MD 21601 Phone: 410-819-5600 Fax: 410-819-5690
The Maryland Department of Health	201 W. Preston Street Baltimore, MD 21201 Phone: 410-767-6500 or 1-877-463-3464 Website: www.health.maryland.gov

County Departments of Juvenile Services (DJS)

Maryland Department of Juvenile Services (DJS) is a department of the State government charged with providing juvenile justice services to children with suspected involvement in delinquent and/or status offenses.

Caroline County Department of Juvenile Services	317 Carter Avenue, Suite 105, Denton, MD 21629 Phone: 410-819-6556 Fax: 410-819-6559
Dorchester County Department of Juvenile Services	310 Gay Street, Cambridge, MD 21613 Phone: 410-228-6452 Fax: 410-228-3342
Kent County Department of Juvenile Services	315 High Street, Suite 202, Chestertown, MD 21620 Phone: 410-778-6103 Fax: 410-778-6307
Queen Anne's County Department of Juvenile Services	120 Broadway, Suite 9, Centreville, MD 21617 Phone: 410-819-4180 Fax: 410-819-4190
Talbot County Department of Juvenile Services	301 Bay Street, Unit 5, Easton, MD 21601 Phone: 410-770-4848 Fax: 410-820-7117 Website: www.dhs.maryland.gov/local-offices/talbot-county

County Departments of Social Services (DSS)

Departments of Social Services (DSS) are local county agencies which provide a range of services including public assistance, medical assistance, protective services, and services to families with children. County Departments of Social Service agencies are under the State Department of Human Resources and assist individuals in economic need, protect children and vulnerable adults, and promote the safety and well-being of the residents of the county.

Caroline County Department of Social Services	207 S. Third Street, Denton, MD 21629 Phone: 410-819-4500 Fax: 410-819-4504 Website: www.dhs.maryland.gov/local-offices/caroline-county
Dorchester County Department of Social Services	2737 Dorchester Square Cambridge, Maryland 21613 Phone: 410-901-4100 Fax: 410-901-1047 Email: dorchesterdss.helprequest@maryland.gov Website: dhs.maryland.gov/local-offices/dorchester-county
Kent County Department of Social Services	350 High Street, P.O. Box 670, Chestertown, MD 21620 Phone: 410-810-7600 Fax: 410-778-1497 Website: www.dhs.maryland.gov/local-offices/kent-county
Queen Anne's County Department of Social Services	125 Comet Drive, Centreville, MD 21617 Phone: 410-758-8000 Fax: 410-758-8110 Website: www.dhs.maryland.gov/local-offices/queen-annes-county
Talbot County Department of Social Services	301 Bay Street Unit 5, Easton, MD 21601 Phone: 410-770-4848 Fax: 410-820-7117 Website: www.dhs.maryland.gov/local-offices/talbot-county

STOP HUMAN TRAFFICKING

Detén el Tráfico de Personas

1-888-3737-888

If you or someone you know is being forced to engage in any activity and cannot leave— whether it is commercial sex, housework, farm work, or any other activity, call the National Human Trafficking Resource Center Hotline at:



Si usted, o alguien que conoce, lo están obligando a hacer algo y no lo dejan ir— ya sea sexo a cambio de dinero, trabajo de casa, trabajo agrícola, construcción, en una fábrica, tienda, restaurante o cualquier otra actividad, llame al Centro Nacional de Recursos contra el Tráfico de Personas al:

Text 233733 (BeFree)
TraffickingResourceCenter.org

The toll-free hotline is:

- Available 24 hours a day, 7 days a week.
- Operated by a non-profit, non-governmental organization.
- Anonymous and confidential.
- Accessible in 170 languages.
- Able to provide help, referral to services, training, and general information.

Línea Telefónica Gratuita:

- Disponible las 24 horas al día, 7 días a la semana.
- Operada por organizaciones no relacionadas gubernamentales y sin fines de lucro.
- Anónimas y confidenciales.
- Servicios en 170 idiomas.
- Capacitados para prestarle ayuda, servicios de remisión, formación e información general.

Crisis Services

Maryland 211

Free crisis intervention, referrals, and local resources and referrals. Assistance available by phone, text, and chat.

Dial 211, Press 1
www.211md.org

Crisis Text Line

Text Home to 741741 or click “Send Message” on Facebook to chat confidentially with a trained Crisis Counselor 24/7.

Text HOME to 741741
www.crisistextline.org

Eastern Shore Crisis Response

A free, 24/7 crisis service connecting callers to confidential support and service coordination and dispatching mobile crisis team if needed.

1-888-407-8018

For All Seasons

Free, confidential English and Spanish services for survivors of sexual assault.

English: 410-820-5600
 Text and Espanol: 401-829-6143

Life Crisis Center

Answers crisis and emotional support calls and provides linkage to local resources.

410-749-HELP
www.lifecrisiscenter.org

Maryland Center on Problem Gambling

A free, confidential 24-hour helpline for those struggling with problems due to gambling.

Call or Text 1-800-426-2537
www.mdproblemgambling.com

Maryland AIDS Hotline

Information on testing and referrals Monday – Friday 9 a.m. to 5 p.m. except holidays.

1-800-638-6252
 Hearing Impaired:
 1-800-553-3140

Mid-Shore Council on Family Violence

Offers free crisis intervention, counseling, shelter, transitional assistance, legal assistance.

800-927-4673
www.msfcv.org

Trevor Project Crisis Line

The Trevor Project provides lifesaving and life-affirming services, support, and resources to LGBTQ youth.

Call, text, chat: 1-866-488-7386
www.thetrevorproject.org

VET2VET

Vet2Vet provides assistance to Veterans in need, including counseling and assistance in locating services and connecting to other organizations.

1-877-VET2VET (838-2838)

Veterans Crisis Line

A free, confidential 24/7 resource available to anyone, even if you're not registered with VA or enrolled in VA health care. Text 838255.

1-800-273-8255, Press 1
www.veteranscrisisline.net

National Suicide Prevention Hotline / Nacional de Prevención del Suicidio

The National Suicide Lifeline provides 24/7, free and confidential support for people in distress, as well as prevention and crisis resources for individuals or their loved ones.

English: 1-800-273-TALK
 Spanish: 1-888-628-9454
www.suicidepreventionlifeline.org

Acute Psychiatric Hospitals

Dover Behavioral Health Systems

Dover Behavioral Health Systems			
Address	Contact	Hours	Ages
<ul style="list-style-type: none"> ❖ 725 Horsepond Rd. Dover, DE 19901 ❖ 404 S Bedford St. Georgetown, MD 19947 	Phone: 302-741-0140 or 855-609-9711 Fax: 302-741-8551 Website: www.doverbehavioral.com	24/7	9-71+
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> ❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay 	<ul style="list-style-type: none"> ❖ LCSW ❖ MD ❖ Nurse ❖ PA-C ❖ PhD ❖ PMH- APRN 	English Interpreter: Spanish Translator: No	
Conditions Served		Treatments and Services	
<ul style="list-style-type: none"> ❖ ADHD ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ Hoarding Behaviors ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ TBI 		<ul style="list-style-type: none"> ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intensive Outpatient ❖ Substance Use Intervention Program ❖ Walk-In 	
See a complete listing of Dover Behavioral' s services on page 21.			

Peninsula Regional Medical Center

Peninsula Regional Medical Center			
Address	Contact	Hours	
100 East Carroll St. Salisbury, MD 21801	Phone: 410-543-6400 Fax: 410-543-7165 Website: www.peninsula.org	24/7	
Payment Accepted	Provider Type	Language	
<ul style="list-style-type: none"> ❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) 	<ul style="list-style-type: none"> ❖ Self-Pay ❖ Sliding Scale Fee ❖ LCSW-C ❖ MD ❖ Nurse 	English Interpreter: Yes, language line Translator: No	
Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Developmental Disabilities ❖ Personality Disorder ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ Substance Use / Dependence 	<ul style="list-style-type: none"> ❖ Behavioral Treatment ❖ Detoxification ❖ Emergency Medical Care ❖ General Mental Health Information/Education ❖ Group Counseling ❖ Homeless Outreach ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Psychiatric Assessment ❖ Psychiatric Emergency Room Care ❖ Psychiatric Hospitalization ❖ Walk-In 		

Rockford Center

Rockford Center		
Address	Contact	Hours
100 Rockford Dr. Newark, DE 19713	Phone: 302-892-4205 Fax: 302-996-0269 Website: www.rockfordcenter.com	24/7
Payment Accepted	Provider Type	Language
❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay	❖ CRNP ❖ MD ❖ LCSW-C ❖ LCADC	❖ LCPC ❖ Nurse ❖ PhD
English Interpreter: Spanish Translator: No		
Conditions Served	Treatments and Services	
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Personality Disorders ❖ PTSD ❖ Self-Injurious Behaviors ❖ Substance Use / Dependence ❖ Schizoid Personality Disorder	❖ Anger Management Counseling ❖ Art Therapy ❖ Behavioral Treatment ❖ Bereavement and Grief Counseling ❖ CBT ❖ Crisis intervention ❖ Detoxification ❖ Family Counseling ❖ General Counseling ❖ General Mental Health Information/Education ❖ Geriatric Counseling ❖ Group Counseling ❖ Individual Counseling ❖ LGBTQ+ Issues ❖ Marriage Counseling ❖ Mental Health Evaluation and Treatment	❖ Mental Health Related Support Groups ❖ Older Adults / Aging Services ❖ Pet Assisted Therapy ❖ Play Therapy ❖ Psychiatric Assessment ❖ Psychiatric Case Management ❖ Psychiatric Day Treatment ❖ Psychiatric Hospitalization ❖ Psycho Educational Groups ❖ Psychological Testing ❖ Substance Use Education / Prevention ❖ Substance Use Inpatient Co-Occurring (<30 days) ❖ Substance Use Intervention Program ❖ Substance Use Outpatient ❖ Trauma Informed ❖ Walk-In

Union Hospital of Cecil County					
Address		Contact		Hours	
106 Bow St. Elkton, MD 21921		Phone: 410-398-4000 Fax: 410-398-0698 Website: www.uhcc.com		24/7	
Payment Accepted			Provider Type		Language
❖ Medicare ❖ Private Insurance ❖ Public Behavioral Health (Medicaid)			❖ Self-Pay ❖ Sliding Scale Fee		❖ LCPC ❖ MD ❖ Nurse ❖ PhD English Interpreter: No Translator: No
Conditions Served		Treatments and Services			
❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Personality Disorders ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors		❖ Anger Management ❖ Behavioral Treatment ❖ CBT ❖ Dialectical Behavioral Therapy ❖ General Counseling ❖ Mental Health Evaluation and Treatment ❖ Mental Health Related Support Groups ❖ Pet Assisted Therapy ❖ Psychiatric Assessment ❖ Psychiatric Hospitalization ❖ Mental Health Intensive Outpatient Therapy ❖ Psychiatric Emergency Room Care ❖ Psychiatric Medication Services ❖ Psycho Educational Groups ❖ Psychological Testing ❖ Substance Use Inpatient Co-Occurring (<60 days) ❖ Trauma Informed			
<p>Union Hospital Behavioral Health team provide treatment and support for a safe transition back into everyday life through inpatient or outpatient programs. Staff of specially trained psychiatric caregivers can provide intensive assessment and intervention to diagnose an illness or condition. The 15-bed inpatient unit is in Union Hospital on the fourth floor. Because patients are residents, they benefit from a full complement of medical services. An individualized treatment plan is created for each patient and includes daily activities and goal setting.</p>					

Emergency Departments

Peninsula Regional Medical Center
100 East Carroll St. Salisbury, MD 21801
410-546-6400 www.peninsula.org

Union Hospital of Cecil County
106 Bow St. Elkton, MD 21921
410-398-4000 www.uhcc.com

University of Maryland Shore Emergency Center - Queenstown
115 Shoreway Dr. Queenstown, MD 21658
410-827-3900 www.umshoreregional.org

University of Maryland Shore Medical Center - Chestertown
100 Brown St. Chestertown, MD 21620
410-778-3300 www.umshoreregional.org

University of Maryland Shore Medical Center - Dorchester
715 Cambridge Marketplace Blvd. Cambridge, MD 21613
443-225-7500 www.umshoreregional.org

University of Maryland Shore Medical Center -Easton
219 S. Washington St. Easton, MD 21601
410-822-1000 www.umshoreregional.org

Mobile Crisis and Crisis Response

Eastern Shore Crisis Response – Affiliated Santé Group

Address	Contact	Hours	Counties Served	Ages
28577 Mary's Ct. Suite 5 Easton, MD 21601	24/7 Phone: 1-888-407-8018 Fax: 240-331-1465 Email: tbrown@santegroup.org Website: www.thesantegroup.org	24/7	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other Maryland Counties	0-71+
Eastern Shore Crisis Response Service (ESCRS) serves all nine counties of the Eastern Shore 24/7, providing behavioral health support at no cost to the caller. See a complete listing of Eastern Shore Crisis Response's services on page 21.				

Worcester County Health Department – Crisis Response Team

Address	Contact	Hours	Counties	Payment
9730 Healthway Dr. Berlin, Maryland 21811	Phone: 410-629-0164 Fax: 410-629-0185 Website: www.worcesterhealth.org	24/7	Worcester	❖ Free Services ❖ Grant Funds
The Worcester County Health Department's Crisis Response Team (CRT) provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital, and various other agencies throughout the county. CRT provides an emergency mental health and addiction assessment on the scene and attempts to connect individuals to community resources as appropriate.				

Residential Crisis Services

Residential Crisis Services (RCS) are funded with state general funds and are short-term, intensive mental health and support services for children, adolescents, and adults in a community-based, non-hospital, residential setting.

Go-Getters, Inc. The Retreat

Address	Contact	Hours	Payment
716 N. Division St. Salisbury, MD 21801	Phone: 410-749-2578 Email: smobray@lowershoreclinic.org Website: www.gogettersinc.org	24/7	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee
The Retreat offers a safe harbor and sanctuary for adults experiencing a psychiatric crisis. As a voluntary alternative to hospitalization, The Retreat provides short term Residential Crisis Services in a 24/7 community-based setting. In addition to Residential Crisis Services, The Retreat offers crisis counseling. The Retreat is appropriate as an alternative to psychiatric hospitalization or to shorten the length of a hospital admission. Anyone who is medically stable, under the care of a physician, awaiting admission to or stepping down from a psychiatric unit can be safely cared for at The Retreat. Retreat's trained crisis staff offer the comforts of a home-like setting augmented with counseling and therapeutic groups. The Retreat will assist you with meetings with physicians and therapists to further enhance your recovery.			

Harbour House

Address and Contact	Contact
7731 West Dr. Glen Burnie, MD 21061 Phone: 410-255-3539 Fax: 410-255-8583 Email: contact@harbour-house.org Website: www.harbour-house.org	Harbour House, Inc. is a Maryland 501(c)3 that provides an alternative to hospitalization for those experiencing a mental health crisis as evaluated by a physician or mental health professional. Harbour House can assist individuals being discharged from inpatient facilities a transitional location, as well as individuals needing temporary separation from current living arrangements.

Disability Services

Americans with Disabilities Act Hotline



Americans with Disabilities Act (ADA) Hotline answers questions from businesses, State and local governments, and others about general or specific ADA requirements including questions about the ADA Standards for Accessible Design.

Bay Area Center for Independent Living

Address	Contact	Hours	Payment
909 Progress Cir. Ste. 300 Salisbury, MD 21804	Phone: 443-260-0822 Fax: 443-260-0833 Website: www.bayareacil.org	Mon. – Fri. 8 a.m. to 4:30 p.m.	❖ DORS ❖ Medicaid

Conditions Served	Treatments and Services
<ul style="list-style-type: none"> ❖ Anxiety / Phobias ❖ ADHD ❖ Bipolar Disorder ❖ Brain Injuries ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Dementia ❖ Depression 	<ul style="list-style-type: none"> ❖ Advocacy ❖ Assistive Technology Evaluations and Loans ❖ Benefits Counseling ❖ Independent Living Communities for Older Adults ❖ Independent Living Skills
<ul style="list-style-type: none"> ❖ Developmental Disabilities ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder 	<ul style="list-style-type: none"> ❖ Information and Referral ❖ Job Search / Placement ❖ Peer Support ❖ Transition Services ❖ Vocational Training ❖ Youth Development

An independent living center is a consumer controlled, community-based, cross disability, nonresidential private nonprofit agency that is designed and operated within a local community by individuals with disabilities. Independent living services maximize the ability to live independently in the environment of their own choosing. Bay Area Center for Independent Living (Bay Area CIL) offers five core services mandated by the Rehabilitation Act of 1973, as amended, Title VII, Chapter 1, and reauthorized by the Workforce Innovations and Opportunities Act of 2014.

Caroline Center, Inc.

12061 School St. Ridgely, MD 21660 **Phone:** 800-863-2102 or 410-643-2103 **Website:** www.carolinecenterinc.org

Caroline Center inspires program participants to make healthy choices with regards to where, and with whom, they live, learn, work, and socialize; and to share in the responsibilities attributing to their quality of life. The Caroline Center offers a Life Enrichment Program, available to adults and transitional aged youth (18 years of age and older) with intellectual and developmental disabilities; a Residential Program, designed to allow individuals to have access to the services and supports, within the agency and the community, they need to live their lives in the way that they choose; and Support Services, including Community Supported Living Assistance (CSLA) and Family & Individual Supported Services (FISS). These services are available to eligible children and adults with intellectual and developmental disabilities so that they may remain in their own homes. Individuals receive guidance related to daily living skills, meal preparation, transportation, employment opportunities and participation in life enriching activities. FISS services are flexible and responsive to the needs of the individuals and/or families who live within a household.

Chesapeake Center, Inc.

Address	Contact	Hours
713 Dover Rd. P.O. Box 1906 Easton, MD 21601	Phone: 410-822-4122 Fax: 410-822-4184 Email: info@chesapeakecenter.org Website: www.chesapeakecenter.org	Vocational: Mon. - Fri. 8:30 a.m. to 2:30 p.m. Office: Mon. - Fri. 8:30 a.m. to 4:30 p.m.
Payment Accepted	Provider Type	Language
❖ DDA Funding ❖ DORS ❖ Grant Funds	❖ Public Behavioral Health (Medicaid) ❖ Sliding Scale Fee	❖ Nurse
		English Interpreter: No Translator: No
Conditions Served	Treatments and Services	
❖ Developmental Disabilities ❖ Intellectual Disabilities	❖ Community Support for Adults with Developmental Disabilities ❖ Job Search / Placement ❖ Residential Rehabilitation Program ❖ Respite Care ❖ Supported Employment ❖ Vocational Training	
<p>Chesapeake Center is a community non-profit agency serving the needs of those with developmental disabilities. They offer vocational training, job training, supported employment and habilitation services. They provide supervised residential settings for adults with Developmental Disabilities (DD) that target independent living skills training. They can also offer community supports to adults with DD who live on their own and need help with errands, banking, budgeting, community integration, appointments, and securing/retaining benefits.</p>		

Chesterwye Center, Inc.

Address	Contact	Hours
110 Chesterwye Ln. P.O. Box 96 Grasonville, MD 21638	Phone: 410-827-7048 Fax: 410-827-6457 Website: www.chesterwye.com	Mon. – Fri. 9 a.m. to 4 p.m.
Payment Accepted	Provider Type	Language
❖ DDA Funding ❖ Grant Funds ❖ Medicare	❖ Private Insurance ❖ Self-Pay ❖ Sliding Scale Fee	❖ LCSW-C ❖ Nurse
		English Interpreter: Spanish and Hearing Impaired Translator: No
Conditions Served	Treatments and Services	
❖ Anxiety / Phobia ❖ Autism Spectrum ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Dementia ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders	❖ Hoarding Behaviors ❖ Intellectual Disabilities ❖ Personality Disorders ❖ Physical Disabilities ❖ Self-Injurious Behaviors ❖ Sexual Disorders ❖ TBI ❖ Behavioral Treatment ❖ General Counseling ❖ Individual Counseling ❖ Job Search / Placement ❖ Mental Health Related Support Groups ❖ Older Adults / Aging Services ❖ Program Transportation ❖ Residential Services for Adults with Intellectual Disabilities ❖ Respite Care ❖ Supported Employment ❖ Vocational Training	

Crossroads Community

Contact	Hours	Counties Served	Ages
Phone: 410-778-9200 Email: cci@ccinonline.com Website: www.ccinonline.com	Mon. – Fri. 8 a.m. to 4 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	6- 71+

Offers youth and adult programs, vocational services, behavioral health case management, respite care program, mental illness, and substance use services. For a complete listing of Crossroads' services, see page 47.

Delmarva Community Services, Inc

2450 Cambridge Bltwy. Cambridge, MD 21613 **Phone:** 410-221-1900 **Fax:** 410-221-1917

Website: www.dcsdct.org/services-for-individuals-with-disabilities



Residential services are available to persons with developmental disabilities via a referral service in conjunction with the Dorchester County Health Department's Office of Developmental Disabilities. Through this referral process, a plan is developed to secure appropriate funding and decide on the level of care needed to meet the individual's/service plan. Services range from drop-in supervision to 24-hour supervision. Individuals may live in single dwellings or in homes having three to five bedrooms. Everyone is assigned a coordinator who monitors their care and supervision and makes certain their outcomes and goals are addressed. Call 410-221-1900 ext. 137 for more information. The Vocational Program is a multi-faceted approach that offers many opportunities for individuals with developmental disabilities. Several avenues of training and work are available based on the McCarron Dial Basic Vocational Evaluations, and the goals and desires of the individual. Call 410-221-1900 ext. 120 for more information. Respite is a program that helps caregivers get a break from the care they provide a loved one. This allows caregivers to be able to continue to do what they do, caring for a loved one. They can use the respite hours for vacation, appointments they have, shopping, etc. Caregivers are reimbursed. There are five respite care programs administered by Delmarva Community Services. All programs require an application. Contact the office to see if you or your loved one qualifies for one of the programs.

Developmental Disabilities Resource Coordination

100 S. Hanson St. Easton, MD 21601 **Phone:** 410-819-5600 **Website:** www.health.maryland.gov/talbotcounty/dda

The Developmental Disabilities Program/Resource Coordination is the local link to the Developmental Disabilities Administration. This program is designed to assist individuals with disabilities by processing eligibility for DDA, to identify appropriate services and resources, to obtain needed services, and enable them to gain as much independence as possible in their lives.

Disability Rights Maryland

1500 Union Ave. St. 2000 Baltimore, MD 21211 **Phone:** 410-727-352 **Website:** www.disabilityrightsmd.org



Disability Rights Maryland (DRM) represents children and adults of all ages with psychiatric disabilities, developmental disabilities, sensory disabilities, learning disabilities, and Traumatic Brain Injury (TBI). Serves all Maryland counties.

Division of Rehabilitation Services (DORS)

8737 Brooks Dr. Ste. 106 Easton, MD 21601 **Phone:** 410-770-4646 **Website:** www.dors.maryland.gov

Division of Rehabilitation Services (DORS) helps people with physical, emotional, intellectual, developmental, sensory, and learning disabilities go to work and keep their jobs by providing services such as career assessment and counseling, assistive technology, job training, higher education, and job placement.

Easterseals Camp Fairlee

61 Corporate Circle New Castle, DE 19720 **Phone:** 302-324-4444 **Website:** www.easterseals.com/de



Easterseals' Camp Fairlee provides recreation and respite for ages 6 and up. Services include residential summer camp, daily adventures, respite weekends.

Kent Center

Address	Contact	Hours	Payment	Language
215 Scheeler Rd. Chestertown, MD 21620	Phone: 410-778-7303 Fax: 410-778-7305 Website: www.kentcenter.org	24/7	❖ DDA Funds ❖ Medicare ❖ Grant ❖ Self-Pay Funds	English Interpreter: Spanish, French Translator: No

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Autism Spectrum ❖ Developmental Disabilities ❖ Intellectual Disabilities ❖ Physical Disabilities 	<ul style="list-style-type: none"> ❖ Adult Day Programs ❖ In Home Supportive Services ❖ Job Search / Placement ❖ Program Transportation ❖ Residential Services for Adults with Intellectual Disabilities 	<ul style="list-style-type: none"> ❖ Respite Care ❖ Supported Employment ❖ Vocational Rehabilitation ❖ Vocational Training

Kent Center, Inc. is a not-for-profit organization, that provides highly personalized 24-hour a day services for adults who have a broad spectrum of developmental disabilities, such as intellectual disabilities, autism, cerebral palsy, and/or physical disabilities. Kent Center is the primary provider in Kent and northern Queen Anne's Counties, of daytime, vocational, PSS (CSLA), respite, supported employment, and/or residential services for 80 adults. Kent Center's retail thrift store, Hidden Treasures and Kent House Kitchen provides clients interested in working in a controlled environment within Chestertown a sheltered workshop where they can work with group or one-to-one job coaching so they may complete their jobs and experience the pride and satisfaction that come with a job well done. Hidden Treasures is located at the Kent Plaza Shopping Center on Washington Avenue in Chestertown.

Kent County - Developmental Disabilities


300 Scheeler Rd. Chestertown, MD 21620 **Phone:** 410-778-4864 **Website:** www.kenthd.org/developmental-disabilities


Assists individuals and families in accessing vocational; residential; housing, college, insurance, transportation, and recreation.

Kinera Foundation

Address	Contact	Hours
115 Sallitt Dr. Suite C Stevensville, MD 21666	Phone: 443-249-3126 Email: info@kinera.org Website: www.kinera.org	Kent Island Kinera Connect meets 3rd Wednesday of the month 6:30 p.m. to 8:30 p.m. Busy Bodies Bay Area Gym in Stevensville.

Kinera Foundation Eastern Shore Regional Hub: Kinera Foundation is committed to ensuring that families raising children with special needs have equitable access to therapies and treatments, within the Region the family resides. Services provided within the Hub are geared toward children with special healthcare needs, and are Patient/ Family Centered, coordinated, and centralized. Kinera forgoes the traditional waiting area for a Family Lounge, which allows for families to interact in a more natural environment, is aimed at easing anxiety for children waiting, and is equipped with resource computers allowing access to information pertaining to your child's need. To ensure a successful appointment for children with sensory needs, we have a Sensory Friendly Wait Room, equipped with low lighting, sensory toys, and Yogibo (c) chairs. In addition to direct services, the Kinera Foundation Regional Hub aims to provide families with a space to seek information and resources, network with other families, and establish an avenue for the greater community to learn how to create inclusive and community programs for children with special health care need.

Optimal Health Care Inc.				
Address	Contact	Hours	Counties	Ages
Corporate: 11377 Robinwood Dr. Ste. 101, Hagerstown MD 21742 Eastern Shore: 6602 Church Hill Rd. Ste. 300 Chestertown MD 21620	Phone: 301-790-4962 Fax: 301-281-0123 Email: nmoullick@ohc-inc.com Website: www.ohc-inc.com	Mon. – Fri. 8:30 a.m. to 5 p.m. After hours on-call available per DDA guidance	All Maryland Counties	0-71+
Payment Accepted	Provider Type	Language		
❖ DDA Funding	❖ Case Manager ❖ Coordination of Community Services ❖ DDA Resource Coordination	American Sign Language (ASL), Bengali, English, Hindi Interpreter: On Call Translator: Yes		
Conditions Served	Treatments and Services			
❖ All DDA Eligible Applicants ❖ Developmental Disabilities	❖ Case Management ❖ Targeted Case Management – Youth ❖ Targeted Case Management – Adults ❖ Transitional Aged Youth Program			
	The goal of Optimal Health Care Inc. is to support people with medical and developmental needs in their goals to enjoy a healthier life and participate as fully as possible in their chosen communities.			

Pathfinders for Autism	
Address and Contact	
303 International Cir. Suite 110 Hunt Valley, MD 21030 Phone: 443-330-5370 Toll Free Helpline: 443-330-5341 Fax: 443-330-5361 Website: www.pathfindersforautism.org Hours: Mon. – Fri. 9 a.m. to 3 p.m. by appointment	
	Pathfinders, Inc. was established as a 501(c)3 nonprofit organization in February 2000 by parents of children with autism, including Baltimore Orioles Hall of Famer William "B.J." Surhoff and his wife Polly Winde Surhoff. After 18 months of development, Pathfinders for Autism launched the Pathfinders for Autism Resource Center – offering knowledgeable staff and a searchable online database to help families in Maryland find critical service providers quickly and efficiently. Since then, Pathfinders for Autism has grown into the State's largest autism organization dedicated to helping individuals, parents, and professionals find resources, supports, and training while working to increase the awareness of autism spectrum disorders and advocating for the needs of individuals with autism and their families.

Maryland Access Point (MAP)	
Address & Contact	Counties Served
Caroline, Kent, Talbot: 200 Schaubert Rd. Chestertown, MD (P) 410-778-6000 Dorchester, Somerset, Wicomico: 909 Progress Cir. Salisbury, MD (P) 410-742-0505 ext. 109 Queen Anne's: 104 Powell St. Centerville, MD (P) 21617 410-758-0848 Email: teja.rau@maryland.gov or eram.abbasi@maryland.gov Website: www.marylandaccesspoint.info	Caroline, Dorchester, Kent, Queen Anne's, Other MD Counties
Maryland Access Point (MAP) recognizes that our health and access to long term services options are impacted by the conditions in which we live. MAP aims to engage individuals to define their needs and preferences and identify options that will work for them.	

The Arc of Central Chesapeake Region

8626 Brooks Dr. Unit 306 Easton, MD 21601 **Phone:** 410-269-1883 **Website:** ww.thearcccr.org



The ARC is the largest community-based organization advocating for and serving children and adults with intellectual disabilities and their families within the Chesapeake Region. Dedicated staff on the frontlines providing life changing interventions, grants, services, and programs to individuals throughout their lifetimes. The ARC provides family services, educational advocacy, support groups, supported/shared living, day services, and workforce development.

The Benedictine School

14299 Benedictine Ln. Ridgely, MD 21660 **Phone:** 410-634-2112 **Fax:** 410-634-2640 **Website:** www.benschool.org



Benedictine Programs and Services: Educational, residential and day services for children and adults with developmental disabilities, ages 5 through 60. Benedictines offers a year-round educational program and 365-day residential program for students ages 5-21. Benedictine's adult program provides community living, meaningful day, and employment services on the Eastern Shore and Annapolis. School programs include functional academics; speech therapy; psychological, psychiatric, social work, counseling, and case management; assistive technology; physical and occupational therapy; vocational and transitional services; and intensive collaborative programs.

The Parent's Place of Maryland

802 Cromwell Park Dr. Suite Q Glen Burnie, MD 21601 **Phone:** 410-768-9100 **Website:** www.ppmmd.org



The Parents' Place of Maryland mission is to empower families as advocates and partners in improving education and health outcomes for children with disabilities and special healthcare needs with a commitment to diversity and equity. Programs include Maryland's Parent Training and Information Center (PTI) and Family-to-Family Health Information Center.

Families, Youth, and Adolescent Services

Caroline & Dorchester County Local Care Team

Contact	Counties	Ages	Payment	Language
Phone: 410-200-8651 Email: kstorklct@gmail.com	Caroline, Dorchester	0-20	Free	English Interpreter: On call Translator: No

Conditions Served

- ❖ Program resources and referral for intensive needs youth

Treatments and Services

- ❖ Care Coordination
- ❖ Local Care Team
- ❖ State Care Coordination Services

Local Care Teams (LCT) include all child-serving agencies in the county as well as other community resource providers. They assist families with connecting to community resources for children and youth who have intensive physical, intellectually, or behavioral health needs. Caroline Meeting is the 3rd Wednesday of the month at 1 p.m. Dorchester Meeting is the 1st Wednesday of the month at 1 p.m. Emergency Meetings held as needed.

QAC Community Partnerships for Children and Families

Address	Contact	Hours	Counties	Ages	Language
104 Powell St. Centreville, MD 21617	Phone: 410-758-6677 Fax: 410-758-6904 Email: qalmb@qac.org Website: www.communitypartnerships.info	Mon. – Fri. 8 a.m. to 4:30 p.m.	Queen Anne's	0-30	English Interpreter: No Translator: Yes, for all languages



The Mission of Queen Anne's County (QAC) Community Partnerships for Children and Families is to promote a safe, healthy, and stable environment for all Queen Anne's County children and families by achieving a comprehensive system of education, health, and human services whose effectiveness and responsiveness addresses the needs of children and families through public and private interagency collaboration.

Futures for Families, LLC

Address	Contact	Hours	Counties
29466 Pintail Dr. Ste. 10 Easton, MD 21601	Phone: 410- 924-1032 Email: Futures4Families.brenda@gmail.com Website: www.mdcourts.gov/clerks/talbot/family	Parent-Child Time: Tue. and Wed. 6 p.m. to 8 p.m. Alternate Sun. 1 p.m. to 3 p.m. and 3 p.m. to 5 p.m.	Caroline, Dorchester, Talbot

The Circuit Court for Talbot County, in collaboration with Caroline County, holds their supervised Parent-Child Time program at Futures for Families, providing supervised visitation (parent-child time) for families in Talbot County, Dorchester County and Caroline County when the court determines a needed for guided contact with one of the parents, or it is necessary to establish or reestablish a parent/child.

Healthy Talbot

Address	Payment	Language	Age
Email: healthytalbot@talbotfamilynetwork.org Website: www.healthytalbot.org	Free	English, Spanish Interpreter: No Translator: No	0-71+



HealthyTalbot

Healthy Talbot links families and individuals to information and resources that can help them lead healthier, happier lives. Healthtalbot.org provides those who live and work in Talbot County with a comprehensive resource listing, local family-friendly events listing, and various articles on topics including parenting, childcare, education, employment, nutrition, racial equity, and all facets of health. Healthy Talbot is a project of the Talbot Family Network, the Local Management Board.

Infants and Toddlers Program

Infants and Toddlers Program is a free service for families with children aged birth to three years old who have developmental delays. Website: www.marylandpublicschools.org

Caroline County Infants & Toddlers Program (P) 410-479-3246 (F) 410-479-0108
Dorchester County Infants & Toddlers Program (P) 410-228-4747, ext. 1023 (F) 410-221-5215
Kent County Infants & Toddlers Program (P) 410-778-7164 (F) 410-778-2896
Queen Anne's County Infants & Toddlers Program (P) 443-262-4456 (F) 410-556-6035
Talbot County Infants & Toddlers Program (P) 410-822-0330 ext. 150 (F) 410-822-1890

Maryland Family Network

Contact	Hours	Counties
Phone: 877-261-0060 Website: www.marylandfamilynetwork.org/programs-services	Mon. – Fri. 8:30 a.m. to 4 p.m.	All Maryland Counties



Maryland Family Network provides free, personalized services for finding regulated childcare in Maryland. A Child Care Referral Specialist can help identify childcare options based on your family's specific needs.

Minary's Dream Alliance - Club F.E.A.R.

Contact	Counties Served	Ages
Phone: 302- 566-8160 Email: minarysdreamalliance@gmail.com Website: www.minarysdreamalliance.org	Caroline, Dorchester, Kent, Queen Anne's, Talbot	12-17

The mid-shore's Adolescent Clubhouse (AC) for substance-exposed youth aged 12-17 is facilitated by Minary's Dream Alliance, Inc.

Project Right Steps

Phone: 410-822-5400 **Website:** www.cccrc.org/project-right-steps

Project Right Steps is a free service that addresses the needs of childcare providers and parents that are dealing with children (0-5) with challenging behaviors. Project Right Steps is designed to support changes in the child's behavior through the specialist's work with both the childcare provider and the family. Specialists offer services including observation, assessment, and consultation.

Family Support Centers

Family Support Centers provide free, comprehensive services to expecting parents and families of children birth to three years old.

Caroline Family Support Center	Kent Family Center	Family Center of Queen Anne's County	Talbot Family Support Center
100 N. 6th St. Denton, MD 21629	112 S. Lynchburg St. Chestertown, MD 21620	103 N. Linden St. Sudlersville, MD 21668	215 Bay St. Ste. 1 Easton, MD 21601
410-479-3298	410-778-1350 www.kentfamilycenter.org	410-438-3182 www.qacps.org/domain/69	410-820-6940

Judy Centers

Judy Centers provide comprehensive, integrated, full-day, full-year services that promote school readiness for children from birth through age five.

Caroline County Judy Center 323 S. University Ave. Federalsburg, MD 21632 (P) 410-754-2467 (F) 410-754-7091	Dorchester County Judy Center 1405 Glasgow Street, Cambridge, MD 21613 (P) 410-221-5268 (F) 410-228-0534	Kent County Judy Center 320 Calvert St. Chestertown, MD 21620 (P) 410-810-3903 (F) 410-778-5707	Talbot County Judy Center 215 Bay St. Suite 1 Easton, MD 21601 (P) 410-820-6940 (F) 410-820-6958
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LGBTQ+ Services and Support

Chase Brexton Specialized LGBTQ and trans care health. 8221 Teal Dr. Ste. 202 Easton, MD (P) 866-260-0412 ext. 4350 Website: www.chasebrexton.org	Family Acceptance Project Search LGBTQ+ youth and family resources by zip code. Website: www.lgbtqfamilyacceptance.org Zip Search: www.trainings-theinstituteof.umaryland.edu/lgbtqfamily	Planned Parenthood Hormone replacement therapy, STD testing, family planning, and referrals. 8579 Commerce Dr. #102 Easton, MD (P) 410-576-1414 www.plannedparenthood.org
Trevor Project 24/7 free, confidential suicide phone and text hotline for LGBTQ+. (P) 1-866-488-7386 Website: www.thetrevorproject.org	PFLAG Advocacy, peer to peer support, and resources for LGBTQ+ and allies. Mid-Shore: www.pflagchestertown.com pflagchestertown@gmail.com Salisbury: www.salisburypflag.com salisburypflag@outlook.com	Mid-Shore Transliance Meets 3rd Tuesday month 6:30 p.m. in Easton, Maryland. Email: tinagrace63@yahoo.com

Local Management Boards (LMB)

A Local Management Board (LMB) is the coordinating board for local jurisdictions to ensure the implementation of the interagency service delivery system for children, youth, and families.

Caroline County LMB	Caroline County Human Services Council 317 Carter Ave. Suite 101 Denton, MD 21629 (P) 410-479-4446 (F) 410-479-4617
Dorchester County LMB	Dorchester County Office of Child & Family Services 501 Court Ln. Room 103 /P.O. Box 26 Cambridge, MD 21613 (P) 410-221-0281 (F) 410-228-9642 Website: www.docogonet.com
Kent County LMB	Kent County LMB 400 High St. Second Floor Chestertown, MD 21620 (P) 410-810-2673 (F) 410-758-6904 Website: www.kentcounty.com/residents
Queen Anne's County LMB	QAC Community Partnership for Children & Families 104 Powell St. Centreville, MD 21617 (P) 410-758-6677 (F) 410-758-6904 Email: qalmb@qac.org Website: www.communitypartnerships.info
Talbot County LMB	Talbot Family Network 11 N. Washington St. Easton, MD 21601 (P) 410-770-6869 Website: www.talbotfamilynetwork.org

Food & Clothing Services

Caroline County	Martin's House and Barn (P) 410-634-1140 14376 Benedictine Ln. Ridgely, MD 21660	Samaritan House Thrift Shop (P) 410-479-1251 12 N. 5th St. Denton, MD 21629
Dorchester County	Anchor Point Family Thrift Store (P) 410-330-0210 714 Meadow Avenue, Cambridge, MD 21613 Delmarva Community Action Center (P) 410-901-2991 1000 Goodwill Rd. Cambridge, MD	Harriet's House (P) 443-786-1843 www.harrietshouse.org Salvation Army (P) 410-228-2442 200 Washington St. Cambridge, MD 21613
Kent County	Community Food Pantry (P) 410-778-0550 401 High St. Chestertown, MD 21620	Women in Need (P) 410-778-5999 106 Philosophers Ter. Chestertown, MD 21620
Queen Anne's County	Haven Ministries (P) 410-739-7859 931 Love Point Rd. Stevensville, MD 21666 Our Daily Thread (P) 410-353-0455 425 Thompson Creek Rd. Stevensville, MD 21666	Living Water Food Pantry (P) 410-604-0450 210 Island Plaza Ct. Stevensville, MD 21666 www.livingwaterlutheran.org
Talbot County	Friends Helping Friends (P) 443-477-3324 412 S. Harrison Street, Easton, MD 21601 Goodwill of the Chesapeake (P) 410-770-4458 134 N. Washington, Street, Easton, MD 21601 Neighborhood Service Center (P) 410-822-5015 126 Port Street, Easton, MD 21601	St. Vincent de Paul (P) 410-770-4505 29533 Canvasback Drive, Easton, MD 21601 Tilghman United Methodist Church (P) 410-886-2009 5731 Tilghman Rd. Tilghman, MD
Lower Shore	Catholic Charities - Seton Center (P) 410-651-9608 30632 Hampden Ave. Princess Anne, MD 21853 Coastal Hospice Thrift Shop (P) 410-641-1132 10445 Old Ocean City, Blvd. Berlin, MD 21811 Diakonia Used to be Mine Thrift (P) 410-213-0923 12507 Sunset Avenue #13, Ocean City, MD 21842	Goodwill of the Chesapeake (P) 410-219-9072 700 S. Salisbury Blvd. Salisbury, MD 21801 HALO Bargain Center (P) 410-341-4256 701 Snow Hill Rd. Salisbury, MD 21804 Salvation Army (P) 410-749-8146 215 E Vine St. Salisbury, MD 21874

Harriet's House

Phone: 443-786-1843 **Website:** www.harrietshouse.org



Harriet's House offer a safe place for women to receive resources and referrals, emergency food pantry, toiletries, clothes, computer access, and skill development classes. We screen for human trafficking and exploitation and offer case management for those with indicators or such. We connect women to residential programs for those interested and encourage counseling. We connect women to other resources in the community to help where we cannot.

Legal Services

Disability Rights Maryland

1500 Union Ave. Suite 2000 Baltimore, MD 21201

Phone: 410-727-6352 or 800-233-7201 **Fax:** 410-727-6387 **Website:** www.disabilityrightsmd.org

A private non-profit organization staffed by attorneys and paralegals. The protection and advocacy organization for Maryland.

Maryland Legal Aid

Upper Shore: 106 N. Washington St. Suite 101 Easton, MD 21601

Phone: 410-763-9676 or 800-477-2543

Fax: 410-763-8752

Lower Shore: 201 E Main St. Salisbury, MD 21801

Phone: 410-546-5511 or 800-444-4099

Fax: 410-860-2148

Email: rwolpert@mdlab.org **Website:** www.mdlab.org

Maryland Legal Aid is a private, non-profit law firm that provides free, civil legal services to low-income individuals of all of Maryland's counties. Hours are Mon. – Fri. 9 a.m. to 5 p.m. Interpreter and translator services are available.

Maryland Volunteer Lawyer Services

1 North Charles St. Suite 222 Baltimore, MD 21201 **Phone:** 1-800-510-0050 **Website:** www.mvlslaw.org

Maryland Volunteer Lawyer Services provides free or reduced fee representation to low-income individuals and non-profit organizations that have civil legal issues throughout Maryland.

Mid-Shore Pro Bono

8 S. West St. Easton, MD 21601 **Phone:** 410-690-8128 **Fax:** 443-385-0210 **Website:** www.midshoreprobono.org



Mid-Shore Pro Bono is a legal services provider for Kent, Queen Anne's, Caroline, Talbot, and Dorchester counties. They offer several programs to residents with civil legal issues only. Mid-Shore Pro Bono is committed to ensuring equal access to civil justice by connecting low-income individuals and families in need of civil legal help with volunteer attorneys and community resources.

Women's Law Center of Maryland

305 W. Chesapeake Ave. #201 Towson, MD 21204 **Phone:** 410-321-8761

Provides free legal representation, advice, and information to low-income survivors in the area of family law, domestic violence, and immigration.

Legislative Advocacy

Behavioral Health Coalition of the Mid-Shore

Website: www.midshorebehavioralhealth.org/advocacy

The Behavioral Health Coalition of the Mid-Shore seeks to bring together community leaders to address the behavioral health needs of individuals, families, and providers in the mid shore region with our local legislators. Coalition efforts are focused on improving access and service delivery, destigmatization, and increasing awareness. Each year, the Behavioral Health Coalition hosts an annual Legislative Forum for Behavioral Health, inviting local government officials and Delegation from the 36th and 37th Districts to attend. Coalition partners include Maryland Coalition of Families, Chesapeake Voyagers, Inc., For All Seasons, Inc., Channel Marker, Inc., Crossroads Community, Inc. / Corsica River Mental Health, Affiliated Santé Group's Eastern Shore Crisis Response, Eastern Shore Psychological Services, Recovery for Shore, and Local Health Departments.



Maryland Behavioral Health Coalition

Website: www.mhamd.org **Email:** dmartin@mhamd.org

The Maryland Behavioral Health Coalition brings together 100+ mental health and substance-related disorder organizations representing consumers, advocates, family members, service providers and behavioral health professionals. We are united in our mission to improve behavioral health access and service delivery for all Marylanders. Since its inception in 1993, the Coalition has achieved numerous legislative and policy victories in behavioral health. These include passage of the Maryland Mental Health Parity Law, the establishment of an integrated, performance-based public behavioral health system, and the protection and expansion of funding for mental health and substance-related disorder services.

Mediation Services

Community Mediation Upper Shore, Inc

Ages	Payment	Provider Type	Language	Services
0-71+	❖ Free	❖ Facilitators ❖ Mediators	English Interpreter: On call Translator: No	❖ Conflict Resolution ❖ Educational Workshops ❖ Evidenced Based Practice ❖ Mediation
Community Mediation Upper Shore, Inc			Community Mediation Upper Shore, Inc	
8626 Brooks Dr. Suite 204 Easton, MD 21601 Phone: 410-820-5553 Email: info@midshoremediation.org Website: www.midshoremediation.org Counties: Caroline, Dorchester, Talbot			P.O. Box 692 Chestertown, MD 21620 Phone: 410-810-9188 Email: info@cmusmediation.org Website: www.cmusmediation.org Counties: Kent, Queen Anne's	
 <p>Mid Shore Mediation is dedicated to creating more peace-able communities by providing conflict resolution services at no or low cost for residents of Caroline, Dorchester, and Talbot counties.</p>			 <p>The mission of Community Mediation Upper Shore, Inc. (CMUS) is to provide all communities in Kent and Queen Anne's counties with mediation, education, and training to promote self-determination, awareness, and involvement in resolving conflict.</p>	

Senior Services

Maintaining Active Citizens, Inc.

Dorchester: 2540 Cambridge Bltwy. Cambridge, MD 21613
Phone: 410-221-1920
Fax: 410-742-0525
Email: macmail@macinc.org
Website: ww.macinc.org

Wicomico: 909 Progress Circle Salisbury, MD 21804
Phone: 410-742-0505
Fax: 410-742-0525
Email: macmail@macinc.org
Website: ww.macinc.org

Maintaining Active Citizens (MAC) is the designated area agency on aging for Dorchester, Somerset, Wicomico, and Worcester counties. MAC is dedicated to the principle that older persons are entitled to lives of dignity, security, and physical, mental, and social well-being, as well as full participation in society. MAC, an equal opportunity employer and service provider, serves as a focal point from which to address social and economic needs identified by older persons, and to provide a full range of services.

Maryland Access Point

Caroline, Kent, Talbot: 200 Schaubert Rd. Chestertown, MD 21620
Phone: 410-778-6000
Website: www.marylandaccesspoint.info

Dorchester, Somerset, Wicomico: 909 Progress Cir. Salisbury, MD 21804
Phone: 410-742-0505 ext. 109

Queen Anne's: 104 Powell St. Centerville, MD 21617
Phone: 21617 410-758-0848

Maryland Access Point (MAP) recognizes that our health and access to long term services options are impacted by the conditions in which we live. MAP aims to engage individuals to define their needs and preferences and identify options that will work for them.

Maryland Department of Aging

301 West Preston Street, Suite 1007 Baltimore, Maryland 21201
Phone: 410-767-1100 or 800-243-3425 **Fax:** 410-333-7943

The Maryland Department of Aging (MDoA) and the statewide network of 19 Area Agencies on Aging assist older Marylanders with a range of services and sources of information. MDoA administers state and federal programs, many of which are significantly lower in cost than nursing home placement. Programs include information, empowerment, community wellness and nutrition, long term services and supports, and elder rights protections.

Maryland Health Care Commission - Long Term Care

Website: www.healthcarequality.mhcc.maryland.gov

Consumer Guide to Long Term Care - Long Term Care (LTC) refers to services that assist people who are aging, have disabilities, or have chronic care needs to maintain their independence in personal or health-related activities. Services include shopping, taking medications, managing money, doing activities outside the home, and assistance with personal care such as bathing, dressing, and toileting. Services can be provided in a person's home, in the community, in alternate living facilities. A person can use LTC services at any age and may use long term care services for a short period of time after an acute illness or hospitalization or over several months or years.

Medicaid's Long-Term Care and Waiver Services

Community First Choice Waiver provides community services and supports to enable older adults and people with disabilities to live in their own homes. CFC and HCBO participants are also eligible to receive other Medicaid services which may include Physician and Hospital Care, Pharmacy, Home Health, Laboratory Services, Mental Health Services, Disposable Medical Supplies, Durable

Home and Community-Based Options Waiver provides community services and supports to enable older adults and people with disabilities to live in their own homes. CFC and HCBO participants are also eligible to receive other Medicaid services which may include Physician and Hospital Care, Pharmacy, Home Health, Laboratory Services, Mental Health Services, Disposable Medical

<p>Medical Equipment. Visit for more information. Services include Personal Assistance Services, Personal Emergency Response Systems, Technology, Environmental Assessments, Accessibility Adaptations, Consumer Training, Supports Planning, Transition Services, Nurse Monitoring, and Home Delivered Meals. Phone: 1-877-463-3464 Website: mmcp.health.maryland.gov/longtermcare</p>	<p>Supplies, Durable Medical Equipment. Visit for more information. Services include Assisted Living, Medical Day Care, Family Training, Case Management, Senior Center Plus, Dietitian and Nutritionist Services, and Behavioral Consultation. Waiver participants are also eligible to receive Community First Choice Service. Phone: 1-844-627-5465 Website: mmcp.health.maryland.gov/longtermcare</p>
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National Long-Term Care Ombudsman Resource Center

Phone: 202-332-2275 **Fax:** 202-332-2949 **Website:** www.ltombudsman.org

The Long-Term Care Ombudsman Program resolves the problems of individuals in long-term care facilities, provides information and referral about facility selection and quality care, assists resident and family councils, promotes residents' rights, and represents residents' needs and interests to public officials. Nursing homes and board and care homes (including assisting living) are visited by long-term care ombudsmen. Ombudsmen are advocates for residents, working with them, and for them, to address complaints. Confidentiality is central to all ombudsman work.

Queen Anne's County Area Agency on Aging

104 Powell Street Centreville, MD 21617
Phone: 410-758-0848 **Fax:** 410-758-4489 **Email:** agingadmin@qac.org **Website:** www.qac.org

QAC Area Agency on Agency has case managers and program specialists offering free and fee-based activities and classes for residents of Queen Anne's County with disabilities and older adults aged 51 and up. Hours are 8:00 a.m. - 4:30 p.m. Services include Adult Assessment, Age-Related Groups, Art Therapy, Benefits Counseling, Case Management, Educational Workshops, Evidenced Based Practice, Exercise, Free Meal Service, Geriatric Counseling, Health Improvement Programs, Home Delivered Meals, Independent Living Skills, Life Stage Aging, Older Adults / Aging Services, Program Transportation, Respite Care, Senior Housing Information and Referral, Social Work, State Care Coordination Services, Supported Employment, Supports Planning, Targeted Case Management – Adults, Transportation Assistance, Yoga.

Senior Helpline

Phone: 866-635-2949 **Website:** www.aging.maryland.gov/Pages/senior-legal-assistance

The Senior Helpline has attorneys who can provide free legal advice and referrals.

Talbot Hospice

586 Cynwood Drive Easton, MD 21601 **Phone:** 410-822-6681 **Website:** www.talbothospice.org

Talbot Hospice is a model for community-based hospice care at the end of life. Since 1981 they have cared for patients and their families with dignity and respect. They offer comprehensive hospice care in your home, in nursing facilities and at Hospice House. They provide nurses, spiritual support, a bereavement center, family services and compassionate well-trained volunteers.

Upper Shore Aging

100 Schauber Road Chestertown, MD 21620 Phone: 410-778-6000

Fax: 410-778-3562 **Email:** ggunther@uppershoreaging.org **Website:** www.uppershoreaging.org

Upper Shore Aging, Inc. is a nonprofit organization develops and manages a coordinated program of services that work together with a goal of helping elders to remain, and live well, in the community if possible. Hours are Monday – Friday 8 a.m. to 3 p.m. Senior Centers provide lunch, activities, nutrition education, information, assistance, transportation.

Mid-Shore Senior Centers

Amy Lynn Ferris Activity Center	Talbot County Brooklett's Place	Cambridge Mack Senior Center	Caroline County Senior Center
200 Schauber Rd. Chestertown, MD 21620 (P) 410-778-2564	400 Brookletts Ave. Easton, MD 21601 (P) 410-822-2869	2450 Cambridge Bltwy. Cambridge MD 21613 (P) 410-221-1920	403 S. 7th St. Ste. 127 Denton, MD 21629 (P) 410-479-2535
Delmarva Community Services Center	Federalsburg Senior Center	Hurlock Senior Center	Kent Island Senior Center
2450 Cambridge Bltwy. Cambridge, MD 21613 (P) 410- 221-1900	118 North Main St. Federalsburg, MD 21632 (P) 410-754-9754	6210 Shiloh Church Hurlock Rd. Hurlock, MD 21643 (P) 410-943-1106	891 Love Point Rd. Stevensville, MD 21666 (P) 410-604-3801

Shelters & Homelessness Services

Housing Programs

Affordable Housing (Main Street Housing)

This program does not provide emergency housing. This is permanent affordable housing for tenants that are eligible for independent community living. Intake and placement require matching the tenant to the proper living situation based on available openings. **Phone:** 410-540-9067 ext. 17

Mid Shore Behavioral Health, Inc. Homelessness Programs

Phone: 410-770-4801 **Website:** www.midshorebehavioralhealth.org/continuum-of-care-housing-program

Contact: Jazzmine Davis, Continuum of Care Program Manager ext. 305 or jdavis@midshorebehavioralhealth.org or Sarah Baynard, Continuum of Care Program Support Specialist ext. 303 sbaynard@midshorebehavioralhealth.org

Homeless Management Information Systems

The Homeless Management Information Systems (HMIS) is a database for local providers is known as Service Point. The system provides information and referral for licensed users, as well as tracking and reporting of homeless services used in the region. Serving Caroline, Dorchester, Kent, Queen Anne, and Talbot Counties.

Mid Shore Roundtable on Homelessness

The Mid Shore Roundtable on Homelessness - Continuum of Care (CoC) - is a mid-shore collaboration of homeless service providers, community agencies, local governments, stakeholders, and consumers leaders working to improve the availability and delivery of housing and supportive services to individuals and families who lack permanent, stable, and safe housing. The Roundtable on Homelessness Workgroup meets 2nd Tuesday at 1:30 p.m.

Permanent Supportive Housing

Continuum of Care (CoC) Housing Programs are HUD funded rental subsidies for homeless persons/families with behavioral health disabilities. Eligibility is determined through intake process. Program monitoring provided by Supportive Services staff.

Contact: Bernie Vernin, Continuum of Care Specialist, ext. 319 or email bvervin@midshorebehavioralhealth.org. Visit website for daily mid-shore **Shelter Bed Availability**.

SSI/SSDI Outreach, Access, and Recovery (SOAR)

SOAR, Supplemental Security Income (SSI) / Social Security Disability Benefits (SSDI) Outreach Access and Recovery, is a national program designed to increase access to SSI/SSDI for adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder.

Contact: Yvette Hynson, SOAR Case Specialist, ext. 312 yhynson@midshorebehavioralhealth.org or Carole Wills, LMSW, Behavioral Health Coordinator – Adult ext. 322 cwills@midshorebehavioralhealth.org

PATH - Projects for Assistance in Transition from Homelessness

PATH's priority population served includes persons with a mental health need who are homeless or at risk of becoming homeless. This program is designed to provide homeless outreach management and linkage assistance to street homeless for mental health services and housing. **Phone:** 410-490-3139

H.O.P.E. Inc. (Help and Outreach Point of Entry)

Address	Contact	Hours	Counties	Ages	Language
129 Broad St. Salisbury, MD 21801	Phone: 410-677-0757 Fax: 410-677-0758 Email: www.helpandoutreach.com Website: hope@hopesby.com	Tues. and Thurs. 10 a.m. to 2 p.m.	Caroline, Dorchester, Talbot, Wicomico, Somerset, Worcester	0-71+	English Interpreter: On call Translator: No

Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Co-Occurring ❖ Housing Insecurity 	<ul style="list-style-type: none"> ❖ Care Coordination Referral Services ❖ Free Meal Service ❖ Homeless Outreach 	<ul style="list-style-type: none"> ❖ Narcan Training ❖ Education ❖ Distribution 	

HOPE, Inc. assists those in need obtain healthcare, social, and basic living services. This is accomplished through outreach to the homeless, assessments of needs and eligibility, guidance and education, assistance with obtaining documents, facilitating access to medication and treatment, referrals for other necessary services, and other support to end the cycle of homelessness and poverty.

Queen Anne's County Housing & Community Services

Address	Contact	Hours	Counties	Ages	Language
104 Powell St. Centreville, MD 21617	Phone: 410-758-3977 Fax: 410-758-4499 Email: dhcs@qac.org Website: www.qachousing.org	Mon. – Fri. 8 a.m. to 4:30 p.m.	Queen Anne's	0-71+	English Interpreter: No Translator: Yes

Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Housing Insecurity ❖ Homelessness 	<ul style="list-style-type: none"> ❖ Affordable Housing Loan and Rental Programs ❖ Case Management ❖ Homelessness Prevention ❖ Housing Assistance ❖ Housing Rehabilitation 	<ul style="list-style-type: none"> ❖ Housing Rehabilitation ❖ Livability Code ❖ Livability code enforcement ❖ Rapid Re-Housing ❖ Rental Assistance 	

QAC's Services works with people who are experiencing many different types of housing issues across the spectrum.

Talbot Interfaith Shelter

Address	Contact	Hours	Counties Served	Ages
107 Goldsborough St. Easton, MD 21601	Phone: 410-690-3120; 410-310-2316 Email: julielowe666@gmail.com Website: www.talbotinterfaithshelter.org	8 a.m. to 5 p.m. for visitors and deliveries	Caroline, Dorchester, Kent Queen Anne's, Talbot	0-71+

Payment Accepted	Provider Type	Language
<ul style="list-style-type: none"> ❖ Free 	<ul style="list-style-type: none"> ❖ Case Manager 	American Sign Language (ASL), English Interpreter: On call Translator: No

Conditions Served	Treatments and Services		
<ul style="list-style-type: none"> ❖ Homelessness ❖ Housing Insecurity 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Advocacy ❖ Alcohol, Tobacco, Drug Education Workshops ❖ Anger Management Counseling 	<ul style="list-style-type: none"> ❖ Breathalyzer Testing Care Coordination Referral Services ❖ Career Counseling ❖ Case Management ❖ Child and Family Services 	<ul style="list-style-type: none"> ❖ Conflict Resolution ❖ Court-Ordered Substance Use Testing ❖ Crisis Intervention /Stabilization ❖ Drug Testing

Talbot Interfaith Shelter

The Talbot Interfaith Shelter is dedicated to ending homelessness on Maryland's Mid-Shore by providing shelter, stability, support, and a path to Success for families and individuals in need.

The Salvation Army

Address	Contact	Hours	Counties	Language
200 Washington St. Cambridge, MD 21613	Phone: 410-228-2442 Fax: 410-228-2895 Email: CambridgeMD@uss.salvationarmy.org Website: www.salvationarmypotomac.org/cambridge	Mon. – Fri. 9 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	English, Spanish Interpreter: No Translator: No
Treatments and Services				
<ul style="list-style-type: none"> ❖ Bereavement and Grief Counseling ❖ Care Coordination Referral Services ❖ Christian / Pastoral Counseling ❖ Food Assistance / Pantry ❖ Homeless Outreach ❖ Housing Assistance ❖ Men's Group ❖ Pastoral Care Services 		<ul style="list-style-type: none"> ❖ Rent and Mortgage Assistance ❖ Social Service Assistance ❖ Temporary Shelter – Families, Men, Women ❖ Thrift Store ❖ Transitional Housing ❖ Women's Group ❖ Youth Development 		

Shelters

Cecil County Men's Shelter <i>Elkton - serving men</i>	Phone: 410-392-8066 Website: www.meetingground.org
Christian Shelter, Inc. <i>Salisbury</i>	Phone: 410-749-5673 Website: www.christianshelter.org
Delmarva Community Services <i>Cambridge serving men, Hurlock serving families</i>	Phone: 410-901-2991
Diakonia Shelter <i>Ocean City</i>	Phone: 410-213-0923 Website: www.diakoniaoc.org
HALO <i>Salisbury</i>	Phone: 410-742-9356 Website: www.haloministry.org
Martin's House <i>Ridgely – serving families</i>	Phone: 410-634-2537 Website: www.martinshouseandbarn.org
Ridgeway House <i>Easton serving 3 men, 3 women</i>	Phone: 410-822-5015 or 410-820- 7013 Hours: Mon. – Fri. 4 p.m. – 8 a.m., Sat. and Sun. 24 hours
Talbot Interfaith Shelter <i>Easton</i>	Phone: 410-690-3120 or 410-310-2316 Website: www.talbotinterfaithshelter.org
The Salvation Army <i>Cambridge</i>	Phone: 410-228-2442 Website: www.salvationarmypotomac.org/cambridge
The Samaritan Shelter <i>Pocomoke</i>	Phone: 410-957-4310 Website: www.thesamaritanshelter.org
Wayfarer's House <i>Elkton serving women and children</i>	Website: www.meetingground.org

Cold Weather Shelters

Cold Weather Shelter <i>Lower Shore</i>	Phone: 410-749-4357 Open January through March
Dorchester Cold Weather Shelter <i>Dorchester County</i>	Phone: 410-228-2442 Open December through mid-April
Haven Ministries <i>Queen Anne's</i>	Phone: 410-739-7859 Website: www.haven-ministries.org Open December through mid-April
His Hope Ministries <i>Kent County</i>	Phone: 443- 448-7297 Website: www.hishopeministries.org/emergency-crisis-shelter Open October through May
The Samaritan Group <i>Kent County</i>	Phone: 443-480-3564 or 410-810-7600 Website: www.samaritangroupkent.org Open January through March

Day Shelter and Resource Centers

Friends Helping Friends Network, Inc.	
A non-profit, Christian-based organization that helps single moms and homeless families by providing temporary shelter, helping them set and reach goals, while working on a budget and a goal plan; teaching them to become independent by helping them to focus.	Phone: 443-477-3324
HALO Day Facility	
The Halo Day Facility is a safe structured place where homeless individuals and families can come during the daytime hours. Our goal is to help rebuild the dignity of each person by providing services to meet not only the basic needs, but a Journey of Hope for Life Change. Services provided include Case Management, Showers, Restrooms, Voice Mail, Mail Services, Locked Storage Facility, and Class Opportunities including GED, Life Skills, and Bible Study.	119B South Blvd. Salisbury, MD 21804 Phone: 410-543-2003 Website: www.haloministry.org Hours: Mon. - Fri. 8:45 a.m. to 4:30 p.m.
Haven Ministries	
The Resource Center advances the missions of both Haven Ministries and St. Paul's Church by offering a place of referral and case management services to residents of Queen Anne's County. The Resource Center includes case management services, educational programs, job training, and use of computers and office equipment.	301 S. Liberty St. Centreville, MD 21617 Phone: 410- 827-7194 Website: www.haven-ministries.org Hours: December through mid-April
His Hope Ministries	
His Hope Ministries helps families, individuals, youth, and elderly fight homelessness, hunger, and potential homelessness. We work towards a place where all people have access to quality housing, nutritious food, and opportunities to thrive.	105 Gay Street Denton, MD 21629 Phone: 443- 448-7297 Website: www.hishopeministries.org
Mary Randall Center Day Program 4	
The Mary Randall Center is the first step for many on the path from shelter to home. It is a place where individuals currently experiencing homeless can shower, collect their mail, launder their clothing, and link with medical services and job seeking assistance.	401 North St Elkton, MD 21921 Phone: 410-620-4701 Website: www.meetingground.org

Transitional Shelters

Village of Hope <i>Women and children</i>	Phone: 410-860-4803
Wayfarer's House <i>Women and children</i>	Phone: 410-398-4381


Residential Rehabilitation Programs

Residential Rehabilitation Programs (RRPs) for adults provides support in a residence outside of the individual's own home and provides needed resources and support not sufficiently available within the individual's own existing social support system. Residential Rehabilitation Programs (RRPs) provide services based upon the individual's needs in varying levels of support, both general and intensive, and are subject to additional admission/continued stay criteria. *RRP Applications are processed through the Core Service Agency (CSA). Please contact your local CSA for placement, not the providers below. To obtain a full listing of Core Service Agencies in Maryland please visit www.marylandbehavioralhealth.org.

Channel Marker, Inc.	8865 Glebe Park Drive Unit 1 Easton, MD 21601 Phone: 410-822-4619 Website: www.channelmarker.org
Crossroads Community, Inc.	Queen Anne's: 120 Banjo Ln. Centreville, MD (P) 410-758-3050 Kent: 937 Gateway Dr. Chestertown, MD 21620 (P) 410-778-9200 Dorchester: 404 LeCompte St. Cambridge, MD 21613 (P) 410-221-7540 Website: www.cccinonline.com
Go-Getters, Inc.	Somerset: 11559 Somerset Ave. Princess Anne, MD 21853 (P) 410-651-1547 Wicomico: 716 N. Division St. Salisbury, MD 21801 (P) 410-546-7754 Website: www.gogettersinc.org
Upper Bay Counseling	200 Booth Street Elkton, MD 21921 Phone: 410-996-5104 Website: www.upperbay.org

Support Services

Board of Child Care

Address	Contact	Hours	Counties Served	Ages
27993 Substation Rd. Denton MD 21629	Phone: 410-479-1743 Email: kmcgee@boardofchildcare.org Website: www.boardofchildcare.org	24/7 Residential Facility	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Other MD Counties	13-20
Payment Accepted		Provider Type		Language
❖ Public Behavioral Health (Medicaid)		❖ Case Manager ❖ Interns ❖ LMSW	❖ PhD ❖ RN	English, Spanish Interpreter: Yes Translator: Yes
Conditions Served				
❖ ADHD ❖ Anxiety / Phobias ❖ Autism Spectrum ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Bipolar Disorder ❖ Complex Trauma	❖ Co-Occurring ❖ Depression ❖ Developmental Disabilities ❖ Eating Disorders ❖ Family / Relationship Issues ❖ Hoarding Behaviors	❖ Housing Insecurity ❖ Mood Disorders ❖ OCD ❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder	❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Sexual Disorders ❖ Stress ❖ Trauma Victims of Human Trafficking	
 Board of Child Care provides High Intensity Residential Services for youth. Enriching communities, one family at a time. Core Values: Safety as a mindset, foster relationships within our community, listen and respond with empathy, and impact drives lasting change.				

Mid-Shore ACT Team

Address	Contact	Hours	Counties Served	Ages
828 Airpax Rd. Cambridge, MD 21613	Phone: 667-330-1871 Fax: 603-928-7632 Email: msaulsbury@lowershoreclinic.org Website: www.lowershoreclinic.org	Mon. – Fri. 9 a.m. to 5 p.m.	Caroline, Dorchester, Queen Anne's, Talbot	13-71+
Payment Accepted		Provider Type		Language
❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Delaware Highmark ❖ Delaware Medicaid ❖ Humana ❖ LLC Network Provider ❖ Maryland Choices Provider	❖ Medicare ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Tricare ❖ UMR ❖ Uninsured Eligible ❖ United Healthcare	❖ Addictions Counselor ❖ CAC-AD ❖ Case Manager ❖ CHOW ❖ LCADC ❖ LCSW-C	❖ LMSW ❖ MD ❖ Nurse ❖ Peer Support Specialist ❖ Psych Rehab Staff ❖ RN	English Interpreter: No Translator: Yes
Conditions Served		Treatments and Services		
❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Co-Occurring ❖ Depression ❖ Mood Disorders	❖ Personality Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Substance Use / Dependence ❖ Trauma	❖ Housing ❖ Peer Support ❖ Psychiatric, Vocational, Psychiatric Rehabilitation		

Mid Shore's Assertive Community Treatment (ACT) Team provides client-centered, strengths-based services to individuals with severe, persistent mental illnesses who have not responded to traditional outpatient therapies. Utilizing a team approach that includes psychiatric, vocational, psychiatric rehab, substance abuse, housing and peer support services, the ACT team provides outreach and engagement services at a client's home, work, or any other location. The ACT team provides case management and advocacy to assist the client in maintaining independence.

Mid-Shore Council on Family Violence

Address	Contact	Payment	Language
8626 Brooks Dr. Ste. 102 Easton, MD 21601	Phone: 410-690-3222 24/7 Hotline: 800-927-4673 Fax: 410-690-3271 Website: www.msfcv.org	❖ Free	English Interpreter: Yes Translator: Yes

Conditions Served	Treatments and Services	
<ul style="list-style-type: none"> ❖ Family Violence ❖ Victims of Domestic Abuse 	<ul style="list-style-type: none"> ❖ 24-Hour Crisis Hotline ❖ Advocacy ❖ Crisis Response ❖ Crisis Shelter 	<ul style="list-style-type: none"> ❖ Emergency Food and Clothing ❖ Individual Counseling ❖ Legal Advocacy ❖ Mental Health Counseling

Mid-Shore Council on Family Violence (MSCFV) is a comprehensive domestic violence program which provides support and the following services to victims in crisis and through their transition to self-sufficiency and independence: Crisis shelter, 24-hour hotline (800-927-4673), individual counseling, advocacy, legal advocacy and accompaniment to court proceedings, attorneys to represent victims in Final Protective Order hearings and divorce and custody cases, economic empowerment services, Transitional Program (including a Transitional House), therapeutic mental health counseling, crisis response and emergency food and clothing and all services are provided in Spanish through a Bilingual Advocate.

Chesapeake Multicultural Resource Center

Address	Contact	Language	Treatments and Services	
331 E Dover St. PO Box 1990 Easton, MD 21601	Phone: 1-877-772-9832 Email: info@chesmrc.org Website: www.chesmrc.org	English, Spanish Interpreter: Yes Translator: Yes	<ul style="list-style-type: none"> ❖ Adult Education ❖ Immigration Legal Assistance ❖ Language Access / Cultural Competence 	<ul style="list-style-type: none"> ❖ Resource Center ❖ Youth Development

The Chesapeake Multicultural Resource Center empowers people from different cultures to become successful and engaged members of the community by coordinating services and informational programs.

MyFamilyNeeds

Database of community information for Caroline County. Funded by a grant from Caroline County Human Services Council and sponsored by Caroline County Libraries. **Website:** www.myfamilyneeds.info

NAMI Kent & Queen Anne's Counties

PO Box 966 Chestertown, MD 21620

Phone: 443-480-0565 **Email:** namikentandqueenannes@gmail.com **Website:** www.namimd.org

NAMI (National Alliance on Mental Illness) Kent & Queen Anne's is an affiliate of NAMI Maryland and NAMI national. The NAMI mission is to educate, support and advocate for those with mental illness and their families. Information and programs are available to educate about mental illnesses to reduce stigma and help people seek help early.

Network of Care

A web-based internet tool and mental health resource for everyone, including a provider service network, a medical library, resource/ veterans' links, and support/advocacy group contacts. Sponsored by: Department of Health and Mental Hygiene; Transformation Project, and Mid Shore Behavioral Health, Inc. **Website:** www.networkofcare.org

Queen Anne's County Safety Net

Queen Anne's County Safety Networks to make Queen Anne's County citizens knowledgeable and help them recognize indicators of suicidal thinking and link residents in need with prevention and intervention services with emphasis on stigma related events, public service announcements, and education/intervention. Meets the 3rd Wednesday of every month at 1:15pm at the QAC Board of Education. **Phone:** 410-758-2403 ext. 154

Rural Assistance Center (RAC)

Phone: 1-800-270-1898 **Website:** www.ruralhealthinfo.org

RAC helps rural communities and other rural stakeholders access the full range of available programs, funding, and research that can enable them to provide quality health and human services to rural residents.

The Parent's Place of Maryland

802 Cromwell Park Dr. Suite Q Glen Burnie, MD 21601 **Phone:** 410-768-9100 **Website:** www.ppmmd.org



The Parents' Place of Maryland mission is to empower families as advocates and partners in improving education and health outcomes for children with disabilities and special healthcare needs with a commitment to diversity and equity. Programs include Maryland's Parent Training and Information Center (PTI) and Family-to-Family Health Information Center.

The Renfrew Center for Eating Disorders

Baltimore: 1122 Kenilworth Dr. Ste. 105 Towson, MD 21204 **(P)** 1-800-RENFREW (736-3739) **(F)** 443-519-5601

Bethesda: 4719 Hampden Ln. Ste. 100 Bethesda, MD 20814 **(P)** 1-800-RENFREW (736-3739) **(F)** 301-656-4601

The Renfrew Center specializes in the treatment of anorexia, bulimia, binge eating disorder and related mental illnesses. Programming consists of a comprehensive range of services, including day treatment, intensive outpatient, and group therapy.

Turn Around, Inc.

401 Washington Ave. Ste. 300 Towson, MD 21204 **(P)** 410-377-8111

1800 Charles St. Ste. 404 Baltimore, MD 21201 **(P)** 410-837-7000

9100 Franklin Square Dr. Rm. 317 Baltimore, MD 21237 **(P)** 410-391-2396

24-Hour Hotline 443-279-0379 **Website:** www.turnaroundinc.org

Turn Around's mission is to build a community free of violence by working with adults and children affected by intimate partner and sexual violence to address their needs and prevent further violence through advocacy and education.

Mobile Treatment Teams / ACT

Cecil County	Mid-Shore	Lower Shore
Upper Bay Counseling 200 Booth St. Elkton, MD 21921 Phone: 410-996-5104 Website: www.upperbay.org	Corsica River Mental Health Services Phone: 443-480-8425 Website: www.crmhsinc.com	Go-Getters, Inc. Phone: 410-341-9696 Website: www.gogettersinc.org

Mobile Treatment Services provide assertive outreach, treatment, and support to individuals with mental illness who may be homeless, or for whom more traditional forms of outpatient treatment have been ineffective. Service is mobile and provided by a multidisciplinary team in the individual's natural environment. Mobile Treatment Services also are available for children, adolescents, and their families who require more intensive intervention to clinically stabilize the child's or adolescent's psychiatric condition, to promote family preservation and/or to return functioning and quality of life. Services provided include psychiatric evaluation and treatment, clinical assessment, medication management/monitoring, interactive therapies, support with daily living skills, assistance with locating housing, and case

management. The duration, frequency and intensity of services provided are determined by an individual's treatment plan. The goals are to connect consumers to treatment services in the community, avert hospitalizations, and remediate tenuous living situations. Additional information and referrals can be found on MSBH's website.

Family Peer Support

Maryland Coalition of Families

Address	Contact	Hours	Counties Served	Ages
10632 Little Patuxent Pkwy. Suite #234 Columbia, MD 21044	Phone: 410-730-8267 Fax: 410-730-8331 Email: help@mdcoalition.org Website: www.mdcoalition.org	Mon. – Fri. 9 a.m. to 5 p.m.	All Maryland Counties	0-71+

Respite Services

Children's Choice of Maryland, Inc.

Address	Contact	Hours	Counties Served	Ages
1813 Sweetbay Dr. Salisbury, MD 21804	Phone: 410-546-6106 Fax: 410-219-2640 Email: anickerson@childrenschoice.org Website: www.childrenschoice.org	Mon. – Fri. 8:30 a.m. to 4:30 p.m.	All Eastern Shore and Western Shore counties except Garrett & Washington	0-21
Payment Accepted		Provider Type	Language	
❖ Grant Funds ❖ Public Behavioral Health (Medicaid)		❖ LCSW-C	English Interpreter: No Translator: No	
Conditions Served		Treatments and Services		
❖ ADHD ❖ Bipolar Disorder ❖ Chronic Mental Illness ❖ Depression ❖ Developmental Disabilities ❖ Hoarding Behaviors ❖ Personality Disorders ❖ Physical Disabilities ❖ PTSD		❖ General Counseling ❖ Psychiatric Rehabilitation Program Off-Site ❖ Respite Care ❖ Treatment Foster Care		
Children's Choice provides out of home and in home respite and Psychiatric Rehabilitation to youth with diagnosed mental health challenges and participating in public mental health services.				

Community Behavioral Health

- ❖ 426 Dorchester Ave. Cambridge, MD 21613 **Phone:** 844-224-5264
 - ❖ 142 Coursevall Dr. Centreville, MD 21617 **Phone:** 844-224-5264
 - ❖ 809 & 821 Eastern Shore Dr. Salisbury, MD 21804 **Phone:** 844-224-5264
- Fax:** 888-509-0010 **Email:** info@communitybehavioralhealth.net **Website:** www.communitybehavioralhealth.net

See a complete listing of Community Behavioral Health's services on page 15.

Crossroads Community, Inc.

- ❖ 120 Banjo Ln. Centreville, MD 21617 **Phone:** 410-758-3050
 - ❖ 937 Gateway Dr. Chestertown, MD 21620 **Phone:** 410-778-9200
 - ❖ 404 LeCompte St. Cambridge, MD 21613 **Phone:** 410-221-7540
- Email:** cci@ccinonline.com **Website:** www.ccinonline.com

Go-Getters, Inc.

❖ 716 N. Division St. Salisbury, MD 21801
 ❖ 7033 Worcester Hwy. Newark, MD 21841
Phone: 410-546-7754 **Website:** www.gogettersinc.org

Additional Support Resources

Behavioral Health Integration in Pediatric Practice (B-HIPP)

Address	Provider Type	Treatments and Services		
Phone: 1-855-MD-BHIPP Fax: 410-251-9162 Website: www.mdbhipp.org	<ul style="list-style-type: none"> ❖ Behavioral Interventionist ❖ Case Manager ❖ Crisis Manager ❖ Educator ❖ Family Worker 	<ul style="list-style-type: none"> ❖ Interns ❖ MSW ❖ Navigator ❖ Therapist 	<ul style="list-style-type: none"> ❖ Assessment and Behavioral Management ❖ Continuing Education ❖ Motivational Interviewing ❖ Outreach to Local Agencies 	<ul style="list-style-type: none"> ❖ Parenting Skills Training ❖ Phone Consultations for Pediatric Primary Care ❖ Resource Fairs ❖ Stress Management


B-HIPP provides in-house behavioral health consultant service to local pediatric providers and the families they serve. Master of Social Work interns serve as a resource to local agencies seeking a pipeline for information to and from the pediatric primary care offices. Daily roles of B-HIPP interns include advocate, case manager, therapist, behavioral interventionist, navigator, family worker, educator, and crisis manager. Intervention targeting includes parenting skills training, stress management, communication and targeted mood management, assessment and behavioral management, and motivational interviewing. B-HIPP also provides phone consultations for pediatric primary care providers throughout the State of Maryland with questions surrounding mental health concerns. B-HIPP is supported by funding from the Maryland Department of Health and Mental Hygiene and Maryland State Department of Education and is conducted through a partnership among the University of Maryland School of Medicine/Department of Psychiatry, the Johns Hopkins University School of Public Health, and Salisbury University Social Work Department.

Chase Brexton Health Care

Address	Contact	Hours	Counties Served	Ages
8221 Teal Dr. Suite 202 Easton, MD 21601	Phone: 866-260-0412 ext. 4350 Fax: 410-822-6721 Email: tspaulding@chasebrexton.org Website: www.chasebrexton.org	Mon. – Fri. 8:30 a.m. to 5 p.m.	Caroline, Dorchester, Kent, Queen Anne's, Talbot	13-71+
Payment Accepted		Provider Type	Language	
<ul style="list-style-type: none"> ❖ Aetna ❖ Blue Cross Blue Shield ❖ CareFirst ❖ Cigna ❖ Johns Hopkins ❖ Medicare 	<ul style="list-style-type: none"> ❖ Public Behavioral Health (Medicaid) ❖ Self-Pay ❖ Sliding Scale Fee ❖ Uninsured Eligible ❖ United Healthcare 	<ul style="list-style-type: none"> ❖ CRNP-PMH ❖ LCPC ❖ Psy D 	English Interpreter: On call Translator: Yes	
Conditions Served		Treatments and Services		
<ul style="list-style-type: none"> ❖ ADHD ❖ Adolescent Substance Use / Dependence ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bipolar Disorder ❖ Chronic Mental Illness 	<ul style="list-style-type: none"> ❖ Family / Relationship Issues ❖ Mood Disorders ❖ Personality Disorders ❖ PTSD ❖ Stress 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Behavioral Treatment ❖ Case Management ❖ CBT ❖ Conflict Resolution ❖ Crisis intervention ❖ Emergency Psychiatric 	<ul style="list-style-type: none"> ❖ General Counseling ❖ Group Counseling ❖ Individual Counseling ❖ Internet Access ❖ LGBTQ+ Education, Support, and Advocacy ❖ LGBTQ+ Issues 	

Chase Brexton Health Care

- | | | | |
|------------------|------------------------------|----------------------------|--|
| ❖ Complex Trauma | ❖ Substance Use / Dependence | Evaluation | ❖ Mental Health Evaluation and Treatment |
| ❖ Co-Occurring | ❖ Trauma | ❖ Evidenced Based Practice | ❖ Telehealth Services |
| ❖ Depression | | ❖ Gender-Related Groups | |

 Chase Brexton's mission is to provide compassionate, quality health care that honors diversity, inspires wellness, and improves our communities. Services: Chase Brexton Easton Center offers primary care, specialty care for HIV and Hepatitis C, case management, in house lab and access to the Chase Brexton Pharmacy in Baltimore which has financial assistance for reduced cost medications for those patients who are uninsured. We look forward to adding our own in-house Pharmacy in Early 2019. Chase Brexton sites on the Western Shore provide medical, dental, behavioral care including substance abuse treatment. Those sites include Columbia, Glenn Burnie, Randallstown, and our Mount Vernon Center in Baltimore. Each of our sites on the western shore includes a pharmacy.

Chesapeake HELPS!

Phone: 1-866-722-4HLP (4577) **Fax:** 410-827-7121 **Website:** www.chesapeakehelps.org

Chesapeake Helps through Chesapeake Colleges provides connections to resources for Queen Anne's County, Maryland.

Choptank Community Health Systems, Inc.



Phone: 410-479-4306
Website: www.choptankhealth.org
Hours: Mon. – Fri. 8 a.m. to 4:30 a.m.

Choptank Community Health is a private, non-profit community health center providing equitable access to high-quality, primary health and dental care services throughout the mid-shore.

Bay Hundred Medical and Dental Center	Cambridge Dental Center	Denton Medical Center	Easton Pediatrics
<p>Phone: 410-745-0200 933 South Talbot St. Unit 4 St. Michaels, MD 21663 Hours: Mon. – Thur. 8 a.m. to 4:30 p.m. and Fri. 7:30 a.m. to 4 p.m.</p>	<p>Phone: 410-228-9381 503 A Muir St. Cambridge, MD 21613 Hours: Mon. – Thur. 7:30 a.m. to 6:30 p.m. and Fri. 8 a.m. to 4:30 p.m.</p>	<p>Phone: 410-479-2650 609 Daffin Ln. Denton, MD 21629 Hours: Mon. 7:30 a.m. to 6:45 p.m., Tue. – Fri. 7 a.m. to 5 p.m.</p>	<p>Phone: 410-770-8910 522 Cynwood Dr. Suite 100 Easton, MD 21601 Hours: Mon. - Fri. 7:30am to 5:00pm</p>
Fassett-Magee Health Center	Federsburg Medical and Dental Center		Goldsboro Medical and Dental Center
<p>Phone: 410-228-4045 503 A Muir St. Cambridge, MD 21613 Hours: Mon. – Fri. 7:30 a.m. to 5:00 p.m.</p>	<p>Medical:410-754-9021 Dental: 410-754-7583 215 Bloomingdale Ave. Federsburg, MD 21632 Hours: Mon. and Wed. 7 a.m. to 6:45 p.m. Tue. and Thur. 7 a.m. to 5p.m. Fri. 7 a.m. to 4:30 p.m.</p>		<p>Medical: 410-634-2380 Dental: 410-482-2224 316 Railroad Ave. Goldsboro, MD 21636 Hours: Mon. – Thurs. 7:30 a.m. to 4:30 p.m. Fri. 7:30 a.m. to 4 p.m.</p>

Compass Regional Hospice, Inc.

Address and Contact

255 Comet Dr. Centreville, MD 21617

Phone: 443-262-4100 **Fax:** 410-758-5471 **Website:** www.compassregionalhospice.org

Compass Regional Hospice serves the communities of Queen Anne's, Kent, and Caroline counties, including private residences and assisted living and nursing facilities. In addition to our home hospice and bereavement care programs, we offer Bridges, a nonmedical supportive care program for individuals who are transitioning to the next level of care or are not yet ready for hospice. When care at home is no longer an option, our residential hospice centers in Centreville and Chestertown offer a clinically supportive environment with around-the-clock care in a home-like setting. We also are a Level 4 partner of the We Honor Veterans program and offer veteran-centric care to our military men, women, and

families. Our staff can provide additional information and tools to our patient families surrounding veteran end-of-life experiences, benefits provided to them and other ongoing projects to recognize the dedication of their loved one.

Deaf Independent Living Association, Inc

806 Snow Hill Rd. Salisbury, MD 21804 **Phone:** 410-754-5052 **Video Phone:** 443-365-2645

Fax: 410-543-4874 **Website:** www.dila.org **Hours:** Mon. - Fri. 9 a.m. to 5 p.m.

The mission of Deaf Independent Living Association, Inc. (DILA) is independence of people who are deaf or hard of hearing through communication, connection, and community support.

Eastern Shore Area Health Education Center

814 Chesapeake Dr. Cambridge, Maryland 21613 **Phone:** 410-221-2600 **Website:** www.esahec.org

The Eastern Shore Area Health Education Center (AHEC) is a private, non-profit with the goal to increase the number of health care providers in rural and underserved areas and eliminate health disparities among diverse populations of the Eastern Shore.

Transportation Services

County Ride Queen Anne's County

Phone: 410-758-2357 **Email:** Transportation@qac.org **Hours:** Mon. – Fri. 8 a.m. to 4 p.m.

County Ride is the public transit system for Queen Anne's County and is operated under the Department of Aging and is committed to assisting and increasing the transportation and mobility options of our county residents. The staff is committed to providing quality transit service for the public and specialized services for seniors and persons with disabilities who are unable to use the fixed-route public system. County Ride operates two deviated fixed routes, Route 1, and Route 2. Deviated-fixed routes operate on a time schedule. Drivers may deviate off the route for any rider if the deviation will not make the route late. Please call dispatch at 410-758-2361 for more information about deviations. County Ride also operates a demand response service which is open to everyone. Demand Response is a service for those not able to access Route 1 or Route 2.

Bay Country Taxi

Phone: 410-770-9030 **Website:** www.baycountrytaxi.com

Bay Country Taxi & Transportation Company is locally owned and operated company that provides fast and friendly pick-up and drop-off services at competitive prices. Free estimates on all rides.

Delmarva Community Transit – One Stop

Caroline:	Dorchester:	Kent:	Talbot:	Spanish:
410-479-3867	410-221-1910	410-778-5187	410-822-4155	410-490-1696

One Stops are in Caroline, Dorchester, Kent, and Talbot counties and provide one place for information and assistance about transportation solutions as well as information and assistance to access community agencies and people who may be able to help with other problems one might face. One Stops assists with phone calls, assist with paperwork, and locate resources, for free.

Home Ports

Phone: 443-480-0940 **Website:** www.homeports.org

Home Ports is based in Kent County and provides services to its members, who are age 55 and over. There is a fee to be a member. Services include referrals to a vetted list of transportation providers for local and regional transportation needs. Limited volunteer-based transportation services available.

Key Lime Taxi of the Eastern Shore

222 South Bridge St, Suite 1 Elkton, MD 21921

Cecil County: 410-996-4950 **Kent and Talbot County:** 855-996-4950 **Website:** www.elktontaxi.com

Highly experienced taxi drivers know their way around town and show up in a timely manner - enjoy a comfortable ride in a clean taxicab.

MTA Commuter Bus

Phone: 800-543-9809 **Toll Free:** 1-866-RIDE-MTA (1-866-743-3682)

Hours of Operation: Monday - Friday, 6 a.m. to 7 p.m. Route 240/250 serves Kent Island of Queen Anne's County.

Maryland Upper Shore Transit

Phone: 1-866-330-MUST (6878) **Website:** www.mustbus.org

Maryland Upper Shore Transit (MUST) is a collaborative effort between Delmarva Community Transit and Queen Anne's County, County Ride. Special services are available for persons unable to use the regional fixed routes. Contact your local transportation provider for trip availability.

Partners in Care

400 Brooklets Ave. Easton, MD 21601 **Phone:** 410-822-1803 **Website:** www.partnersincare.org/upper-shore

Partners in Care based in Talbot County offers a volunteer-based "time bank" transportation program to its members, who are age 60 and over.

Queen Anne's County Transportation Voucher Program

104 Powell Street, Centreville, MD 21617

Phone: 410-758-6677 **Fax:** 410-758-6904 **Email:** lmichaels@qac.org **Website:** www.communitypartnerships.info

The QAC Transportation Voucher Program is a grant funded program operated under the QAC Local Management Board. The Program provides transportation services and resources for QAC residents through referrals from agencies or providers. The Program serves 3 populations in QAC: 16-24 years old who are not enrolled in school or employed; families with children in the home who are 18 or under and are at-risk of not transitioning well into adulthood; or families with children in the home who are 18 or under and are affected by a family member's incarceration. Hours are 8 a.m. to 4:30 p.m., translation apps are available.

Shore Transit

Phone: 443-260-2300 **Website:** www.shoretransit.org

Shore Transit, a division of the Tri-County Council for the Lower Eastern Shore counties of Somerset, Wicomico, and Worcester. Shore Transit offers public transportation via fixed route and origin-to-destination services.

Upper Shore Take a Ride (USTAR)

Main Phone:
410-758-6500

Caroline County:
410-479-3867

Kent County:
410-778-5187

Talbot County:
410-822-4155

Upper Shore Take-A-Ride (USTAR) is a rural transportation program operated by Upper Shore Aging, Inc., serving Kent, Talbot, and Caroline counties. It is the only multi-jurisdictional transportation enterprise operated in Maryland. USTAR supports the various programs of Upper Shore Aging, and directly provides for the transportation needs of the elderly and disabled persons of the service area, as well as the public. The program also provides for the transportation needs of Medical Assistance clients, and coordinates services with other social service agencies USTAR is a Demand-Response transportation program: clients call a dispatcher and arrange to be picked up from their door. Service is subject to advance scheduling (at least 48 hours' notice). Contact Director of General Services, 410-758-6500, for special transportation projects/trips. USTAR Fares: Senior Citizens/Disabled Persons: \$.50 per day, if within the county; \$2.50 per day, if outside the county (up to 50 miles round trip); \$10.00 per day, outside the county and over 50 miles round trip. General Public: \$1.00 per day, if within the county, \$5.00 per day, if outside the county (up to 50 miles round trip), \$20.00 per day, outside the county and over 50 miles round trip.

Veteran Services

Cambridge VA Outpatient Clinic

Address	Contact	Hours
830 Chesapeake Dr. Cambridge, MD 21613	Phone: 410-228-6243 Fax: 410-901-4011 Email: www.maryland.va.gov	Mon. – Fri. 8 a.m. to 4:30 p.m.
Healthcare services include Audiology, Coumadin Clinic, Hearing Aid Fitting, Medication Management, Mental Health, Primary Care, Occupational Therapy, Optometry, Post Traumatic Stress, Pulmonary, Social Work, Telemental Health, Tele-retinal Imaging, Urology, Vet Center, Women’s Health.		

Maryland's Commitment to Veterans – Catonsville

Address and Contact	Hours	Ages	Provider	Provider
55 Wade Ave. Catonsville, MD 21228 Phone: 410-382-0791 24/7 Hotline: 1-877-770-4801 Fax: 410-402-8601 Email: dina.karpf@maryland.gov Website: www.health.maryland.gov/bha/veterans	Mon. – Fri. 8 a.m. to 4:30 p.m.	21+	❖ Case Manager ❖ CHOW ❖ Social Worker	❖ Free
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ ADHD ❖ Alcohol Use ❖ Amphetamine Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Chronic Mental Illness ❖ Complex Trauma ❖ Co-Occurring ❖ Dementia ❖ Depression ❖ Domestic Violence ❖ Family / Relationship Issues ❖ Housing Insecurity ❖ Mood Disorders ❖ Physical Disabilities ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Stress ❖ Substance Use /Dependence ❖ TBI ❖ Trauma 	<ul style="list-style-type: none"> ❖ Adult Assessment ❖ Advocacy ❖ Care Coordination Referral Services ❖ Case Management ❖ Crisis Intervention / Stabilization ❖ Detention Center Case Management ❖ Educational Workshops ❖ Homeless Outreach ❖ Hotline ❖ Older Adults / Aging Services ❖ Peer Support ❖ Referrals - Assessment, Treatment, and Medication Management ❖ Resource Materials ❖ Senior Housing Information and Referral ❖ Social Work ❖ Temporary Financial Assistance 			
To connect service members, veterans and their family members with behavioral health and substance abuse issues to the proper resource. Also, to assist with homelessness and crisis intervention				

Maryland's Commitment to Veterans – Snow Hill

Address	Contact	Counties	Ages	Provider
6449 Snow Hill Rd. Snow Hill, MD 21683	Phone: 410-382-0781 Fax: 410-402-8601 Email: dina.karpf@maryland.gov Website: www.health.maryland.gov/bha/veterans	Caroline, Dorchester, Kent, Queen Anne's, Talbot, Worcester, Wicomico	21+	❖ Case Manager ❖ LCSW ❖ Peer Support Specialist
Conditions Served	Treatments and Services			
<ul style="list-style-type: none"> ❖ Adolescent Substance Use / Dependence ❖ Alcohol Use ❖ Anxiety / Phobias ❖ Behavioral Disorders ❖ Bereavement and Grief ❖ Co-Occurring ❖ Family /Relationship Issues ❖ Mood Disorders ❖ PTSD ❖ Schizoid Personality Disorder ❖ Self-Injurious Behaviors ❖ Sexual Assault / Rape ❖ Stress ❖ Substance Use / 	<ul style="list-style-type: none"> ❖ Advocacy ❖ Art Therapy ❖ Bereavement and Grief Counseling ❖ Care Coordination Referral Services ❖ Case Management ❖ CBT ❖ Conflict Resolution ❖ General Mental Health Information/Education ❖ Homeless Outreach ❖ Hotline ❖ Motivational Interviewing ❖ Peer Support ❖ Resource Materials ❖ Social Work ❖ Temporary Financial 			

Maryland's Commitment to Veterans – Snow Hill

❖ Complex Trauma	Dependence	❖ Crisis Intervention /	Assistance
❖ Dementia	❖ Trauma	Stabilization	❖ Veteran Services
❖ Depression	❖ TBI	❖ Educational Workshops	
❖ Domestic Violence		❖ General Counseling	

Assisting Veterans with Behavioral Health issues no manner the discharge

Perry Point VA Medical Center

Perry Point VA Medical Center Perry Point, MD 21902 **Phone:** 410-642-2411 **Fax:** 410-642-1161

Email: Albert.Pacitti@va.gov **Website:** www.maryland.va.gov

The Perry Point VA Medical Center provides a broad range of inpatient, outpatient, primary care, intermediate, and long-term care programs, including nursing home care, rehabilitation services, geriatric evaluation and management, respite care, chronic ventilator care, and hospice care. The medical center offers long- and short-term inpatient and outpatient mental health care, including the following specialized treatment programs: Mental Health Intensive Case Management, Psychosocial Rehabilitation and Recovery Center, Health Improvement Program, Family Intervention Team, Outpatient Trauma & Post Traumatic Stress Disorder Program, Substance Use Residential Rehabilitation Treatment, Domiciliary Residential Rehabilitation Treatment (for Homeless Veterans), Compensated Work Therapy – Transitional Residence

Salisbury Outstation - VA Vet Center

926 Snow Hill Road, #3 Salisbury, MD 21804 **Phone:** 443-248-0362 or 877-927-8387

Website: www.maryland.va.gov **Hours:** Mon. – Fri. 8 a.m. to 4:30 p.m.

Supportive Services for Veteran Families (SSVF)

Alliance, Inc. Veterans Housing Outreach and Assistance

7701 Wise Avenue Baltimore, MD 21222

Phone: 410-282-5900, ext. 3333 **Email:** jpomory@allianceinc.org **Website:** www.allianceinc.org

Alliance's Supportive Services for Veteran Families (SSVF) program is designed to help Veteran families address these issues and secure permanent housing. SSVF provides a short, intensive period of case management to link families to benefits and provide temporary financial assistance with housing or moving expenses.

Temporary Financial Assistance

SSVF offers limited financial assistance that helps Veterans remain in or obtain permanent housing with assistance with: Rent (not including mortgage payments, penalties, or fees); Utility fees; Security or utility deposits; Moving costs; Childcare; Transportation. Only participants receiving case management will be eligible for financial assistance payments. All payments made to third parties.

Case Management

Alliance case managers are experienced, trained professionals who truly care about helping others and who have a unique understanding of Veteran needs. Services include Assess individual needs and situation; Develop a plan to achieve housing goals; Link to vital resources at the VA and in the community; Monitor progress towards goals and refine as needed; Advocate on your behalf at the VA and in the community. SSVF participants will receive a 3–6-month period of case management to assist them with obtaining permanent housing.

St. James AME Zion Church Zion House

521 Mack Avenue Salisbury, MD 21801 **Phone:** 410-742-1427 **Email:** llchambers007@gmail.com

Homeless Prevention and Rehousing

There are many circumstances that can lead to homelessness: housing shortages and high unemployment, lack of access to health care, or support from family and friends. Supportive Services for Veteran Families (SSVF) provides direct services to veterans and their families to help homeless, or at-risk veteran families. SSVF provides a link to benefits and resources for family stability.

Homeless Veteran Re-integration Program (HRVP)

Assists veterans with employment search, training, purchase of tools and work clothes, and job placement. We have two case managers and an employment development case manager. Services include Child Care, Financial Planning, Legal Services, Moving Costs, Rent/Utility Deposit, Transportation. Applicants must meet the following guidelines:

- At least one day of active military service
- ❖ Applicants must lack the financial resources and support networks needed to obtain housing or remain in existing housing
- ❖ Discharge other than dishonorable from active service
- ❖ Very low income: <50% of area median income

Veteran Hotlines

Vet2Vet

Phone: 1-877-838-2839

Website: www.vet2vetusa.org

Provides assistance to Veterans in need: counseling, resiliency classes, locating services, and connecting to other organizations.

Veterans Crisis Line

Phone: 1-800-273-8255 or text 8328255

Website: www.veteranscrisisline.net

Free, confidential 24/7 support for veterans, service members, National Guard and Reserve, and family and friends

Department of Veterans Affairs Hotline Numbers

Benefits: 1-800-827-1000

Cambridge: 410-228-6243

Combat Call Center: 1-877-WAR-VETS (877-927-8387)

Health Care: 1-877-222-VETS (8387)

Homeless Veteran Services: 1-877-4AID-VET (877-424-3838)

Inspector General: 1-800-488-8244

Mental Health Clinic: 410-228-6243 x4144

Website: www.va.gov

THIS VETERANS DAY

As we thank our veterans for their service, please acknowledge that they have sacrificed more than their lives for our country.

20
VETERANS DIE EVERY DAY FROM SUICIDE

20%
OF VETERANS HAVE PTSD

20%
OF SUICIDES ARE VETERANS

CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential



Veterans

Crisis Line

1-800-273-8255 PRESS 1

MID SHORE BEHAVIORAL HEALTH

Information on Entitlements

Income Supports: Federal Level

Supplemental Security Income (SSI-Title XVI)

Supplemental Security Income (SSI-Title XVI) is a federal government income supplement is for those who meet the Social Security Administration's (SSA) requirements for financial need due to disability, blindness, or age, and have no substantial history of employment. If you are found eligible for SSI, you are automatically eligible for Medical Assistance.

Social Security Disability Insurance (SSDI-Title II)

Social Security Disability Insurance (SSDI-Title II) is a federal government income support is also for those who have met eligibility requirements for disability but is based on the amount and recency of one's past earnings. Benefits from a spouse's record can be granted to a disabled widow over age 50, even if the widow has never been employed. Individuals who are disabled prior to age 18 may be able to draw on a disabled, deceased, or retired parent's claim indefinitely.

For both entitlements, there is a complex application process and several eligibility requirements that must be met. The application process begins by contacting the local Social Security Office located at 828 Airpax Road Suite 500, Cambridge, Maryland 21613, visiting the website: www.ssa.gov/ssi, or calling 410-228-8811 or 1-800-772-1213 to request full information as well as forms to be mailed to you, and to schedule an appointment.

Information that you will need to submit:

- ❖ Original social security card and proof-of-age documents (no copies accepted).
- ❖ Full medical information including name, address and phone numbers of all physicians, hospitals, clinics, that have provided treatment. This is needed to document your disability.
- ❖ Summary of employers and type of work performed during the previous 15 years.
- ❖ Copy of the previous year's W-2 form from any employment.
- ❖ Proof of marriage if the spouse is applying.

It is recommended that the completed application and all accompanying and subsequent documentation be hand delivered to the Social Security office rather than mailed. You should request a receipt or some documentation from SSA. If applying for SSI, you will also need full information regarding financial assets: bank accounts, stocks, bonds, trust accounts and burial accounts or trusts. If you are living with family who helps to support you, the monetary award will be less. Families are often contacted regarding how much support they provide. If a recipient of SSI obtains employment, Social Security must be notified immediately.

Social Security considers many factors in making awards, including ability to work and diagnosis. Some diagnoses qualify a person automatically; others require substantial documentation and may require a physical examination by a physician under contract with the Social Security Administration. The process of determining your disability is the same for SSI and SSDI. The process takes approximately 120 days and will include consideration of your ability to work in jobs other than the kind you may have done prior to becoming disabled.

SOAR Initiative (SSI/SSDI Outreach, Access, and Recovery)

SOAR, Supplemental Security Income (SSI) / Social Security Disability Benefits (SSDI) Outreach Access and Recovery, is a national program designed to increase access to Social Security Insurance (SSI) / Social Security Disability Insurance (SSDI) for adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder. Local agencies that have SOAR trained staff include Alliance, Inc., Chesapeake Voyagers, Inc., Crossroads Community, Inc., Community Behavioral Health, Mid Shore Behavioral Health, Inc., the Neighborhood Service Center, and St. James Zion Church. **Contact:** Yvette Hynson, SOAR Case Specialist, ext. 312 or Carole Wills, LMSW, Behavioral Health Coordinator, Adults ext. 322



Maryland Medical Care Programs

Medicare

Medicare is an insurance program that pays medical bills for people who are at least 65 years old, or who are disabled. It is available to people who receive Social Security benefits regardless of how much money they have. It pays medical bills with money from the Social Security Trust Fund, which most people pay into while they work. Retired and disabled people pay a monthly insurance premium for Medicare Part B. This is usually taken out of their Social Security check before they get the check.

If you are elderly and only applying for assistance with paying your Medicare premiums, co-payments, or deductibles, you may apply at your LDSS for the Qualified Medicare Beneficiary (QMB) or Specified Low-Income Medicare Beneficiary (SLMB) Program. QMB/SLMB applications may be filed by mail or in person. To receive an application, call your LDSS or the area Agency on Aging (AAA).

Medicaid (Medical Assistance) Program



The Maryland Department of Health provides Medical Assistance, also called Medicaid (MA), coverage to individuals determined to be categorically eligible or medically needy. Medicaid coverage is automatically given to individuals receiving certain other public assistance, such as Supplemental Security Income (SSI),

Temporary Cash Assistance (TCA), or Foster Care. Effective January 1, 2014, Medicaid covers more adults ages 19 to 64, whether they have children or not. To qualify for Medicaid coverage through Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien who has lived in the U.S. for five or more years and be a resident of the state of Maryland. Medicaid is also expanding to cover former foster children under age 26 who left the foster care system on their 18th birthday. Former foster care children do not have to meet income limits, they qualify because of their status as former foster care children. To apply for Medical Assistance, you can apply through Maryland Health Connection by calling 1-855-642-8572 or going to your local health department or department of social services.

Employed Individuals with Disabilities (EID)

Employed Individuals with Disabilities provides Medical Assistance for people with disabilities who work. You pay a monthly premium based on your income.

For additional information:

- ❖ **Call Toll Free:** 1-800-637-4113
- ❖ **TTY/Voice:** 443-514-5034 or 410-767-3360
- ❖ **Email** eid@mdod.state.md.us
- ❖ **Website:** www.mdod.maryland.gov/employment

Income Supports: Federal Level

Public Assistance for Adults
Public Assistance for Adults is designated for needy adults without children who reside in Residential Rehabilitation Programs (RRPs) funded by the Public Behavioral Health System. Yearly re-application is necessary. Apply with Department of Social Services.
Transitional Emergency Medical and Housing Assistance (TEMHA)
Transitional Emergency Medical and Housing Assistance (TEMHA) provides essential medical, housing, and other services to low-income disabled adults who are ineligible for other categories of assistance. Apply with Department of Social Services.
Temporary Cash Assistance for Families with Dependent Children (TCA)
Temporary Cash Assistance (TCA) for Families with Dependent Children – is an income support program is administered by the state through the Department of Social Services. This time-limited program provides temporary cash assistance to needy families with dependent children. To be eligible, families must cooperate with child support, participate in work activities, and comply with substance-related provisions.
Energy Assistance, SNAP, WIC Program
Energy Assistance, Supplemental Nutrition Assistance Program (SNAP), and Women, Infants and Children (WIC) Program – are programs which offer specific, limited support with varying eligibility requirements. Information regarding Energy Assistance and Food Stamps can be obtained through the Department of Social Services. The WIC program provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breast feeding, and non-breast-feeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. This program can be accessed through the local Health Department.

Optum Maryland

Optum Maryland is a partnership between the Maryland Department of Health (MDH) and Optum to improve and advance your behavioral health services. Optum is an Administrative Services Organization (ASO) created to help MDH make the best use of limited resources to serve persons in need of behavioral health assistance and is committed to making it easier for persons in need of behavioral health services to get the right care, at the right time, and in the right amount. Optum is devoted to the recovery and resilience of children and adults living with behavioral health issues.

Provider Questions	Participant Questions:
Phone: 800-888-1965, TTY 711 Monday - Friday: 8:00 a.m. to 6:00 p.m.	Phone: 800-888-1965, TTY 711 Monday - Friday: 8:00 a.m. to 6:00 p.m.
Optum Provider Manual	Optum Participant Handbook
Provider Alerts	Participant Help to Find a Provider 211, Press 1
Provider Resources	Optum Public Toll-Free Help Line: 866-342-6892

For additional resources, visit [our resources and links page](#). The Mid-Shore Pocket Resource Guide is available for download in [English](#), [Spanish](#), and [Haitian Creole](#) on our website. [Stay social with us!](#) For the most current mid-shore news on behavioral health news, events, and trainings, follow us on [Facebook](#), [LinkedIn](#), [Instagram](#), and [Twitter](#), or sign up for the [Steering Wheel Newsletter](#) by texting MSBH to 22828.

